

BEDALE HIGH SCHOOL

Courage

Commitment

Compassion

See latest edition of Bedale Beacon here!

<https://bedalehighschool.org.uk/wp-content/uploads/2022/03/EDITION-3.pdf>

***Friday 1st April 2022**

Get Help Here...

Your child's Form Tutor:

Pastoral Support Team:

Miss Bradbury (Head of KS3):

Miss Temple (Head of KS4):

Subject Teacher:

Curriculum Queries (Mr Gill):

SEND & Inclusion Queries (Mrs Knight):

General Queries:

surname + 1st initial @bedalehighschool.org.uk

gibbst@bedalehighschool.org.uk

bradburys@bedalehighschool.org.uk

templec@bedalehighschool.org.uk

for any subject specific questions around learning tasks

gillm@bedalehighschool.org.uk

knighta@bedalehighschool.org.uk

admin@bedalehighschool.org.uk or call 01677 422419

Lord of the Flies Success

YOU CAN STILL TURN UP ON THE DOOR TONIGHT FROM 6.30PM!

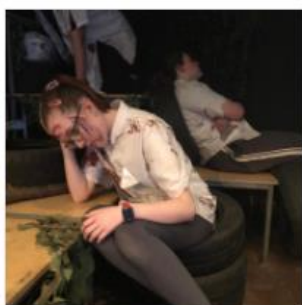
Thank you to all of the students, parents and staff who made the effort to support our cast and crew by coming to see one of the performances of Lord of the Flies this week. It was a bold decision from Mrs Woodward to go with such a challenging text. After the runaway successes of The Wizard of Oz and Joseph, she decided it was time to up the ante with a script that would really challenge our ever-willing performers. The result was an incredibly powerful performance which at times left the audience stunned into a shocked silence as they came to grips with the rollercoaster of emotions in this story that sees a group of schoolboys turn an idyllic paradise into a scorched wasteland as they descend into savagery!

The set design was amazing, - testament to the hard work of Mr Woodward, Miss Ackers and the rest of the stage crew and staff who helped. Anyone who knows the story can imagine the challenge that the cast and crew faced as they tried to do the script justice - and what an amazing job they all did! The nature of the material made it both emotionally and physically draining for them - but they have shown such professionalism and resilience.

As for my cameo role...safe to say that Mrs Woodward will not be trusted so easily again! *'It's the part of a navy officer', she said, 'You know - like Tom Cruise in Top Gun. I've got an amazing costume for you - I just need someone tall.'*

I can do 'tall', I thought, picturing myself wooing Kelly McGillis while riding off into the sunset on a Harley. What I did not envisage was wearing an outfit that resembled a pair of giant white pjs, with a matching hat that looks like something from a Carry On film. Honestly, - and that Will Smith thinks he had a tough time at the Oscars - he should see this outfit!

But enough of my moaning - we were delighted with the end result and it is just a pleasure to see how many students are putting themselves forward for these productions. Next up...Oliver! Keep an eye out for more details coming!



If music be the food of love....LET'S GET SINGING!

Mrs Lumsdon writes:

On Friday 25th March Mrs Lumsdon and the Creative Arts Faculty welcomed professional musicians from the Royal Northern College of Music and the National Youth Choirs of Great Britain for a fabulous day of workshops for students from Yr7- 11.

Students enjoyed master classes in singing techniques, fun vocal warm-ups, learning beat-boxing skills and how to sing in harmony. All great skills for enjoying singing in our school choir and musical productions.

There was also the opportunity to hear about careers in music from the professionals, where a Q and A session was led by our Music ambassadors.

Mrs Lumsdon said "It was brilliant to have professional musicians from the RNCM (where I went to University) and from the National Youth Choirs of Great Britain. They certainly inspired our students towards enjoying performing music with the highlight being the performance of 'Stand by Me' in support of the current situation in Ukraine."

School Choir rehearses on Tuesdays 3.05 - 4.05 and Thursday Lunchtimes. We would love to welcome new members from across the School for fun rehearsals singing repertoire from musicals, chart hits to rap.



Child Safety Online:

A practical guide for parents and carers whose children are using social media

Social networking is hugely popular. Many young people are sophisticated in the way they use social media apps and websites, tailoring their communication for different audiences, and accessing them from a range of devices including smartphones, tablets, and games consoles.

But social media, like all forms of public communication, comes with some risks. Not all of these risks turn into actual problems; and if children never face any risks, they never learn how to deal with them. By helping your child understand what the risks are, you can play a big part in preventing them from turning into problems.

Why children use social media



Understand the risks children may need to deal with

What they could see or do:

- Seeing or sharing of violent, sexual and pornographic content
- Inaccurate or false information and extreme views
- Promotion of harmful behaviours including self-harm, anorexia and suicide
- Over-sharing of personal information
- Actively or unintentionally getting involved in bullying or hurtful behaviour

Who they might meet:

- People who might bully, intimidate or frighten
- People posing behind fake profiles for:
 - Mischief-making
 - Sexual grooming and stalking
 - Blackmail and extortion
 - Identity theft and hacking

How this could affect them

- Fear of missing out leading to excessive use or exaggeration
- Getting upset by things they have seen and being uncertain about what to do
- Engaging, or being pressured into engaging in more risky behaviour either by accident or by design
- Developing unrealistic, and perhaps depressing ideals of body image and gender
- Becoming subject to peer pressure or interactions that are intense or too difficult to handle
- Creating an online reputation that may create problems for them in the future

Practical tips to help minimise the risks your child might face

It's good practice for apps and websites to have safety advice and well-designed safety features which can make a real difference to how safe your child will be when using them.

Work through safety and privacy features on the apps that your child is using, or might use. Make sure they understand the point of these and how to use them. Don't be put off by believing your child knows more than you: the tools are actually quite easy to manage.

