

Wensleydale Rugby Union Football Club

Club House Cawkill Park
Wensley Road Leyburn
North Yorkshire
DL8 5ED



Dear Parent / Carer,

We are writing to you to let you know we are running a **free taster session for Year 7 & 8 pupils at 10am on Sunday 13th February** and would be delighted if you and your child could come along.

The club house will be open for hot drinks, snacks and breakfast butties and we'll be ready with a warm Wensleydale welcome.

To let us know you are attending please visit <https://bit.ly/WensleyRugby> (This is not obligatory it will just give us an idea of numbers and age groups for planning. Feel free to come down if you haven't had chance to fill out the form.)

A message from the Juniors Coaching Team U6 – U16:

Family Values

We love introducing the junior players to new rugby skills, but for us, it is more than that. We turn out every Sunday morning because we believe we are coaching values and important life skills that will help young players now and later on in life.

Rugby's governing body, the RFU has defined a set of values that run through everything we do at the Club:

Teamwork – Last Autumn the tiny Raffi Quirke who is but 2ft tall and 1 ft wide, weighing 3 stone 😊 raced over the try line to help England beat the world champions South Africa. He could never have scored that try if we didn't have the 6ft 6, 18 stone giant Jonny Hill on the pitch. Rugby offers a place for all shapes, sizes, skills and strengths to work together as a team.

Respect – We coach respect for each other, the opposing teams, parents, coaches and refs.

Enjoyment – Every session we plan has FUN at its heart and we use games to coach skills rather than repetitive drills

Discipline – Turning up each week for your team-mates (even if bed seems warm and comfy!), keeping formation on the pitch and not questioning the referees every decision are a few examples of how we positively promote discipline

Safety – Player safety is highly important to us. Junior's rugby starts off with no contact up until 8 years old. Contact elements are introduced progressively and safely over the next 7 years.

Speaking recently to one parent who used to play for the Club and now brings Noah to our U6 team, he commented that it was amazing to be back in the rugby family again. He told us how his children now regularly ask when they are going to see their new rugby family up at the Club House.

This was brilliant to hear because in the end we are all about family values.

We hope you can come and join us on the 13th and share some of the fun.

From The Juniors Coaching Team at Wensleydale Rugby Club

Enquiries, please Contact Dave Nicholson: 07544 473203