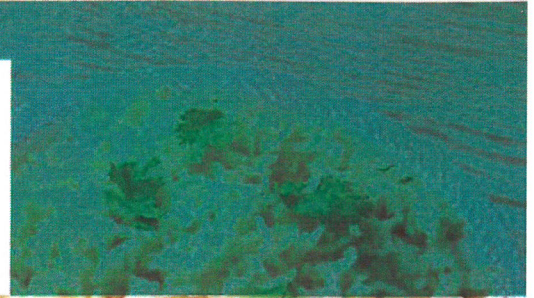




# WEEK 1



## HOT MEAL

## VEGETARIAN CHOICE

## VEGETABLES

## DESSERT

### MON

Chicken Tikka  
Masala & Rice  
  
Mac n Cheese

✓ Bean & Sweet  
Potato Bake

Seasonal  
Vegetables

Chocolate Berry  
Sponge &  
Chocolate Sauce

### TUES

Moroccan Lamb &  
Cous Cous  
  
Chicken & Vegetable Pie  
with Sweet Potato Mash

✓ Potato &  
Spinach Curry  
with Rice

Seasonal  
Vegetables

Lemon Layer  
Pudding

### WEDS

Roast Beef & Yorkshire  
Puddings with  
Roast Potatoes  
  
Salmon, Beetroot and  
Butternut Squash Bake

✓ Super Veg Spaghetti  
with Cheesy  
Garlic Bread

Seasonal  
Vegetables

Peach Melba  
Squares & Custard

### THURS

Hot Pork Salsa  
with Rice  
  
Pasta Bake & Salad

✓ Variety of Omelettes  
with Diced Potatoes

Seasonal  
Vegetables

Tropical Fresh  
Fruit Sponge

### FRI

Crispy Battered  
Fish & Chips  
  
Tex Mex Bake

✓ Summer  
Vegetable Frittata  
& Mixed Bean Salad

Seasonal  
Vegetables

Summer Fruit  
Crunch & Custard

