# BEDALE HIGH SCHOOL

Courage

SC

Commitment

Compassion

Lord of the Flies Performances: 7pm This Thursday and Friday

Friday 25<sup>th</sup> March 2022

Your child's Form Tutor: Pastoral Support Team: Miss Bradbury (Head of KS3): Miss Temple (Head of KS4): Subject Teacher: Curriculum Queries (Mr Gill): SEND & Inclusion Queries (Mrs Knight): General Queries:

#### Get Help Here...

surname + 1<sup>st</sup> initial @bedalehighschool.org.uk <u>gibbst@bedalehighschool.org.uk</u> <u>bradburys@bedalehighschool.org.uk</u> <u>templec@bedalehighschool.org.uk</u> for any subject specific questions around learning tasks <u>gillm@bedalehighschool.org.uk</u> <u>knighta@bedalehighschool.org.uk</u> <u>admin@bedalehighschool.org.uk</u> or call 01677 422419

### Lord of the Flies Tickets on sale now!

*Mrs Woodward writes*: Have you got your tickets to watch Bedale High School's upcoming production of Lord of the Flies yet? Performances will take place on Thursday 31st March and Eriday 1st April Two performances only beginning at

Friday 1st April - Two performances only, beginning at 1900.

Lord of the Flies is set on a remote island and shows how a group of stranded school children go from civilisation to savagery in a very short space of time. Although their situation at first seems to have the makings of a fun adventure, their fight to survive in their environment and their struggle with each other for power reveals the wickedness which lives inside all of us. Before they are finally rescued there is savagery, destruction, terror and even death. Involving students across Years 6 to 10, this production will keep you on the edge of your seats with its distinctive soundtrack, inspired staging and breath-taking performances.

This exciting drama production is open to everyone, and we look forward to welcoming members of the wider local community at these performances.

Eventbrite ticket link for LoTF

Tickets are priced at £7.00 for adults and £5.00 for children/concessions. All

tickets can be secured via the Eventbrite link below or purchased on the door with cash. This performance is suitable for ages 7 +









## **Mental Health Signposting**

Unfortunately, the services offered by KOOTH (online chat/text-based counselling, discussion forums and online self-care resources for children and young people during the COVID-19 pandemic) are ending on 31st March.

However, in our area, there are a range of national and locally-funded support forums for children and young people which are now embedded, including:



<u>https://thegoto.org.uk/</u> The Go-To Website - the home of wellbeing and mental health in North Yorkshire. The website helps young people find the right help and support to stay well, whatever is happening in their life.

<u>Childline</u> - free, confidential, anonymous 24/7 service for anyone under 19 in the UK with any issue including emotional and mental health.

YoungMinds Textline - free, 24/7 text support for young people across the UK experiencing a mental health crisis, with texts answered by trained volunteers supported by experienced clinical supervisors Buzz Us Text Messaging Service - confidential advice, support and signposting from a wellbeing worker within one working day via text for young people aged 11-18 across North Yorkshire and York.

There is further information - including health professionals' referral forms - on <u>NHS North Yorks CCG</u> <u>Website</u>

## What's Coming Up?

DATE	EVENT	AUDIENCE
30 <sup>th</sup> March	Lord of the Flies Enrichment Day workshop and matinee performance	Visiting schools and local care homes
31 <sup>st</sup> March & 1 <sup>st</sup> April	- Geography Trip to Flamborough	Year 7 students
	- LoTF Evening Performances	All students, parents, visitors welcome
6 <sup>th</sup> April	Year 7 Parent Evening (Virtual)	Year 7 parents and students
8 <sup>th</sup> April	End of Term Reward Assemblies	All students
25 <sup>th</sup> April	Non-Contact Training Day	No students in school

#### Harrogate College Links

For parents and students wanting to know more about what is available for their Year 10/11s and with the launch of T Levels, - the options can be rather confusing. HC have produced the attached guide which may be of use. I have also attached the

supporting links for information. <u>https://harrogate-college.ac.uk/contact/events/harrogate-college-april-open-day/</u> <u>https://www.gov.uk/apply-apprenticeship</u> <u>https://www.ucas.com/undergraduate/applying-to-university</u>



A PARENT AND CARERS GUIDE TO POST 16 OPPORTUNITIES

## **Sporting Update**

*Miss Temple writes:* What a brilliant few days we've had for football! On Friday our U14 girls team played in the quarter final of the county cup against a very strong Fulford team. The result didn't go our way; however, the girls were fantastic and gave Fulford a very good, close battle. I was very proud of how hard the girls worked and the progress they have made this year. An excellent display of courage and commitment from all involved! Well done to Rachael Whitaker who was our player of the match for an outstanding game in goal and Pia Arnold for a very good goal!

