The Bedale Beacon

Delivering Courage, Commitment and Compassion since 2021Edition 1October 2021



Welcome to the first ever edition of The Bedale Beacon! We will shine a light on all the issues of the day and report the news as witnessed through the eyes of our students. Our first edition features the very finest news, opinion pieces, sports reporting and a whole load of other features we know you will grow to love.

We welcome all feedback, viewpoints and contributions so if you have something you want to say or want to get involved then please contact Mr Chapman or come and speak to him

in Room 23. chapmang@bedalehighschool.org.uk

Thanks to all of our Edition 1 Contributors!

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When the sun shines we shine together

At last! Year 11 Delivery of Expedition



Our intrepid reporter gives us the verdict on this much awaited adventure

We ventured up north to the wonderful place of Reeth. It was absolutely spectacular. We knew it was going to be a hard journey full of mishaps and falling overs, but we didn't back down from a challenge. We walked for miles and miles with only a map and a compass to find our way to shelter before darkness overcame the sky.

On the night we all grouped together, talking and just having fun with everyone, however when it came to sleeping you wished for an extra blanket. The two days of torture, of blisters, tired faces and sun stroke.

I would 100% recommend it for everyone who is ready to have a laugh and just have an amazing time. Also be ready to be a tad hungry while you watch the teachers have a full BBQ right in front of you. I would maybe consider doing the silver award but I think I need to have a little bit of a break first. However at the end, finishing our bronze award for DofE created a sense of happiness and pride not only for yourself but your friends too. Plus the ice-cream at the end was a bonus! The whole of the Year 11 participants are very thankful to all the teachers who gave us the opportunity we appreciate it so much. A big thanks must also go to the instructors from Alfresco who helped us on the way. And last but not least a special thank you to Mrs Wilson who always kept our spirits up and stayed with us through thick and thin.

D of E stalwart and organiser of the trip Mrs Wilson said 'Despite all the setbacks of COVID and the weather, our DofE students rose to the challenge and did it! The Bedale and Alfresco Staff are really proud of their courage, compassion for each other and commitment! They really showed fantastic teamwork and the smelly feet and blisters were a small price to pay!'

' At one point we watch across the valley and hoped that they would have the sense to turn left soon...and when they eventually did, we danced with joy on the hill! They wouldn't have to do the extra kilometre after all!'

'Huge thanks to Miss Drysdale and her amazing cooking, Mrs Armstrong, our mountain ranger, Mr Mugisha for being a legend and for Mr Barnes for running an extra 3 km after having just completed 18! A brilliant team! '

Mr Barnes commented 'It was a pleasure to see pupils working independently in their teams to achieve success.'

Miss Drysdale remarked 'The trip was a huge success and seeing the girls work together was just the type of commitment we were hoping to see, especially as they pushed on up the hill on the final day and reached the top singing.'

Blodyn the dog saves the day.

Matthew Lenton reports on his action packed DofE Year 10 expedition to Reeth

Duke of Edinburgh was a fun and enjoyable experience but it has to be taken very seriously as throughout the two days walking and one night camping we needed to fend for ourselves...

We had to put our map navigation skills to good use and get ourselves around a 26 kilometer all around walk. Having to be on best behaviors at all times; as we were under constant watch from our instructors. On the night time we had to cook with only one pan and one stove between a group and make sure all of us had a good nutritious meal. We had to pitch out our own tents without any help from the teachers or instructors. However Dan Miles thought he had suddenly become Gordan Ramsey and developed a whole new approach to food by mixing up a jar of Uncle Bens' with a tin of Tuna. Unfortunately he spilt the contents into his sleeping bag which resulted in an incredibly whiffy night for his poor tent buddies.

Throughout the two days we had to walk around the hills nearby Reeth and Swaledale. On both the days we had to be out for a minimum of 6 hours and on the first day we had to carry all the heavy weight of all our uneaten food making it very challenging. It proved extremely difficult for Matthew Moran when attaching his bag cover correctly. One gust of wind removed the cover and sent it tumbling across the moors. Luckily Blodyn the instructor's dog was scrambled to save the day and retrieve the item. Later true compassion was shown by the group when one member of the party became extremely cold and several members of the group donated their jumpers as makeshift blankets to save the day.

Back at the campsite once we completed all the tasks we needed to do to help us pass, we were allowed to have time with our friends running around and going in each other's tents for as long as we wanted.

On the second day while we were making our second journey back to Reeth, at the end of it we were

greeted by a very excited Mrs. Wilson and ice creams from the local gift shop. I enjoyed doing the Duke of Edinburgh award as it was a fun experience and it will look good on College applications and my CV for job applications when I grow up. I would urge everyone to sign up when given the chance.

Savannah smashes it!

Savannah Fowler had the nerve-racking task of speaking at open evening despite only being in Year 7. She reports on how she found the courage, how it went and how she has settled in.

My first couple of weeks at high school have been great because of the students and teachers being so friendly. Everyone helps you if you get lost and it's really easy to make new friends! The highlights for me have been meeting new people, the practicals in science, and writing stories in English. I loved the extra-curricular taster day. Maths with Mrs S Hall was fab when we were gathering data about colours and made a graph.

