

# BHS Update



6<sup>th</sup> November 2020

## Get Help Here...

Form Tutor/Pastoral Team/Miss Bradbury (KS3)/Miss Temple (KS4):

for any wellbeing concerns: [bradburys@bedalehighschool.org.uk](mailto:bradburys@bedalehighschool.org.uk) / [templec@bedalehighschool.org.uk](mailto:templec@bedalehighschool.org.uk)

Subject Teacher: for any subject specific questions around learning tasks

General Queries: Email: [admin@bedalehighschool.org.uk](mailto:admin@bedalehighschool.org.uk) or call 01677 422419

## Reporting to Parents *Notice repeated*

In the absence of parent evenings, we are going to ensure that we do provide data and information to parents to see how their child is progressing in their learning.

**Year 11 students** will receive a comment from every subject teacher, in addition to Attitude to Learning and Home-Learning grades. This will go out to parents next week and will be followed up on **12<sup>th</sup> November** by the **Yr 11 GCSE Support Evening** which we will run virtually...see opposite column for further details.

- **Year 7-10** students have completed their AP1 assessments before half term. Parents will receive feedback for **Year 7s, 8s and 10s** on the 18<sup>th</sup> November.
- **Year 9** parents will again receive a written comment from teachers in place of the Parent Evening - these will go out to parents on the 2<sup>nd</sup> December.

We know that this is not the same as holding a live parent evening, and we thank parents and students for your understanding of why we have to do things this way at the current time.

## OUT OF HOURS COVID-19 CONTACT

**If you need to notify school of a positive case of Covid-19 (outside normal school hours), please email**

**[kellyt@bedalehighschool.org.uk](mailto:kellyt@bedalehighschool.org.uk)**

## Year 11 GCSE Support Evening

**THURSDAY 12<sup>TH</sup>  
NOVEMBER 6PM...LOOK  
OUT FOR THE ZOOM LINK  
WHICH WILL BE EMAILED  
TO YOU ON MONDAY**

We will be emailing a Zoom link to parents on Monday, but please let us know if you need any help or guidance on how to access the meeting.

We know and understand how stressful a time this can be, especially for Yr 11s and their families, and more than ever in this particular year of Covid and all that this involves.

The presentation will be run by the senior leadership team and we will focus on offering some tips and guidance on how parents can work together with school to best support their children in the run-up to GCSE exams. Parents will have the opportunity to ask any questions through using the 'chat' function, but we will also email out the key content to all parents following the meeting.

We will also be explaining how we are creating a bank of useful revision resources for students to access.

In recent years, we have received some really useful and positive feedback from this event - it would be great to see as many of you as possible on the night.

## New Lockdown Reminders

Please can parents remind their children that they cannot be walking to/from school in large groups during this new lockdown period, nor should they be meeting after school or at weekends in groups. No more than 2 should be together at any time (excluding siblings as they are from the same household).



## Teenage Cancer Trust

A reminder to parents that you can buy as many 'numbers' as you like to try to win one of our 2 amazing hampers in this school fundraiser. We will randomly generate the draw (due to Covid-19) and entries will be available until 3:00pm on Monday 16th November. The hampers include an array of locally donated products, including a pair of Designer Sunglasses kindly donated by Paul Rutter Opticians (Bedale). Funds will be shared between TCT and the school council. Thank you for your support!

## Lunchtime Payments

Could parents please be aware that as from Monday, no one will be able to go overdrawn on their food account without permission from the office/ parent.

Please can parents check the day before that their child has enough money to purchase what they want.

ParentPay can sometimes take 24 to 48hrs to show on their accounts depending on the updates so please plan ahead.

Thank You for your understanding.

A fundraising poster for the Teenage Cancer Trust. It features a grid of images and text boxes. The top left box says 'WHAT A GIFT COULD PAY FOR' and lists: '£8.50 could pay for a copy of our book A Young Person's Guide to Cancer, which was made with the help of young people who told us what they need to know.' The top right box says '£100 could pay for half a day of support from a Youth Support Coordinator, who brings young people together to support one another and looks out for their emotional wellbeing.' The bottom left box says '£30 could pay for an hour of care from a Teenage Cancer Trust Nurse, who can provide thoughtful, sensitive, expert support to young people.' The bottom right box says '£420 could pay for a young person to develop new skills and confidence at a Royal Albert Hall workshop, before enjoying a Teenage Cancer Trust show at the iconic venue.' At the bottom, it says 'WE NEED YOUR SUPPORT' and 'Every young person with cancer should have access to this specialised care and support. Help us be there for everyone who needs us by supporting our vital work today.' The website 'www.teenagecancertrust.org/donate' is listed. The Teenage Cancer Trust logo is in the top right, and the Financial Regulator logo is in the bottom right. A large text box at the bottom right says 'HELP US REACH EVERY YOUNG PERSON WITH CANCER'.

