BEDALE HIGH SCHOOL

Courage

Commitment

Compassion

Congratulations to Mr Gill and family on the birth of Louis Jacob Horace Gill!

Friday 11th Feb 2022

Your child's Form Tutor: Pastoral Support Team: Miss Bradbury (Head of KS3): Miss Temple (Head of KS4): Subject Teacher: Curriculum Queries (Mr Gill): SEND & Inclusion Queries (Mrs Knight): General Queries:

SCHC

Get Help Here...

surname + 1st initial @bedalehighschool.org.uk <u>gibbst@bedalehighschool.org.uk</u> <u>bradburys@bedalehighschool.org.uk</u> <u>templec@bedalehighschool.org.uk</u> for any subject specific questions around learning tasks <u>gillm@bedalehighschool.org.uk</u> <u>knighta@bedalehighschool.org.uk</u> admin@bedalehighschool.org.uk

Covid & Staffing Update

I am reluctant to say anything this week about staffing in case I jinx it again...but as you know it has turned into another very challenging week where we have had needed a lot of cover staff working in school, following further Covid cases amongst the staff. On a more positive note, the student cases have come right down with only 10 students off school for Covid-related reasons today. Hopefully this reducing trend will carry across to the staff over the coming days too. We have had a significant number of students being off with a sickness bug, so re-emphasising the importance of washing hands and consistent hygiene routines may help with this.

Once again, I need to thank students and parents for their understanding after we had to keep Year 9 and Year 10 students at home earlier this week - this enabled us to avoid closing school completely on that day when we were very short-staffed. Our site team, catering team, admin team, pastoral support, TA team and teaching staff have all been hit with significant absence which is why things have been so challenging over the last 2-3 weeks. I have to say again that I am immensely proud of the response from staff as a whole, in the way that they have stepped up to take on additional workloads and responsibilities to keep the school open against the odds.

We can also now confirm that the School Age Immunisation Service (SAIS) will be returning to school on 1st March to offer further Covid vaccinations for any 12-15 year old student whose parents have consented to this. More information on this will follow in coming newsletters.

Please see the links here if you require any further information on vaccinations for your children, or for the latest guidance on self-isolating etc. (Please see graphic on next page too). NHS Vaccinations https://www.nhs.uk/conditions/coronavirus-covid-19/coronavirus-vaccination/find-a-walk-in-coronavirus-covid-19-vaccination-site/ Stay At Home Guidance

What's Coming Up?

DATE	EVENT	AUDIENCE
2-3 rd Feb	UKMT Maths Challenge	Yrs 9-11
2022		
9 th Feb 2022	Primary School Enrichment Day - History	
10 th Feb 2022	GCSE Drama Practical Exam	Yr 11 Drama Students
16 th Feb	Yr 11 Information Evening 2	A virtual info evening for Yr 11s and parents where we will offer guidance and support on the last few months for Yr 11s, and their upcoming PPE 2s.
1 st March	Science Live Trip	Yr 11s
3 rd March	World Book Day	More info to follow
WC 7 th March	Yr 11 PPE 2s	Second round of mock exams for Year 11 students
9 th March	Careers Day	Year 7-10 students - careers based lessons all day

Wensleydale Rugby Club Sessions for Year 7s and 8s

Please see the attached letter for more information around the free taster sessions that are being offered for Yr 7 and 8 students. As an extra incentive,

they are offering parents a free 'butty and cuppa' to any new parents who arrive on the day!



We have ordered some of these guides to give to students. They are completely free of charge and packed with places to visit in Yorkshire and

also include discount

out on a budget.

vouchers that will help

families looking for days



If you are unfamiliar with the guide you can view the 2020 edition (which was the last one produced prior to the pandemic) online below:

Yorkshire

https://goyorkshire.com/wpcontent/uploads/2021/04/GoYorkshire_MiniGui de 2020.pdf

PLEASE REMEMBER TO TEST USING A LATERAL FLOW TEST AT LEAST TWICE A WEEK AND REPORT ANY POSITIVE STUDENT CASES TO SCHOOL

Year 11 GCSEs and Year 10 Citizenship Exam

This week the government have released further updates about how this summer's GCSE exams will be modified in response to the Covid pandemic. If any parents want to see the details behind this, the official link is here: <u>Advance Information - JCQ Joint Council for Qualifications</u> However, our Heads of Faculty and subject teachers are producing their own student and parent friendly summaries that will be shared with students via Satchel One and we will also copy these into the Exams section of the school website when they are completed.

For more information about how this will impact on your Yr 11 child's exams, and to hear more about the upcoming second set of Yr 11 PPE exams in school, please join me for a virtual briefing and QA session on Wednesday 16th Feb at 6pm via this Zoom link:

Topic: Yr 11 GCSE Updates and PPE2 Briefing/Q & A Session Time: Feb 16, 2022 6PM Join Zoom Meeting: <u>https://us02web.zoom.us/j/84887416743?pwd=Um1vOW0ycEJaelN6ODNRVXhISGlhUT09</u> Meeting ID: 848 8741 6743 Passcode: KDEX7D

Please also see the attached letter from Miss Riley-Fox about the exams.