On Monday we had 4 teams in action against Wensleydale and Risedale - U13 girls and U12, U14 and U16 boys. For the U13 girls it was their first time playing together, and for some of them,

their first time playing competitive football. However, you definitely couldn't tell by watching the game - I was really impressed by the standard of football on display. The girls came back from 2-0 down to then take the lead in a very exciting game, which eventually finished in a 4-4 draw. There were 2 goals from Lili Evans, 1 super goal from a free kick for Izzy Niblett and a goal for Kyra Jones. The girls are really looking forward to building on this performance in the area 7 aside tournament next week.



Can I also say a huge thank you to Ben Loughlin and Jack Sygrove who both helped look after the teams and make the festival run smoothly.

#### BHS GOLFERS COME RUNNERS-UP IN NORTH YORKSHIRE TEAMS' CHAMPIONSHIPS!

Well done to Bailey and Shona Lawson, and Charlie Clark for their fantastic performances in the North Yorkshire Teams' Championships. BHS came runners up out of all the schools there - a fabulous achievement. And a big thank-you to Charlie for sending in this report of his day (photos to follow soon!).

*Charlie Clark (Yr 9) writes*: Tuesday 22nd March, I went to Ripon to play a round of golf for school. The weather was perfect and I couldn't imagine a better day to play. The day was all pretty relaxed and even during playing I tried to keep my emotions to myself and keep calm behind every shot I play. It was a very long round of golf and I wasn't surprised to hear that a group ahead of us had been slow and held everyone up for 30 minutes. In total, the round took us 4 hours 25 mins but overall, I was very happy with my performance. My end result was 32 points which is 4+ my handicap but with the difficulty of the course it was a pretty good score. The next day I was glad to hear that we had qualified through to the next round but also, we overall came 2nd only 1 point behind the winners. I will be looking forward to the next round playing a course I have never played before.

### Alumni Visit – Dr Emma Curtis

*Martyn Coombs writes:* Year 10 Bedale High School students recently welcomed former pupil, Dr Emma Curtis to talk about her career and the opportunities there are for people to secure careers in the care world.

Inspired by her science teacher Mrs McGuinness, Emma completed her GCSE's in 2010 and after her A levels, she was devastated to receive four rejections from medical schools. She emphasised just how much those rejections made her more committed to overcome this setback and after a gap year dispensing medicines in a pharmacy, she successfully applied to Durham University Medical School. Building up her CV was essential which meant volunteering as a swimming coach at Bedale Sharks, as a lunchtime assistant on a stroke rehab ward and becoming a Breathing Space volunteer. She said 'prospective interviewers and employers always look at the extra voluntary things that people are engaged in, in their spare time.'

Emma qualified as a foundation doctor in 2019 and she has experienced work on the acute medical ward, trauma and orthopaedics, accident and emergency, psychiatry and more recently, obstetrics and gynaecology. Emma said 'Last week I was working in the delivery suite at the RVI in Newcastle and delivered two babies naturally, one set of twins and two C-section babies and as it was International Women's Day, all five babies just had to be female!' Emma talked about the fantastic perks of the job working with an incredible team, travelling to

New Zealand, the fact that every day is different and the ability to change people's lives. She also talked about dealing with traumatic injuries in A&E and sometimes having to make that heartbreaking decision to turn a machine off. She has missed out on so many Christmas and New Year celebrations and has missed many weddings and anniversaries such is the pressure of shift work and 60 hour working weeks but, she said 'I wouldn't change anything about my career. I love every day of my working life.' Finally, Emma offered advice to the students as they approach their examinations, to plan a revision programme that included rest breaks and to have the courage to overcome whatever obstacles came their way.



The story features in today's D&S Times

# Primary Printing Pros

Well done to our primary friends at RAF Leeming who came to visit earlier this week, and, with the help of our Student Ambassadors, produced these beautiful works in a print-making workshop.



### **New-Look Pastoral Support Team!**

Having recently appointed Mrs Tracy Gibbs to the position of Pastoral Manager and more recently Mr Lee Johnston, to work together with the pastoral team - Mr Stuart Rigby, Mr Lee Johnson-Peak and Miss Victoria Armstrong - Bedale High School looks forward to strengthening and developing the pastoral offer.