## Top 'Marcs' from Rashford

Sorry for the poor pun! It was lovely to receive a BHS personalised message from Marcus Rashford this week. It came in response to Miss Ackers sending him some of our Year 8 art work which focussed on inspirational individuals. If you haven't seen the video on Facebook, you will see it attached to this week's newsletter. Great work from everyone on this!

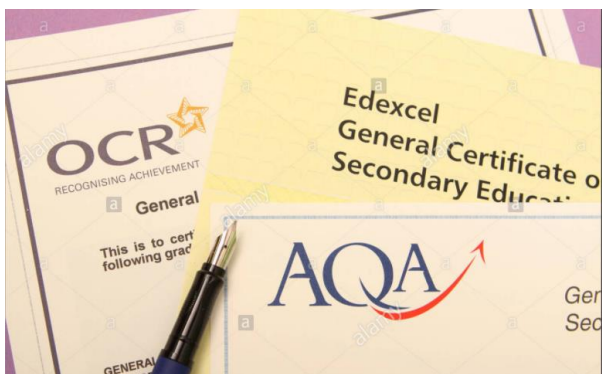
## GCSE Certificates

**Collect your GCSE certificates from main reception from Weds 11<sup>th</sup> November up to Monday 30<sup>th</sup> November. Between 10.20am and 4.00pm**

GCSE Certificates for Leavers 2020 will be available for collection from Wednesday 11th November, from main Reception between 10:30am & 16:00pm daily until the end of November.

Certificates will not be given to anyone other than the Candidate without written authorisation, therefore Candidates must email: rileyfl@bedalehighschool.org.uk and provide details of your representative collecting certificates.

Each year our ex-pupils are disappointed to find that prospective Employers or Universities request proof of GCSE qualifications and are unable to find them or can't remember collecting them. Schools have a period of 12 months to keep certificates secure for collection, after this time any unclaimed certificates can be destroyed. Please ensure you collect them and keep them in a safe place. If you need a replacement certificate Exam Boards charge a substantial fee of approx. £45 per certificate. **Normally these certificates would be distributed during Presentation Evening, but this event cannot be held in the usual way due to Covid-19 restrictions. Please wear a Face Mask when you come to collect the certificates.**



## Congratulations to Year 11 Lead Students!

Well done to the Year 11 students who have presented to Miss Temple this week and earned the privilege of becoming this year's Lead Student panel. The students involved are Guy Rendall, George Bramley, Emma Bibby and Jodie Yeatman. They presented their ideas and plans, these were recorded and played to the senior leadership team on Tuesday. We were extremely impressed with the maturity, dedication and commitment shown by all the students and look forward to seeing them lead various projects with other groups around 4 key areas:

- Teaching and learning
- Sports
- School events & extra-curricular/charity and community
- Health and wellbeing



## School Uniform – Message from Schoolshop

Please find attached an update regarding our services during the impending lockdown and after the lockdown has ended. Stay safe everyone and if we can help with anything at all please just let me know. Kind regards

Peter Dalton

# SCHOOLSHOP

## Yr 11 College Open Days

A reminder to Year 11 parents and students that now is the time to be taking advantage of the various open days for post 16 colleges...see links below and also on the attached document in case you cannot read these here.