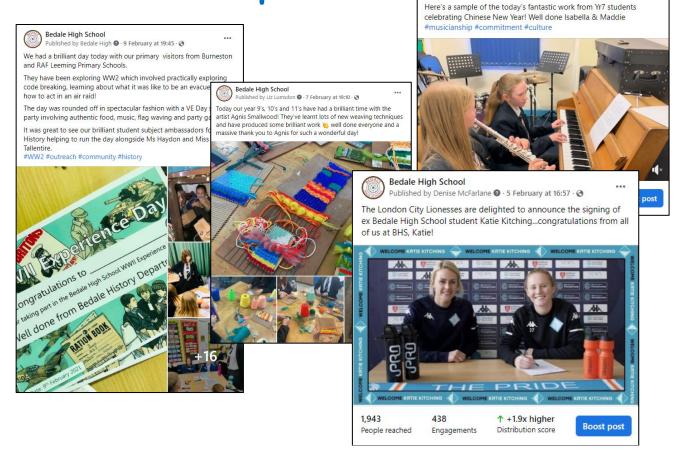
Please also note that Yr 10 students will also take a full Citizenship Paper 2 exam on Thursday 17th March. Their teachers will pass on the information they need in terms of what to study and revise for this.

Bedale High School

Published by Liz Lumsdon 2 · 4 February at 20:31 · A

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Facebook Up date



Monday Mindfulness Evenings

Starting 14th March - West Tanfield

Lulu and Kathryn will be hosting a series of Mindfulness evenings in West Tanfield Memorial Hall over four weeks, starting on Monday, 14th March.

There will be three groups each Monday:

5-5.30pm: Children under 12 years accompanied by a parent or guardian (£2 per person for each session)

6-7pm: Teenagers accompanied by a parent or guardian (£3 per person for each session)

7:30-8:30pm: Adults (£7 per person)

Over the four weeks, children, teenagers and adults will be shown techniques to help reduce anxiety and calm the mind, including meditation.

The impact on our wellbeing and mental toll of the pandemic is still being felt and will be for many months and years to come. There has never been a more important time to shine the spotlight on mental health and particularly the needs of our children and teenagers.

This week Place2Be launched Children's Mental Health Week, and announced research undertaken with the National School Leaders' Union NAHT, into the mental health issues and wellbeing of school pupils since the pandemic.

The vast majority of staff working in UK schools (95%) have witnessed an alarming increase in the levels of pupil anxiety since the start of the school year.

The poll also reveals an increased prevalence of other mental health issues among pupils this school year, including:

- 86% noted an increase in low self-esteem
- 76% said they'd seen an increase in depression
- 68% witnessed an increase in sustained feelings of anger

For staff working in secondary schools, 72% have noticed an increase in selfharm, 61% in suicidal thoughts, and 56% in eating difficulties among pupils.

Practising mindfulness is an effective way to teach children and teenagers to recognise and cope with stress and anxiety, manage difficult situations and cope with exams, to improve concentration, to appreciate what is going well and to flourish.

For more information, including a link to the Place2Be article and more about Kathryn Creed's background in Education, read our blog or email: tanfieldwellness@gmail.com. If you would like to book your place on our Mindfulness evenings please visit the appointments page on the website.



Are you 10-25 & live in North Yorkshire?

Opinions about police & crime?

The North Yorkshire Youth Commission Needs You!

- Work alongside other young adults to make a change
 - Advise the Police, Fire and Crime Commissioner and North Yorkshire Police
- Develop leadership skills and gain valuable experience

Applications must be submitted by 25th February 2022 For more info and how to apply go to: tinyurl.com/4c8j343m Any questions? Contact: emily@leaders-unlocked.org



DISCOVERING OUR CREATIVE ROOTS FREE MUSIC WORKSHOPS FOR AGES 11-19 THIS MARCH!

IUSICA



Folk Music with Storm Chorus

March 2022 Fri 18^m 6:30pm - 9:30pm Leyburn Methodist Hall, DL8 5BB

Sat 19th 10am - 5pm Leyburn Methodist Hall, DL8 5BB

Celebration Concert: Sat @ 6pm Leyburn Methodist Hall, DL8 5BB All welcome, pay as you feel donations appreciated. Samba Drumming with Jack Drum Arts

March 2022 Fri 25^m 6pm - 9pm West Burton Village Hall, DL8 4JY

Sat 26TH 10am - 5pm West Burton Village Hall, DL8 4JY

Celebration Concert: Sat @ 6pm West Burton Village Hall, DL8 4JY All welcome, pay as you feel donations appreciated.

FIND US OF SOCIAL MEDIA @BLUEBOXTPRODUCTIONS FOR MORE INFO!

Contact Colin Bailey on 07711 211169 or Info@blueboxt.co.uk









Full details &

Registration at

www.blueboxt.co.uk