On the open evening, the atmosphere was incredible! Everyone was so happy and so interested in the school! When I did my speech, I was nervous at first, but when I started, I felt very happy and not nervous anymore. It helped that I had Alex Lewis, Shona Lawson and Jaicob Saunders with me. In my speech, I talked about the school's opportunities and what they offer, the positive behaviour points, yellow sheets to guide our learning and KLQ's (key learning questions). It felt wonderful because everyone was listening to my speech. Afterwards I felt really relieved. It has really helped my confidence. People were cheering me on and clapping. It was amazing!

Magnificent Malham Cove

Waterfalls, Grykes, Haribo and rolling down hills, Kacper Cyran reports from Year 8's fun filled Geography trip to Malham Cove.

On the first of October, we went to Malham Cove, and we went to see the

beautiful landscapes of North Yorkshire. So, let us see how it all started.

So, we went into school in nonuniform ready for the trip and we had to do form just like normal and then we would go to the bus. After that we went to the bus and I sat next to my friend, Jack and the teachers did the register, and we went to Malham Cove. On the bus, the kids had Haribos, chewing gum, crisps and lots of other stuff as well, we also had our phones.

We got out of the bus around 2 hours later and then we went for our only toilet break, until the end of the trip we wouldn't have another one. Then we went onto a walk on top of the cove but we had to go on very steep hills and we had to go up about 500 steps but we all succeeded at the end. After that, we went down another way that was way less tiring and way more fun and kids were rolling down the grass and were having fun. At the bottom was a van that you could go and buy food and ice cream and I bought an ice cream and some wine gums. Then, we went to where there was a nice waterfall and there was also a crack in the middle. We went back and we went to another waterfall and there was a river as well and we went through the mud and through the fields. Then after the fields, we had our last toilet break and then we went back to the bus.

I thought to myself that it was a good day and we got lucky with the weather.

Overall, I think it was a fantastic day and I enjoyed it very much. Mrs Stubbins commented "What a fabulous two days! It was great to be back out `in the field` with students so they could experience the physical geography of our beautiful Yorkshire Dales first-hand and link this to their learning from in the classroom over this half-term. Students spotted lots of great landscape features such as clints and grykes, gorges, scree slopes and plunge pools. Well done to all students on completing the walk and showing resilience with the rain and hail storm that were thrown in for good measure!"

Bedale's Burning Question.



Each edition we will be exploring a controversial topic and letting our students decide. To kick us off we are investigating who is better. **Relentless Ronaldo or Magical Messi...** Here's what the staff and students of Bedale High School had to sav!

Thanks to Sam Ogier and Oliver Allison for gathering the views of the school.



 Oliver Allison. Ronaldo. He's the GOAT! Read the stats and look at his physicality.
Harley Sinclair. Ronaldo! Strength, mentality, footwork.
Charlotte Lewis. Ronaldo. Because he plays for ManU.
Emma Sherwood. Messi because he's short. Sam Ogier. Ronaldo because he's the GOAT. So it seems the young people of Bedale High School have solved this issue forever and decided that Ronaldo is greater than Messi. There will be another burning question answered in the next edition of the Bedale Beacon.

Note! For any old people reading, sick now can mean really good. Mint also can mean the same. GOAT is an abbreviation of Greatest Of All Time and Suiiii is what Ronaldo shouts when he celebrates a goal. It comes from 'yes' in Spanish (si)

Michaela's Mouth-waterer

Each edition our resident baking champion Michaela Pampalou will provide a favourite recipe to tantalise those taste buds.

Five Ingredient chocolate cupcakes



Ingredients

For the cake:

1 ½ cups Nutella or other chocolate spread

- ➢ ⅓ cup self-rising flour
- > 2 medium eggs
- Vanilla extract, chocolate chips or chunks (optional)

For the frosting:

- > 300g chocolate chips or small pieces
- ➢ 100g cream

<u>Method</u>

For the cake:

- In a bowl, mix the Nutella with the eggs (and the vanilla extract) for 2-3 minutes using a wooden spoon.
- Fold in the flour (and the chocolate chips/chunks) and mix just until incorporated (DO NOT OVERMIX).
- 3. Pour the mixture in the cake tins lined with cupcake cases.
- Bake in pre-heated oven for 9-10 minutes (all ovens are different, so baking time may vary from oven to oven) at 180°C.
- 5. Once ready, let them cool down, preferably on a cooling rank.

For the frosting:

- Pour the cream and the chocolate in a microwave-safe bowl and microwave for 1minute.
- 2. Mix the ingredients together to help the chocolate melt evenly. If there are any chocolate chunks that have not melted yet, microwave it again for 30 seconds at a time, stirring in between.

(Alternatively, you can do the same process using a double boiler, by placing a bowl over a pot with boiling water and mixing for approximately 5 minutes until you have a liquid, smooth mixture.)

- Let the mixture cool down to room temperature and then put it in the fridge for 15-30 minutes to firm up to a spreadable consistency.
- 4. With an electric mixer, whisk the chilled frosting until it is fluffy and lighter in colour.

Assembly:

- 1. After the cupcakes have completely cooled down, pipe some buttercream frosting on them.
- 2. Finally, decorate the cupcakes with sprinkles, melted chocolate drizzles, chocolate curls or creative piping.