#### The pastoral team





Mrs. Gibbs Mr. Rigby



Miss Armstrong



Mr. Johnson -Peak



Mr. Johnstone

Bedale High School acknowledges that pupils do sometimes need positive support, and Room 15 aims to be a safe place in which pupils can explore ways to navigate the challenges they may be experiencing. Pupils who are experiencing barriers to their learning, due to emotional or behavioural (and not academic) factors, are supported to meet their needs, by the pastoral team who deal with any concern promptly and sensitively.

When supporting pupils in school we aim to build positive relationships to ensure that we provide the best possible pastoral care for the children and families in our school community. To ensure pupils and families know who they can speak to in the pastoral team, we have allocated a specific member of the pastoral team to each year group (see table below).

#### KEY STAGE 3

Year 7: Mr Johnson-Peak

Year 8: Mrs Armstrong (Mon, Tues & Weds) & Mr Johnstone

Year 9: Mr Rigby

#### **KEY STAGE 4**

Year 10: Mr Johnson-Peak

Year 11: Mr Rigby

We believe that this approach will help with continuity and consistency. However, we also acknowledge that there may be times when you need to speak to Mrs Gibbs or another member of the team. Therefore, should you need to contact a member of the pastoral team then please dial 01677 422419 Ext 220/221

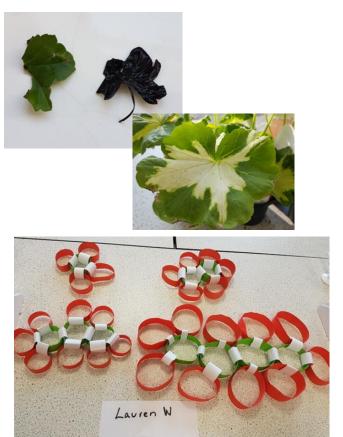
Mrs Tracy Gibbs

### **Science Update**

*Mrs Faint writes*: In Year 8 some students were doing practical work to identify the products of photosynthesis.

Here is one of their original green leaves to compare with the "blue/black" colour of the leaf treated with iodine. The students explained that this shows the leaf contained starch, stored by the plant as the glucose it produces in photosynthesis is soluble. Their next challenge is to predict what the results from the variegated (two coloured) leaf would show and why.

Meanwhile in year 11 - students have been modelling the hydrocarbon series known as alkanes with paperchains! The green is carbon, the red hydrogen and they are covalently bonded as shown by the white paper. Lauren's collection shows Methane (CH4), Ethane (C2H6), Propane (C3H8) and Butane can you work out the formula for this last one?





# **Ukraine Fund Raising Day**

Students and staff raised over £600 today as part of a coordinated effort to raise funds for those affecte by the war in Ukraine with the 'Unite for Ukraine' initiative.

We signed up with 9 other schools around the area, participating in a non-school uniform day where we wore blue and yellow items as a sign of support for those in Ukraine. Eve Maylor (Student at Ripon Grammar) writes:

We currently have 10 schools signed up, alongside Upstage Acadamy Musical Theatre School and Ripon Rockets Netball club and thanks to extremely kind donations the Just Giving Page is already at £829! (not including our funds from today).

I will link the Just-Giving Page below. It is completely up to you how you wish to collect your donations as a school but if you send this link to parents to donate directly to, it adds a free "Gift-Aid" which increases our total sum. Nevertheless, if you wish to collect the donations in a different way and donate the full sum at the end as a school onto the Just-Giving page that is still fantastic.

Thank you so much for the support, I can't wait to see how much we can all raise together for this fantastic cause. Eve Maylor.

Just Giving: https://www.justgiving.com/fundraising/eve-maylor





Mrs Stubbins Tutor Group!

### **Co-op Reward Points for BHS**

The BHS Co-op have asked if we can remind local families that if they sign up as Co-op members, school will receive a percentage of every bit you spend, as they commit to funding local initiatives within the community. This has made a significant difference to us in the past, and funds

#### Membership that makes

#### a difference

We've doubled the amount we give to communities when our members choose Co-op.

Join Co-op for £1 and earn rewards for you and your community.

Join Co-op

Register your temporary card

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have been raised to help with new resources and equipment to support things like our Arts projects within the community. Currently they are supporting our garden project. Please just visit <u>https://www.coop.co.uk/membership</u> for further details.