



Curriculum Overview: PSHE

Key Stage 3 Units/Topics – Year 7 (Green) and Year 8 (Blue)¹²³

	Half Term 1	Half Term 2	Half Term 3	Half Term 4	Half Term 5	Half Term 6
Yr 7	Health and Wellbeing <i>Transition to secondary school;</i> <i>Developing ‘resilience’;</i> <i>Friends;</i> <i>Aspirations;</i> <i>Anger Management;</i> <i>Healthy Living;</i> <i>Needs and Wants</i>	RE <i>North Yorkshire Agreed Syllabus: 3.3:</i> <i>What is so radical about Jesus?</i>	Living in the Wider World <i>Enterprise skills and introduction to careers;</i> <i>Challenging career stereotypes and raising aspirations;</i> <i>Making ethical financial decisions;</i> <i>Saving, spending and budgeting our money</i>	RE <i>North Yorkshire Agreed Syllabus: 3.8:</i> <i>What is good and what is challenging about being a teenage Sikh, Buddhist or Muslim in Britain today?</i>		Relationships and Sex Education <i>British values - identity and diversity;</i> <i>Types of bullying;</i> <i>Managing on- and off-line friendships</i> <i>Self-esteem, romance and friendships; Managing puberty;</i> <i>Exploring family life</i>
Yr 8	Health and Wellbeing <i>First aid and personal safety;</i> <i>The risks of alcohol;</i> <i>Drugs and the Law;</i> <i>Mental health, anxiety and emotional wellbeing, including body image</i>	RE <i>North Yorkshire Agreed Syllabus: 3.4:</i> <i>Is death the end? OR</i> <i>3.7 Express the Spiritual through Art and Music</i>	Living in the Wider World <i>British Values – tolerance and diversity</i> <i>Stereotypes and disability</i> <i>LGBT+</i> <i>Discrimination</i> <i>Money – Savings and loans</i>	RE <i>North Yorkshire Agreed Syllabus: 3.10: Does religion help people be good?</i>	Relationships and Sex Education <i>Prejudice & discrimination;</i> <i>Racism;</i> <i>Human rights;</i> <i>Love and relationships;</i> <i>Different types of relationships;</i> <i>Safer sexual relationships;</i> <i>Online safety and digital literacy</i>	

Key Stage 4 Units/Topics– Year 9 (Red) and Year 10 (Orange) and Year 11 (Yellow)⁴

	Half Term 1	Half Term 2	Half Term 3	Half Term 4	Half Term 5	Half Term 6	
Yr 9	Health and Wellbeing <i>Stress; Acid Attacks</i> <i>Selfies and internet safety;</i> <i>Peer pressure;</i> <i>Gang and knife crime;</i> <i>The risks of alcohol;</i> <i>Unwanted contact and FGM</i>	Relationships and Sex Education <i>Conflict and running away from home;</i> <i>Tackling homophobia, transphobia and sexism;</i> <i>Contraception</i> <i>STIs, sexting & pornography</i>	RE <i>The study of Christianity and Islam: beliefs and teachings (GCSE short-course, Section A)</i>			Living in the Wider World <i>Global citizenship;</i> <i>Globalisation;</i> <i>Study skills (including teamwork, resilience and communication)</i> <i>Goal and target-setting</i>	
Yr 10	Health and Wellbeing <i>Dealing with change;</i> <i>Binge drinking;</i> <i>County lines – drugs and gangs;</i> <i>Body image in the digital age;</i> <i>Digital footprints</i>	Living in the Wider World <i>Your Money Matters (Martin Lewis ‘Money Saving Expert’);</i> <i>Careers education;</i> <i>Anti-social behaviour;</i> <i>Fake News</i>	Relationships and Sex Education <i>Positivity; Parenting</i> <i>Conflict management; Relationship types;</i> <i>Transgender;</i> <i>Relationship break-ups; Revenge porn</i> <i>“The Web of Lies”; Hate Crime</i> <i>Stalking and harassment</i> <i>Sexism and gender prejudice</i>		RE <i>Relationships and Family (GCSE short-course, Section B, Theme A)</i>		
Yr 11	Health and Wellbeing <i>Perseverance;</i> <i>Body-positivity;</i> <i>Self-esteem;</i> <i>Rest and sleep;</i> <i>Screen time;</i> <i>Tattoos and piercings</i>	RE <i>Religion, peace and conflict (GCSE short-course, Section B, Theme BA)</i>		Living in the Wider World <i>Gambling;</i> <i>Money laundering;</i> <i>Multiculturalism;</i> <i>Right-wing extremism;</i> <i>Plastic; Online fraud</i>	Relationships and Sex Education <i>Forced and arranged marriages;</i> <i>Coping with grief;</i> <i>Consent and rape;</i> <i>Risk-taking;</i> <i>Personal safety</i>		

¹ North Yorkshire Agreed Syllabus for Religious Education: <https://cyps.northyorks.gov.uk/religious-education-re>

² National Curriculum in England – Citizenship: https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/239060/SECO_NDARY_national_curriculum_-_Citizenship.pdf

³ Statutory guidance – Relationships and Sex Education: <https://www.gov.uk/government/publications/relationships-education-relationships-and-sex-education-rse-and-health-education/relationships-and-sex-education-rse-secondary>

⁴ AQA Religious Studies (short course): <https://www.aqa.org.uk/subjects/religious-studies/gcse/religious-studies-short-course-8061/specification-at-a-glance>



Subject curriculum overview – Key Stage 3 and 4