Good Luck-

The Photo Feature.

For the first edition of T'Beacon we wanted to celebrate God's own County! I asked you to send in pictures capturing Yorkshire's beauty and you sent in pictures by the wheelbarrow load! Here is a selection:



Marley Robinson Year 7



Sophie Allanson Year 7



Lucy Gallears Year 7



Jaicob Saunders Year 7



Lewis Haywood Year 9



Luke Wagstaff Year 8



Benjamin Jardin Year 8



Summer Kamara Year 7



Jamie Broadwith Year 7



Olivia Palmer-Smith Year 7



Finlay Mildren Year 7



Grace Barker Year 9



Sienna Stockdale Year 7



Lily Barnett Year 10





Sophia Laws-Williams Year 7

Eleanor Kirkby Year 7



Maddie Main Year 7



Logan Mace Year 7



Alex Pryce Year 10



Bailey Cuthbert Year 7



Lewis Staplyford Year 7



Isabelle Niblett Year 8



Harrison Arnold Year 7

Yorkshire and proud!

Maddie Main is such a proud Yorkshire lass that she wanted to list her top 5 Great Things about Yorkshire

Yorkshire is a great county that we all call home. This is where memories were made and where they will stay. I am going to tell you some of the top five things that make Yorkshire great.

1.York Minster

York Minister was struck by a lightning bolt on the 9th July 1984. The roof caught fire and collapsed about 4am. All anyone could do inside was run, all they could hear was a roar about to pounce on top of the prayers inside.

2. Betty's

Betty's is a food chain that makes afternoon tea and



makes delicious cakes. It is only based in Yorkshire which make it special to our home county. It is weird because it was not founded by an English man but by a Swiss.

3. Seaside towns There are lots of seaside towns including: Filey, Scarbough and Whitby. You can swim in the sea, but the sea can be dangerous, so you need to learn the proper safety when you are in the sea. You just can't beat fish and chips at the seaside.

4. Fountains Abbey

Fountains Abbey are the ruins of a church, monks lived here and prayed about five times a day and had to wake up at 2am to have a ceremony which meant they struggled to stay awake.

5. Three peaks



The three peaks are some hills in Yorkshire (Pen-y-Ghent, Whernside and Ingleborough). They are difficult to manage, and they can be walked separately or all in one go. Normally people walk them all in one day for charity.

Issues that Matter

Students at Bedale High School feel passionately about the world around them and how it can be changed for the better.

Respect women and girls.

A Year 9 student shines a light on what must be done to make her feel safe and respected

Too many women feel scared and vulnerable walking outside alone whether it is the day or the night. I have chosen this topic because so many women of different ages don't feel safe because of the fear of being harassed. Another reason is a large number of girls have been affected in different ways like catcalling, stalking, groping etc. In the course of this speech I hope to educate you on the amount of people affected and how normalised it has become.

97% of women in the UK have been sexually harassed and further cases haven't been reported due to the belief that it wouldn't change anything. Harassment can happen to anyone, anywhere at any time. 55% were near or at home when it happened. 15% were in a public place and 12% were near or at a relative's home. There's nowhere you can feel genuinely safe or comfortable as a girl or young woman. Do you really think this is ok?

As it happens to more and more people it becomes normalised. I remember seeing a tweet an adult asked a young girl if she had ever been harassed and she replied, 'not really, just normal stuff. Catcalling, following, groping etc. That is how normalised this form of abuse has become. A 13-year-old girl feels this is a normal part of growing up because it's not a big deal and it happens to every woman. No means no and so does I don't want to , I don't know , I'm unsure, I want to leave and 'stop'. Why can't some people understand this?

Some people blame the innocent victim for what they went through and say that it happened because of what they are wearing or how they acted or that they were asking for it. However, I believe that someone's death doesn't determine their consent. Us girls shouldn't have to be modest to be respected. No means no. The length of someone's skirt doesn't mean yes. No means no, the revealing top she is wearing isn't an open invitation. Instead of telling girls to cover up why not teach men to treat women with respect?

All women deserve to be treated with the same respect as men do because no matter what gender, race or age you are every single one of us has the right to feel safe.

Vegan viewpoint.

A Year 11 correspondent asks an important question about whether our diet is sustainable for the planet.

More and more people are switching to a plant-based diet every day not only for our animals but also for their health. A vegetarian diet excludes meat and fish, and a vegan diet excludes all animal products and by-products. Vegetarian and vegan options are popping up in supermarkets and restaurants worldwide, making the supposedly 'difficult' lifestyle much easier to sustain than it was even five years ago. These types of diets promote empathy and kindness, for both humans and animals, and come with endless benefits. So what's stopping you from making this change?

Eating animal products tends to be extremely harmful not only to the animals but also to the environment and our bodies. Animals are innocent and good, simply trying to live out their lives just like us. Cows, pigs, sharks, fish, chickens and other animals that end up on our plates have emotions, just like you and me. Just because they can't verbalise them, it doesn't mean that they aren't valid or important. Acting as the only species able to make a change and choose how we treat the other inhabitants of this earth, we have a responsibility. And we are failing. The environment is terribly affected by the production of meat and animal products. A plant-based diet requires only one-third of the land needed to support a meat and dairy diet and instead of shovelling grain and other crops into animals' mouths, we could feed the hungry populations of the world. There are also health risks related to meat production and consumption, including salmonella and E.coli, along with foodborne illnesses from the contamination of meat. Early cases of coronavirus have been linked to a meat market in China.