<b>York College</b>	Tuesday 13 <sup>th</sup> October 2020 - register here <a href="https://yorkcollege.events">https://yorkcollege.events</a> Wednesday 11 <sup>th</sup> November, Saturday 21 <sup>st</sup> November, Thursday 11 <sup>th</sup> February, Monday 21 <sup>st</sup> June. All events before Christmas will be virtual. More info at <a href="https://www.yorkcollege.ac.uk/events-calendar/open-events.html">https://www.yorkcollege.ac.uk/events-calendar/open-events.html</a>	<b>Northern School of Art</b>	Tuesday 29 <sup>th</sup> September 2020 (virtual) - register here <a href="https://www.eventbrite.co.uk/e/virtual-open-day-the-northern-school-of-art-college-level-29th-sept-2020-registration-105791420988">https://www.eventbrite.co.uk/e/virtual-open-day-the-northern-school-of-art-college-level-29th-sept-2020-registration-105791420988</a> 15 <sup>th</sup> November 2020, 16 <sup>th</sup> January 2021, 15 <sup>th</sup> February 2021, 27 <sup>th</sup> March 2021 and 12 <sup>th</sup> June 2021.
<b>Harrogate College</b>	Wednesday 30 <sup>th</sup> September 2020 (virtual open event) - register here <a href="https://my.demio.com/ref/xU1UoFFiAmTBRZ7N">https://my.demio.com/ref/xU1UoFFiAmTBRZ7N</a> Tuesday 15 <sup>th</sup> October 2020 (virtual parent and carers' information evening) - register here <a href="https://my.demio.com/ref/JnGdO9NwmiATS62K">https://my.demio.com/ref/JnGdO9NwmiATS62K</a>	<b>Darlington College</b>	Tuesday 20 <sup>th</sup> October 2020, Wednesday 25 <sup>th</sup> November 2020, Thursday 21 <sup>st</sup> January 2021, and Wednesday 24 <sup>th</sup> March 2021. More info - <a href="https://darlington.ac.uk/courses/important-dates/">https://darlington.ac.uk/courses/important-dates/</a>
<b>Northallerton Sixth Form</b>	Thursday 19 <sup>th</sup> November 2020 (virtual open event) - more info <a href="https://www.northallertonschool.org.uk/news/key-events/">https://www.northallertonschool.org.uk/news/key-events/</a>	<b>Queen Elizabeth Sixth Form College</b>	Monday 19 <sup>th</sup> October - Thursday 22 <sup>nd</sup> October 2020 For more info, visit - <a href="https://www.qeliz.ac.uk/virtual-open-events/">https://www.qeliz.ac.uk/virtual-open-events/</a>
<b>Thirsk Sixth Form</b>	Open Evening - Thursday 5 <sup>th</sup> November 2020 Interview Evening - Thursday 28 <sup>th</sup> January 2021 <a href="https://thirskschool.org/events/">https://thirskschool.org/events/</a>	<b>Askham Bryan College</b>	Information evenings - Tuesday 6 <sup>th</sup> October 2020 and Tuesday 2 <sup>nd</sup> March 2021. Open Mornings - Saturday 7 <sup>th</sup> November 2020, Saturday 30 <sup>th</sup> January 2021 and Saturday 20 <sup>th</sup> March 2021. Register here - <a href="https://forms.office.com/Pages/ResponsePage.aspx?id=A_D0_Ma_hlk6oHefjRlnfy62PA5cMG9Jun3IrOsgPedUOVpRUIldVRDdQQINaSzMwUONPSzYaNVVCO54u">https://forms.office.com/Pages/ResponsePage.aspx?id=A_D0_Ma_hlk6oHefjRlnfy62PA5cMG9Jun3IrOsgPedUOVpRUIldVRDdQQINaSzMwUONPSzYaNVVCO54u</a>
<b>Middlesbrough College</b>	Tuesday 13 <sup>th</sup> October 2020, Saturday 7 <sup>th</sup> November 2020 and Thursday 10 <sup>th</sup> December 2020 (virtual events). More info - <a href="https://www.mbro.ac.uk/about-us/events">https://www.mbro.ac.uk/about-us/events</a>	<b>Richmond Sixth Form</b>	Thursday 15 <sup>th</sup> October 2020 (virtual)

## Wellbeing Support

Please remember to signpost your children and yourselves to any wellbeing support that may be needed, especially as we head into this second lockdown period. There is such a range of help available, and sometimes as parents we forget that it is ok, and actually very beneficial, for our children to speak to other people about their problems and worries. Sometimes it can be much easier for a young person to talk to someone they do not have any connection with, rather than a teacher or parent who they see all the time.

Below are just 2 examples of where you can get some help if you need to:

<https://youngminds.org.uk/find-help/looking-after-yourself/coronavirus-and-mental-health/>

<https://www.nhs.uk/oneyou/every-mind-matters/coronavirus-covid-19-anxiety-tips/>

The screenshot shows the Young Minds website interface. At the top, there are navigation links: ABOUT US, TRAINING, RESOURCES, SHOP, and BLOG. Below this is a search bar and three main menu items: Find Help, Get Involved, and For Professionals. A breadcrumb trail reads: You are here: Home / Find help / Looking after yourself / Coronavirus and mental health. The main content area features a large image of a young man's face. To the left of the image, the text reads: "Coronavirus and mental health" followed by "Tips, advice and guidance on where you can get support for your mental health during the coronavirus (COVID-19) pandemic". Below this, there are four bullet points: "I'm struggling to cope with the second lockdown", "I'm feeling anxious all the time", "My mood is low because of all the bad news", and "I am anxious about all the changes". To the right of the image, there is a yellow banner for "Coronavirus (COVID-19)" with the subtext "Get the latest advice about coronavirus". Below the banner, there is a navigation menu: Home > Every Mind Matters, For Your Mind, For Your Body, Apps, About. A secondary menu includes: Your Mind Plan quiz, Parents, Youth, Anxiety, Low mood, Stress, Sleep, Urgent support, Helping others, Possible causes. The main article title is "10 tips to help if you are worried about coronavirus" with an NHS logo. The article text begins: "The impact that the coronavirus (COVID-19) outbreak is still having on our lives may cause us to feel anxious, stressed, worried, sad, bored, lonely or frustrated. Everyone feels different sometimes. It's important to remember it is OK to feel this way and that everyone reacts differently - for most of us, these difficult feelings will pass. There are simple things we can do to help take care of our mental health and wellbeing during times of uncertainty. Doing so will help us think clearly, and make sure we can look after ourselves and those we care about. These tips can help improve your mental health and wellbeing if you are worried about the coronavirus outbreak."