



Quality of Education
Curriculum Intent Statement
Subject: Physical Education



CURRICULUM VISION

At Bedale High School, we recognise the importance of Physical Education and the role it has to play in promoting long term, healthy lifestyles and making a positive impact on **physical, mental and social health**. Throughout Key Stages 3 and 4 in Physical Education we intend to provide a curriculum that is broad, balanced, challenging and fosters a love of learning. The intent of our Physical Education curriculum is to provide all students with high quality PE/Games and sport provision, not only as a participant but in leadership roles such as a coach or official. Our curriculum vision is for every child to succeed and achieve their potential as well as to lead physically active lifestyles beyond their years at secondary school. We strive to inspire our students through fun and engaging PE/Games lessons that are enjoyable and challenging and accessible to all. We want the students of Bedale High School to appreciate the benefits of a healthy and active lifestyle. Through our teaching of PE/Games, we will instil Bedale High School's core values which are **courage, commitment and compassion**, as well as other transferable life skills such as **resilience and mutual respect**. At Key Stage 4 students also get the opportunity to study **Edexcel GCSE Physical Education** or the newly introduced **OCR Sport Studies** course. Our extra-curricular programme is open to all our students to attend on a competitive and social basis. Those wishing to play more competitively have further opportunities to represent the school locally, regionally and nationally in various sporting activities.

CURRICULUM RATIONALE

Our new Year 7 students come from a wide range of feeder primary schools – and have received a variety of experiences in Physical Education at Key Stages 1 and 2. Over the past 5 years we have made excellent links and strong relationships with many of these feeder schools through the cluster primary sports events that we host and help deliver using our **excellent sport leaders**. Some primary schools also have the opportunity to use our PE facilities, resources and are taught by our specialist staff. This not only helps the students receive high quality PE but also prepares them for life at Bedale High School and makes the transition from primary a lot smoother.

Students in Key Stage 3 will study 2 hours of Games/PE a week in line with the government requirements. Students will participate in a traditional games programme including: football, rugby, netball, hockey and basketball for 1 hour a week and is taught in split gender classes. The students' other hour of PE will be taught in mixed gender classes and will consist of a programme that consists of activities such as gymnastics, badminton and health and fitness. The health and fitness block also starts preparing students who are thinking of opting for PE at GCSE or National level.

At Key Stage 4 all students will do a minimum of 1 hour of Games and this is normally taught in split gender classes by a specialist PE teacher. These classes also follow a traditional games programme so we keep the continuity from Key Stage 3. Alongside this at Key Stage 4 students can opt to follow the **Edexcel GCSE Physical Education**, which has been delivered at the school for over 15 years. The member of staff running this course is very experienced and has an excellent track record with getting students the best grades possible. All GCSE courses have undergone radical changes since September 2016. Physical Education is a unique subject. It combines both practical work (30%) with theoretical work (70%). Students will study 4 components, which include 2 theory components (Paper 1: Fitness and Body Systems (36%); Paper 2: Health and Performance (24%)), 1 practical component consisting of 3 separate activities (30%) and 1 coursework component (10%).

We have just introduced the **OCR Sport Studies** course, which is a very popular course nationwide. This runs alongside the GCSE PE course and gives students a well-rounded, vocational insight into the sports industry. Students complete 4 units over the 3 years, with each unit covering 4 key learning outcomes. Students must complete 2 compulsory units - Unit 1: Developing Sports Skills, Unit 2: Contemporary Issues in Sport, as well as completing 2 further units from the following 4 choices: Sports Leadership, Sport and the Media, Working in the Sports Industry and Developing Knowledge and Skills in Outdoor Activities. Out of the 4 units studied, the students will only complete 1 unit as a written exam worth 25%. The other 75% will come from 3 other units which are either practical or coursework based work.