So how can you become vegan or vegetarian? The Vegan Society found that the number of vegans in Great Britain quadrupled between 2014 and 2019, and is constantly increasing. First of all, doing your research is a good place to start and it's extremely important to remember your mental and physical health should be your priority, despite the great change you are making. Take it slow and ease into it if necessary, letting your body adjust. Countless meat and dairy substitutes are now available including vegan cheese, almond and oat milk, Quorn and vegan egg. These substitutes are a great way to change your diet while maintaining a bit of familiarity. Some research has linked vegan diets with lower blood pressure, lower cholesterol and lower rates of type 2 diabetes and some types of cancer.

Some people argue that a plant-based diet is bad for our health and that we aren't provided with the right, or enough, nutrients or minerals. However, I would argue the opposite. Iron is one of the most common minerals to be brought up in this debate but, if you know which foods are rich in iron, you can access it very easily in a vegan diet. These foods include lentils, chickpeas, beans, tofu, nuts, chia seeds and quinoa. Calcium can be obtained from green, leafy vegetables (such as broccoli, cabbage and okra), fortified soy, rice and oat drinks, sesame seeds and brown and white bread. In addition, getting your nutrients from plant foods allows more room in your diet for health-promoting options that will improve your health in the long run.

To conclude, becoming vegan or vegetarian could be your opportunity to contribute towards treating the earth with kindness, and taking your health into your own hands. I will leave you with one thought: why is it that when hearing some cultures eat dogs, cats or horses, most of us are shocked and disgusted, just because they tend to be pets? Killing a dog, a cat or a horse is in no way different from heartlessly murdering countless other species, simply for us to eat when we don't even need it to survive. We don't get to pick and choose which animals are alright to be slaughtered because it is never acceptable, and always inhumane.

Livestock worried by dogs

Tara Patchett reports on an issue causing devastation to farmers.

During my life on the farm, I have had lots of experience being with sheep, cattle, dogs, and chickens; and I would like to tell you about livestock being worried by dogs and that this ongoing problem that farmers, smallholders and dog owners have been facing for many years.

The reason why I have written this article to you today about livestock being worried by dogs is that in this year alone over 3.2 million dogs have been purchased privately in the UK alone. The RSPCA says across Britain there are over 17 million pet-owning homes.

The Deputy head of Richmond high school Dave Clark was killed by cow when walking his dog through a field of cows on Monday 21st September 2020. In May that year, an 82-year-old man died when walking his wife and dog.

On our farm, we have experienced sheep being killed by dogs. One day my Dad and I went to check on the sheep near Northallerton and went in to find 25 young, fit gimmer lambs that were squashed against the feeder, and some were so severely injured that we had to have the vet put them down. One farmer near Northumberland urges walkers to keep dogs on leads near livestock after he rescued a sheep from drowning. Robert Curry, a Sixteenyear-old, who works on the family farm at Howick Scar, near Craster, dived into action to drag a sheep to safety. Robert got a call from his neighbour saying, that the sheep had been chased into the sea by a dog. Robert had to get onto his quad bike and get down to the sea to find the sheep swimming about 20-25 yards out by some rocks. When Robert got there the ewe practically got out herself but, and Robert stated that got there she was very clearly exhausted after being chased by a dog and then spending time in the water swimming.

Robert remarked saying, "That it was the most calamitous thing he has experienced".

An NFU spokesman added: "Sadly every year we see the effects of dogs off the lead in amongst flocks of sheep, with attacks costing farmers more than £1.3m a year. In recent months we have seen more walkers with dogs out in the countryside and while enjoying our beautifully farmed landscape with your dog is a great way to relax, unwind and get some much-needed fresh air and exercise, we are appealing to everyone to be responsible dog owners and make sure they keep their pets on a lead around farm livestock."

They added: "It's hard to imagine the distress associated with finding injured or dead sheep that farmers have cared for all year round and by many generations of local livestock farmers. Being chased can be serious for sheep – the stress caused can cause abortions in pregnant ewes and can even death in some instances. It can also separate lambs from their mothers.





I have been very lucky to get an interview with a top dog trainer Mrs C Penistone, of CAST Dog Training, who is a very well-known trainer. I have asked her about the advice she would give to dog walkers who are walking the countryside. She stated that, "For a dog to be fully trained around livestock you have to train your puppy form a young age, and from 12-18 months to be quite good around livestock, and you have to do a lot of training and spend time every day with your dog training them", she also said in conclusion to this that "I would never trust any dog around livestock, even if they are trained because they can be unpredictable". I asked her about how to train the owners of dogs and she voiced " training the owners of the dogs can be difficult because, you have to be kind, considerate, and patient because that some people haven't had much experience with dogs, so you have to encourage them to do the right things with their dogs so that the dogs have a great experience"

Mrs Penistone declared that when walking your dog and it is not a well socialized dog keep your dog on a lead and keep your distance from other dogs will help. And if your dog gets into a brawl with another dog, put a barrier in between them like a coat and, never put your hand or any other body parts as a barrier because the dog won't recognise it is your hand or body part, and might bite you, and that you should keep calm and not shout or scream because it can make it worse.

