



PSHE curriculum map: 2021-22

	Half Term 1 Health & Wellbeing	Half Term 2 Relationships	Half Term 3 Health & Wellbeing	Half Term 4 RE	Half Term 5 Relationships	Half Term 6 Living in the Wider World
Y7	Transition and safety <ul style="list-style-type: none"> Transition to secondary school; Personal safety in and outside the classroom, including first aid 	Diversity <ul style="list-style-type: none"> Diversity; Prejudice; Bullying; 	Health and puberty <ul style="list-style-type: none"> Healthy routines; Influences on health; Puberty Unwanted contact; FGM 	What is so radical about Jesus? (NYCC Agreed Syllabus, unit 3.3)	Building relationships <ul style="list-style-type: none"> Self-worth; Romance and friendships (including online) Relationship boundaries 	Developing skills, aspirations and financial decision making <ul style="list-style-type: none"> Careers, teamwork and enterprise skills; raising aspirations; Saving, borrowing and budgeting Making financial choices
Y8	Drugs and alcohol <ul style="list-style-type: none"> Alcohol and drug misuse Pressures relating to drug use 	Discrimination <i>Discrimination in all its forms including:</i> <ul style="list-style-type: none"> Racism Religious discrimination, Disability discrimination; Sexism; Homophobia, biphobia and transphobia 	Emotional wellbeing <ul style="list-style-type: none"> Mental health and emotional wellbeing; Body image; Coping strategies 	Does religion help people be good? (NYCC Agreed Syllabus, unit 3.10)	Identity and relationships <ul style="list-style-type: none"> Gender identity; Sexual orientation; Consent; Sexting; Introduction to contraception 	Community, careers and digital literacy <ul style="list-style-type: none"> Equality of opportunity in careers and life choices; Different types and patterns of work; Online safety and digital literacy; Media reliability; Gambling hooks
Y9	Peer influence, substance use and gangs <ul style="list-style-type: none"> Health and unhealthy friendships; Assertiveness; Substance misuse; Gang exploitation 	Respectful relationships <ul style="list-style-type: none"> Families and parenting; Healthy relationships; Conflict resolution; Relationship changes; 	Healthy lifestyle <ul style="list-style-type: none"> Diet; Exercise; Lifestyle balance; and healthy choices; First aid; 	Should happiness be the purpose of life? (NYCC Agreed Syllabus, unit 3.9)	Intimate relationships <i>Gender Relationships and sex education including:</i> <ul style="list-style-type: none"> Consent; Contraception; The risk of STIs; Attitudes to pornography 	Setting goals and employability skills <ul style="list-style-type: none"> Learning strengths; Career options; Goal setting as part of the GCSE options process; Employability; Online presence
Y10	Mental health <ul style="list-style-type: none"> Mental health and ill health; Stigma; Safeguarding health, including during periods of transition or change 	Healthy relationships <ul style="list-style-type: none"> Relationships and sex expectations; Myths, pleasure and challenges, including the impact of the media and pornography 	Exploring influence <ul style="list-style-type: none"> The influence and impact of drugs, gangs, role models and the media 	GCSE Short-course <i>Section A: The study of Christian and Islamic beliefs and teachings</i>	Addressing extremism and radicalisation <ul style="list-style-type: none"> Communities; Belonging; Challenging extremism 	Financial decision making and 'Work Ready Week' <ul style="list-style-type: none"> Impact of financial decisions; Debt; Gambling; Impact of advertising; Work ready week (July)
Y11	Building for the future <ul style="list-style-type: none"> Self-efficacy; Stress management; Future opportunities 	Communication in relationships <ul style="list-style-type: none"> Personal values; Assertive communication (incl. in relation to contraception and sexual health); Relationship challenges and abuse 	Independence <ul style="list-style-type: none"> Responsible health choices; Safety in independent contexts 	GCSE Short-course <i>Section B: Theme A: Relationships and families</i>	Families <ul style="list-style-type: none"> Different families and parental responsibilities; Pregnancy; Marriage and forced marriage; Changing relationships 	*Tutor time* <i>Application processes, and skills for further education, employment and career progression</i>

Useful links

- North Yorkshire CYPS information: <https://cyps.northyorks.gov.uk/religious-education-re>
- National Curriculum – Citizenship: <https://www.gov.uk/government/publications/national-curriculum-in-england-citizenship-programmes-of-study>
- RSE Statutory guidance: <https://www.gov.uk/government/publications/relationships-education-relationships-and-sex-education-rse-and-health-education/relationships-and-sex-education-rse-secondary>
- AQA Religious Studies (short course): <https://www.aqa.org.uk/subjects/religious-studies/gcse/religious-studies-short-course-8061/specification-at-a-glance>