

**PSHE and RE: proposed 5-year overview.**

KS3		Half-Term					
		Autumn 1 <b>PSHE &amp; Citizenship: Health and wellbeing</b>	Autumn 2 <b>RE 11-14 Agreed Syllabus</b>	Spring 1 <b>PSHE &amp; Citizenship: Living in the wider world</b>	Spring 2 <b>RE 11-14 Agreed Syllabus</b>	Summer 1 <b>PSHE &amp; Citizenship: Relationships and Sex Education</b>	Summer 2 <b>PSHE &amp; Citizenship: Relationships and Sex Education</b>
7	Transition to secondary school Diet, exercise and how to make healthy choices Developing 'resilience'	3.1: Does it make sense to believe in God? Christian and other views	Enterprise skills and introduction to careers Challenging career stereotypes and raising aspirations Making ethical financial decisions Saving, spending and budgeting our money	3.2: Being British and being Sikh: How do Sikhs live out their faith?	Diversity, prejudice and bullying including cyber bullying Managing on- and off-line friendships Self-esteem, romance and friendships Managing puberty Exploring family life		
	8	First aid and personal safety, focusing on road safety The risks of alcohol (4 X AET), tobacco and other substances and managing peer influence Mental health and emotional wellbeing (including resilience), including body image Managing change and loss	3.3: Can anger and suffering be reduced? Buddhist ideas.	Rights and responsibilities in the community Tackling age and disability discrimination Evaluating value for money in services Risks and consequences making financial decisions	3.4: What is good and right? What is wrong and evil? Muslims, Christians, Atheists.	Tackling racism and religious discrimination, promoting human rights Online safety and digital literacy Introduction to healthy relationships, sexuality and consent	
KS4		Half-Term					
		Autumn 1 <b>PSHE &amp; Citizenship: Health and wellbeing</b>	Autumn 2 <b>RE 11-14 Agreed Syllabus</b>	Spring 1 <b>PSHE &amp; Citizenship: Relationships and Sex Education</b>	Spring 2 <b>RE: Section A</b>	Summer 1 <b>RE: Section A</b>	Summer 2 <b>PSHE &amp; Citizenship: Living in the wider world</b>
9	Transition to key stage 4 and developing study habits and resilience Peer pressure, assertiveness and risk, gang crime, alcohol (2 X AET) Managing the issues of unwanted contact and FGM	3.5: What will make our communities more respectful? Living in multi faith Britain.	Managing conflict at home and the dangers of running away from home Tackling homophobia, transphobia and sexism Introduction to contraception including condom and the pill. Risks of STIs, sexting & pornography	Christianity	Judaism	Understanding careers and future aspirations Planning and carrying out an enterprise project	
	Autumn 1 <b>PSHE &amp; Citizenship: Health and wellbeing</b>	Autumn 2 <b>RE Section B</b>	Spring 1 <b>RE Section B</b>	Spring 2 <b>PSHE &amp; Citizenship: Relationships and Sex Education</b>	Summer 1 <b>PSHE &amp; Citizenship: Relationships and Sex Education</b>	Summer 2 <b>PSHE &amp; Citizenship: Living in the wider world</b>	
	Exploring the influence of role models	Theme A: Relationships and families		Tackling relationship myths and expectations Managing romantic relationship challenges including break ups		Understanding the causes and effects of debt	

10	Dieting, lifestyle balance and unhealthy coping strategies including the social and emotional risks of drug use			Understanding different families and learning parenting skills Managing change, grief and bereavement	Understanding the risks associated with gambling Understanding the college application process and plans beyond school
	<b>Autumn 1</b> <b>PSHE &amp; Citizenship:</b> <b>Health and wellbeing</b>	<b>Autumn 2</b> <b>RE</b> <b>Section B</b>	<b>Spring 1</b> <b>RE</b> <b>Section B</b>	<b>Spring 2</b> <b>PSHE &amp; Citizenship:</b> <b>Living in the wider world</b>	<b>Summer 1</b> <b>PSHE &amp; Citizenship:</b> <b>Relationships and Sex Education</b>
11	Promoting self-esteem and coping with stress Learning and revision skills to maximise potential Health and safety in independent contexts Taking responsibility for health choices	Theme B: Religion, peace and conflict		British values, human rights and community cohesion Challenging extremism and radicalisation Skills for employment and career progression	Personal values and assertive communication in relationships Tackling domestic abuse and forced marriage

**Notes re: statutory and recommended provision:**

The RE component is based on the NYCC RE Agreed Syllabus 2013-2018, which states:

- ✓ 11-14 (Years 7-9): Four religions are to be studied. Christianity, Buddhism, Sikhism and Islam are recommended. (An additional study of Judaism and Hinduism may also be undertaken). Pupils may learn from other religions and beliefs in thematic units.
- ✓ 14-16 (Years 10-11): Provision of RE is a legal requirement for all students on the school roll. Students will complete the GCSE Religious Studies Short Course (AQA, 8061) but will not be entered for an external examination at the end of Year 11.

The only statutory component of PSHE is the delivering of RSE (from September 2019):

- ✓ A planned, progressive scheme of learning RSE is included in the 5-year overview for every year group.
- ✓ The 5-year overview is based upon the PSHE Association's Secondary Toolkit for Keys Stages 3 & 4 (July 2017), which is recommended by NYCC. The school is also a member of the PSHE Association and ACe has recently completed the National PSHE CPD Programme ran by NYCC in collaboration with the University of Roehampton.
- ✓ See also the NYCC framework [here](#)