Mrs Penistone said that you should always have your dog on a lead near/on public highways on country footpaths you can have your dogs off leads but when you see/approach livestock you should immediately put your dog on a lead, and when there is a sign saying put dogs on leads put your dog on a lead. Mrs Penistone revealed that the action you need to take when your dog is being disobedient is to keep your calm and stop until your dog is under control before you go any further because if they are already out of control you won't get the dogs attention. And that anything that moves tends to be a distraction for a dog that can be sheep, cats, birds, plastic bags, cows and rabbits. Different dogs react to different distractions.

Mrs Penistone remarked that the owner/dog sitter will be at fault for if the dog gets into mischief.

Mrs Penistone urges people when walking through a field of livestock to keep dogs on leads. And when walking through a field of cows and calf to either keep your distance away from the cows or walk an alternative root. And that if you are walking through cattle and they start herding you is to let you dog off the lead and ensure that you get to safety because the dog can fun faster than you and that the dogs are more likely to get to safety.

Mrs Penistone suggested that if you see a dog attacking livestock on your walk you should report it to the police, the local dog warden and tell the farmer if you know them. Mrs Penistone suggested that you do not approach the owner/keeper of the dog attacking the livestock and that you should instead get a photo of the dog and the owner/keeper.

"The Countryside Code provides simple, straightforward advice on how to enjoy the countryside while respecting the fact that farms are working environments and home to the many grazing livestock that help keep the landscape looking as it does. We are urging everyone to make sure they are familiar with it before heading out for their walk."

COUNTRYSIDE CODE:

Respect

Consider the local community and others
Park carefully so gateways and driveways are

not blocked 3) Leave gates and property as you find them 4) Follow the footpaths and give way to others where it is narrow

Protect

1) Leave no trash or litter. Take it home.

- 2) Be careful with BBQs, and do not light fires
- 3) keep dogs under control and on a lead
- 4) Pick up dog crap

Enjoy

Plan ahead
Follow the advice from signs and locals

The last law made to protect livestock from dogs was last updated in 1953 and it has recently been updated on 22nd July 2021.

Dogs (Protection of Livestock) Act 2021

The Dogs (protection of livestock) Act 1953 is a British act that protects livestock from being worried by dogs. If Dogs are attacking livestock the farmer has the right to shoot the dog. If your dog is found to be worrying livestock it must be put down. The person who oversaw the dog will be prosecuted and will have to pay for damages. The Act outlines the punishment of dog owners whose dogs worry livestock on agricultural land. Protected livestock is defined as cattle, sheep, goats, swine, horses, and domestic poultry. Game birds are specifically excluded.

Dog Fouling (Scotland) 2003

This legislation applies to Scotland to replace section 48 of the civic government (Scotland)Act 1982. This act makes it an offence to fail to clear up after your dog rather than of simply allowing a dog to foul. It also allows local authorities and police constables to issue fixed penalty notices to persons suspected of committing the offence.

Dangerous Dogs Act 1991

Introduced to control the breeding of designated dangerous dogs (section 1) or to penalise owners of the dogs that are dangerously out of control or showing aggressive tendencies in a public place (all breeds) (section 3).

Vehicle Travel

If a dog interferes with the driver of a vehicle whilst being carried within that vehicle, and this subsequently affects the way in which the vehicle is being driven, then an offence under the Road Traffic Act 1991 may be committed. Ref: Road Traffic Act 1991 (c40.sec2A(4)).

What Effects undisciplined dogs can cause to livestock and owners are:

1) Livestock can drown because they have been chased

- 2) Livestock can kill the dog and the handler
- 3) Dog must be put down if it is worrying livestock
- 4) Owner must pay for damages that dog has caused
- 5) In lamb ewes can have miscarriages due to stress
- 6) Sheep can be put down if they are severely

In conclusion to this, I think that there should be more legislation against unruly dogs, to protect livestock. There is no current prison sentence or criminal record for this issue. If the livestock owner wants to prosecute the owner of the dog it comes under criminal damage. The maximum punishment for criminal damage is life imprisonment. Livestock and animal's lives matter. For someone to say that livestock are just property is wrong. I also think it is important for people to be aware of their surroundings because it can cost you your life.

The main piece of advice I would give to people for the holidays/weekend are:

- 1) Learn the countryside code
- 2) Take the lead for dogs
- 3) Keep dogs on the lead
- 4)Try an avoid fields with animals with dogs
- 5) Have your dog under control
- 6) Keep safe
- 7) Enjoy the countryside
- Thank you for reading.

Being non-racist isn't good enough. We must be anti-racist.

A Year 11 student evaluates the significance and legacy of the Black Lives Matter movement.

The human race is a system of division. We divide ourselves into short and tall, happy and sad, attractive and ugly. In such a colourful world, we seem to only see in black and white. I am here today to talk to you about change. A change in perspective. Black lives matter is a movement which woke up the world on the systematic injustices that are engrained into our minds. So you must listen and learn before the world falls asleep once again. Equality isn't controversy, it's change. And to that I say Black Lives Matter.

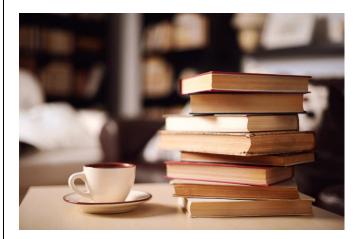
Civil rights movements have surfaced across the globe for hundreds of years. So why is Black Lives Matter so important? On the 25th of May 2020, George Floyd was murdered by police officer Derek Chauvin. For nine minutes, Chauvin knelt on Floyd's neck, as he screamed for help, saying "I can't breathe". Unfortunately, he isn't the only victim. In 2013, the Black Lives Matter movement was created following the acquittal of Trayvon Martin's murderer George Zimmerman. Trayvon was 17 when he died, and he was unarmed. There have been countless others left for dead. Trevor Smith, Darren Cumberbatch, Daunte Wright and Breonna Taylor. In America, Black Americans account for less than 18% of the US population yet are killed by the police at more than twice the rate of white Americans. This isn't just a problem in America. Rashan Charles, Mark Duggan and Edir Da Costa are only a handful of those who have died as a result of mishandling by the police in the UK. We can't resolve this issue, if we ignore the problem. And to that I say Black Lives Matter.

But why am I writing this today? Surely this isn't my issue? We all play a role in society. Being an ally isn't

being a do-gooder, it's being a human. Even what may seem as small changes, have a great impact to this movement. For example the n-slur isn't a joke. Bantering with your friends about slavery isn't funny. Belittling others about the colour of their skin is cruel and cowardly. The origins of this slur date back to 1619 and was used to dehumanise black slaves. This word should have never belonged to the white community to use. If you are against racism, don't try to claim back this cruel slur like it's a prize. We don't have to be like the thieves of the past, but protectors of the future. And to that I say Black Lives Matter.

Some people believe Black Lives Matter is an act of black supremacy. They think All Lives Matter is a better ideology. This defeats the purpose of equality. All Lives Matter was purposely created to draw away attention from the Black Lives Matter movement. We understand All Lives Matter, but not all lives are in danger. Imagine two houses, and one is on fire. The firefighters only go to the house that is burning, the house that is in danger. This concept may seem simple and unnecessary. But believing in All Lives Matter is acting like a jealous child afraid of losing all the attention. There are other movements which follow a similar concept, such as Stop Asian Hate. We're not encouraging hate towards everyone but the Asian community. We're saying the Asian community is in need of protection from the discrimination they are currently facing. This need to play the victim, even though we are privileged is ungrateful. And to that I say Black Lives Matter.

To conclude, you should support BLM for future generations. If we teach our children unity, rather than segregation, we can begin to eliminate this social division. Being non-racist isn't good enough. We must be anti-racist. And to that I say Black Lives Matter.



Fortune favours the brave

Elizabeth gets her teeth stuck in to the latest literature.

The Yearbook By Katie Bourne

One of the most recent books I've read and perfect for beginner readers! Set in a British Highschool, Paige Vickers, an outsider from her peers spends her time writing in the margins of library books, but then someone writes back to her. After weeks of talking the two agree to meet up and also, to bring down the popular kids. The Yearbook is an amazing and easy read, with notes from the author all throughout the book about the downsides to highschool, the relatability of this book for singled out teenagers is extraordinary. Perfect for anyone who needs some guidance through high school.

Cinderella Is Dead By Kalynn Bayron

Cinderella is Dead is one of the best fairy tale retellings I've ever read, with LGBTQIA+ representation and accurate POC (Person of Colour) main characters this book is one of my top ten books of all time. In this twisted universe, after Cinderella's passing the world becomes hellbent on women being identical to her. Women aren't allowed to work, to have an opinion and if they're not chosen at a ball they are forced to attend the consequences are deadly. After running away from her ball for a girl who doesn't love her, Sophia discovers that all is not right. A short standalone that has a tightly knit ending is perfect for fans of any Fantasy Novel who are looking for a book that keeps hitting them with twists and turns.

Record The Keeper by Agnes Gomillion

The only Sci-Fi book I've read but it's an amazing read! At first it takes guite some time to understand the background of the book and what is happening but after the first 100-150 pages the story telling is spectacular! Set in a post-World War Three, the protagonist, Arika Cobane an African teenager, struggles to find her place in a world filled with a growing rebellion and crushing oppression. This book is perfect for any fan of The Hunger Games, Divergent and Aurora Rising! Record the Keeper covers topics like Racism, Oppression, Slavery and corrupt governments. With all these dark and complicated topics, it's quite hard to understand what's happening in the book at all times, but in the end all the loose ends are tied and it comes to a quite sob worthy ending.

Fix it with Charlotte and Isabella



Charlotte Iveson and Isabella Thompson solve all of your school-based problems

Many new arrivals to this school will have many questions about what to do in those tricky situations that we all face from time to time.

What should I do if I forget my Self-study work?

A common answer for this question would be to visit the teacher that set the work as soon as possible and work out a solution that works for each of you. Most teachers will probably ask you to bring it in the next possible day.

What do I do if I leave my things on the bus? Tell a parent or guardian, and phone this number.

01677 425203 (If you go on a Procter's bus)

01677 422858 (If you go on an Abbotts of Leeming bus)

This will take you to the company, and you need to tell them that you left something on the bus. They will ask you what it looks like, and go to the lost and found. You need to give a brief description of the item, and you can collect it from the company. It happens all the time so don't think that you're the first!

DL7 9SN (For Abbotts of Leeming)

DL7 9UJ (For Procter's)

What do I do if I lose my timetable?

You can go to the reception and tell them the situation, and they will print you out a new one.

How does the reward system work?

When you do something good in class or for school, you will get a certain number of points. You and your parent/ guardian can check these points by going onto SatchelOne, and clicking the three lines. If you click Behaviour, you will see all your points, what you got them for, and who you got them from.

How can I avoid detention?

If you do something bad (e.g. talking in class, not doing what you're supposed to), then the teacher will write your name on the board. This is a P1. If you carry on, then the teacher will add a tick next to your name. This is a P2, and a text to your parents. It will also be added to the system. If you carry on, you will get a second tick (P3). You will be taken out of the lesson, and stay in Inclusion for the rest of the lesson. You will also get an after-school detention. You are given a number of chances to fix your behaviour so it is always better to sort it before it becomes a problem.

"What is the food like? Are there vegetarian options?"

The food is always healthy, and there is always a vegetarian option. There is a sign up for allergens.

"What about clubs?"

There are posters for clubs dotted all around the school, and it shows the times and days for each. It's great to get involved and meet new people. See the full timetable on our website.

"What do I do if I don't understand my self-study?"

Talk to your teacher, they might help you understand. If you can't then email them. You can go onto Outlook, click **New**, and type in their surname. It will come up with them. You click onto their name, and type your message.

Short-story Corner

Year 7 have been writing about how it feels to be starting secondary school but with their experiences transported to exotic countries around the world. After a class vote Isobels Scott and Lofthouse were the class champions. We hope you enjoy their sublime writing skills...

My First Day at School

As I slowly stood up and made to walk out the shabby chestnut door, I glanced out of the cracked window; the blinding bright sun was coming up and the sky had turned an exquisite shade of vibrant pink and blue. I could see a herd of wrinkly elephants silhouetted against the sunlit horizon. As I sleepily stumbled down the stairs, my heart nearly missed a beat. Today was my first day at high school. I opened the door and stepped into immense heat (It was South Africa after all). I bent down and picked a juicy yellow mango for my dismal breakfast. As I closed the door, a neon green lizard scampered in; shooing it out again I sat down at the table and began to cut my mango. My mum came downstairs, hugged me and then went to fetch some water from the weather beaten well.

Setting off at 5:30 I slung my beaten satchel over my shoulder. The sun is shining, and I can feel the warmness spread across the earth. my dog Lilia was trusting along beside me, her sleek Ebony fur reflecting off the sun. I pass a tarantula burrow and I only just managed to drag Lilia away. In the colourless, dusty world the only snatch of colour are the neon lizards that occasionally scampered across my path. My worst fear is that I should meet a wild dog or cat: lion, cheetah, hyena or a painted dog. Eventually, I see a hazy outline of my poor, shattered school. I sent Lilia back home with a big hug and a well-deserved kiss. me and Lilia wander all over the desert so I'm not worried that Lilia might lose her way.

Wandering into the dusty, shabby yard, I see my best friend Ruby over by the oak shed door. "Ruby over here!" I yell across the yard. "Oh hi." Says Ruby running over, "I wondered when you were going to arrive." "Shall we go in?" I ask. After Ruby's trembling nod, restart to edge away inside an unknown world. My hands are clammy, and with my heart beating fast I opened the batter door. My favourite teacher - Miss Ash - welcomes me through with a beaming smile.

By Isobel Scott Year 7

My first day

One breezy morning, I woke up to people tossing stones at my petite window and then, I went downstairs to have my delicious breakfast but when I was about to have my colourful lucky charms there was none left in the box and there was only a dash of milk left. I said goodbye to my parents (Michelle and John) and young siblings (Holly and Ben) and off I went. I took the bus and I went to go take a seat on my broken seat then, I started listening to music my favourite-WE WILL ROCK YOU, also I was looking at the glorious sun and the black, brown and white sheep roaming around as well as the black, spotty, brown and white cows. Suddenly I got interrupted because these horrible people started to cut through my earphones so I told the bus driver and he said," Just deal with it kid!" Then I finally arrived, I stepped out and it started to thunder and lightning, I could see the pitch blackness of the sky.

Isobel Lofthouse

Brave Bedale Battleon.

Year 11 Football Boys show fantastic commitment against tricky opponents in season opener. Alistair Banks reports

Match 1 : Richmond 2-0 Bedale

Slow start from Richmond and injury to their striker in the first few minutes ruling him out of the whole tournament, meant Bedale dominated first 10 holding the ball well and winning it back quickly when lost but lack of chances created meant that when the Richmond midfielder got time to shoot on the edge of the box it was too late for goalkeeper Kyle Wright to react. Not long left to go a bit of confusion at the back meant the Richmond player could run through and get their second of the match and after 20 minutes the game ended, finishing 2-0 to Richmond.

Match 2: Thirsk 2-0 Bedale

After a match break, change in formation and a few words from Mr Gill the lads felt confident going into this game knowing we could easily beat this Thirsk team we have faced so many times. Unfortunately, some confidence was struck away after an early Thirsk chance made them go 1-0 up inside the first 5 minutes. Given time to settle, we moved the ball, communicated well and before we knew it, we opened up Thirsk and made some chances happen. 10 minutes in captain Alistair Banks had the best chance of the game by cutting in from the left and striking the ball that ended up hitting the bar. Chance after chance gave the lads more and more confidence going forward. Liam Draper also came close late on heading a well put in cross over the bar. Not long left the lads knew we deserved more from this game but when Thirsk got hold of the ball and hit on the counter a mixture of fatigue and frustration meant Thirsk could easily break down our defence and grab their second of the game.

Match 3: Risedale 1-1 Bedale

After the past 2 losses this game was a must win if we wanted a chance of going through to the semis. The game started off well and we kept a constant momentum and made early chances so when Alistair Banks got the ball on the edge of the box, he struck it well with the ball going into the bottom corner giving Bedale their first well deserved goal of the tournament. We created more and more chances throughout the game but lacked end product, this meant when we committed forward for an attack a poor cross led to a good counter from Risedale leaving us with a draw and an early exit from the tournament. Despite leaving us frustrated, the lads were optimistic about our 11 a side fixture in a couple weeks against them and now know we can get a better result against them.

Match 4: SFX 4-1 Bedale

Fast start from Bedale led to us going 1-0 from a corner that was scored from defender Josh Goulding and although we had already been knocked out, we still wanted to go out making a statement despite being up against such tough opponents. But when SFX got a penalty, it was up to inexperienced keeper Mason to keep us ahead, and that he did so as he made a brilliant save keeping us with the lead. As the game went on though fatigued kicked in and it almost felt that SFX were getting a chance every 10 seconds. With chances comes goals and SFX emphatically put 4 past us in the final 10 minutes leaving us heavy headed as we went home.

After the tournament Mr Bielby commented 'The Y11 area 7s football competition was the first area sporting event since the pandemic started and was hosted by Bedale High School. I would like to thank Martyn Coombs for his superb organisation. It was a pleasure to see all 9 schools in our area back competing again. 7-aside football is often about who scores first and a bit of luck too. Unfortunately, BHS didn't have the luck they needed during the competition but I was really impressed with the commitment the lads showed.

Mr Gill was managing the boys and afterwards spoke to the Bedale Beacon to say, 'This was my first game in charge, and I was really pleased with their commitment. They showed great resilience to bounce back for each game. I am confident they will learn from this experience and am looking forward to our trip to play Risedale on Thursday. We can't forget that they haven't played together as a team since Year 9! We have a few injury concerns ahead of the short trip north, but it looks like both Callum Corner and Charlie Spence have both overcome knocks that they picked up in the last outing against SFX - so I have a full squad to pick from'.

Muldowney Masterclass



Jaicob Saunders reports on the Year 7 boys and their first football match here at Bedale High School.

It took place at Risedale High School football fields on Thursday 8th October. At first everybody thought it would be an easy match as we came close to not one not two but three goals. We relaxed a bit after that as we knew it would be an easy win but the other team had tricked us into a false sense of security as they managed to get past our defences and score a goal. Everybody then realised that they needed to work together to come home with a win. This determination got us into the lead. By half time the score was 2:1 to us. Shortly after we got back out on the pitch the other team scored making the score 2 all. Our team quickly scored and brought us back into the lead. This was now a tense game with only 2 minutes left. Sadly the other team sneakily scored a goal at the end. The result was a draw (3:3). Mr Bielby said "It wasn't a win it wasn't a loss it was a draw the team definitely played well." Our goal scorers were Marley Robinson, Josh Boyle and Levi Muldowney. The man of the match went to Levi Muldowney. WELL DONE TO OUR WHOLE TEAM FOR WORKING SO HARD!

Bedale Girls making a splash

Leah Owens-Monk and Evelyn Lenton report on the North Yorkshire schools swimming gala.

We got asked to do a swimming gala with school. We did a range of different things like medley relays, 50m individual races and freestyle relays. It was very fun and enjoyable. Leah Owens-Monk did all of them and triumphed in the backstroke and Evelyn did the individual race and the medley relay. Charlotte Jackson Bowers was also victorious in the butterfly. Well done to everyone who did their best!

Alistair Banks a hat-trick as Bedale beat Risedale



Oliver Smith-Hazleton reports on a stunning team performance from the Year 11 boys.

Alistair Banks scored three times and Leo Clarke grabbed the other goal as Bedale High School Year 11 football team beat Risedale School away with a 4-2 victory.

A game of control and high quality but with few chances suddenly went crazy! It exploded into life and suddenly became wide open. That was when Bedale took their chances and found a way to win it. Man of the match was chosen by Mr Gill and awarded to Ben Morpeth for his action packed display. His high work rate and performance was exemplary and he set the tempo for those around him. Overall a fantastic team performance.