- **Ask them to show you** which social media apps they use and what they like about them. Talk about how they use them and what makes them so engaging.
- **Explain** how you can use privacy settings to make sure only approved friends can see posts & images.
- **Check if any of their apps have 'geo-location'** enabled, sharing their location unintentionally.
- **Show them how to report offensive comments** or block people who upset them.
- **Check 'tagging' settings** so that when others are posting or sharing photos online, your child's identity is not revealed. Also, get people's consent before sharing photos.
- Encourage your child to **come and talk to you** if they see anything that upsets them.

Keep talking and stay involved

In a mobile age, children can't be completely protected, even by the best privacy controls; another child may use different settings. So it's important to keep talking to your child about the implications of social media. Getting a sense of what they think is a useful place to start; you may be surprised by how much thought they may have given to the issues.

Encourage your child to think carefully about the way they, and others behave online, and how they might deal with difficult situations.

- People may **not always be who they say they are** online: how can this create problems?
- Why is it **unwise to meet** anyone in the real world that you've only ever met online?
- Even if you think your messages are private, remember that words and images can always be **captured and broadcast**.
- People **present themselves differently online** - do they really look like that? Are they always having that good a time?
- Be aware that screens, and especially being anonymous, can lead people to say things they **wouldn't say to someone's face**.
- What does **being a good friend and a likeable person** online look like?
- There can be **pressure to be part of a particular group** online or to be seen to be **following a certain set of ideas**. How can you take a step back and make your own decisions?

For more information

You can find out more about how children use social media, the apps they use, the risks they face, how to use privacy settings, and advice and tips about how to talk to your children at:

- www.childnet.com/sns
- www.internetmatters.org
- www.nspcc.org.uk/online-safety
- www.parentzone.org.uk
- www.thinkyouknow.co.uk/parents
- www.askaboutgames.com

To make a report

Concerned about online grooming or sexual behaviour online? Contact CEOP: www.ceop.police.uk

If you stumble across criminal sexual or obscene content on the internet you should report it to the Internet Watch Foundation: www.iwf.org.uk

Mental Health Signposting

Unfortunately, the services offered by KOOTH (online chat/text-based counselling, discussion forums and online self-care resources for children and young people during the COVID-19 pandemic) are ending on 31st March.

However, in our area, there are a range of national and locally-funded support forums for children and young people which are now embedded, including:



<https://thegoto.org.uk/> The Go-To Website - the home of wellbeing and mental health in North Yorkshire. The website helps young people find the right help and support to stay well, whatever is happening in their life.

[Childline](#) - free, confidential, anonymous 24/7 service for anyone under 19 in the UK with any issue including emotional and mental health.

[YoungMinds](#) Textline - free, 24/7 text support for young people across the UK experiencing a mental health crisis, with texts answered by trained volunteers supported by experienced clinical supervisors

[Buzz Us Text Messaging Service](#) - confidential advice, support and signposting from a wellbeing worker within one working day via text for young people aged 11-18 across North Yorkshire and York.

There is further information - including health professionals' referral forms - on [NHS North Yorks CCG Website](#)

What's Coming Up?

DATE	EVENT	AUDIENCE
1 st April	Mr Gill trial with Manchester United*	Mr Gill
6 th April	End of Term Reward Assemblies Year 7 Parent Evening (Virtual)	All year groups Year 7 parents and students
7 th April	Holiday Revision Support Evening	Year 11s and parents (virtual - see details in this newsletter)
8 th April	Rewards Trip to Trampoline Park in Stockton	Top 55 Points Earners
25 th April	Non-Contact Training Day	No students in school
4 th May	Trip to Lion King Production - Bradford	Key Stage 3 and 4 Drama Students
11 th May	Maths - Enrichment Event Day	Primary schools and BHS Subject Ambassadors

Co-op Reward Points for BHS

Repeated from last week:

The BHS Co-op have asked if we can remind local families that if they sign up as Co-op members, school will receive a percentage of every bit you spend, as they commit to funding local initiatives within the community. This has made a significant difference to us in the past, and funds have been raised to help with new resources and equipment to support things like our Arts projects within the community. Please just visit <https://www.coop.co.uk/membership> for further details.

Year 11 NCS Assembly

Miss Temple writes:

On Thursday morning, representatives from the National Citizen Service come into school to deliver a fantastic assembly to our year 11s about their summer programme. The students engaged really well and there were lots of exciting prizes being won too!

NCS has become the country's fastest growing youth movement with over 600,000 graduates to date. The once in a lifetime opportunity is a 2-week programme that helps young people build confidence and gain new skills while having fun and giving back to their community - the best possible springboard for their future. Whether their sights are on university, apprenticeships or getting straight into the working world, signing up to NCS is one of the best decisions a teenager can make. If you want to find out more about the programme, watch the video linked below or read the letter attached. Places are limited and issued on a first-come, first-serve basis so sign up fast to avoid disappointment!



https://youtu.be/5_KO60FitVU

Bedale Football Club Family Open Day

BEDALE FAMILY OPEN DAY

In association with **HECK Foods.**

SUNDAY 10th April @ 11AM

Celebrity Charity football match, Farmers Market & 1km/5km Run/Walk/Talk.

In aid of -

Steve 'Garby' Garbutt –Prostate Cancer UK

**Bailey Cuthbert –
Sir Bobby Robson Foundation**

**Alfie Hutchinson –
Manchester Christie Hospital**

Girls Football Success – 7 Aside Area Champions!

Miss Temple writes:

Yesterday we had over 20 girls participating in the annual area 7 aside football tournaments, held at Bedale Juniors FC. It is the first time since pre-covid that the event has been able to go ahead and it was lovely to see so many girls braving the wintery conditions and enjoying playing football (we had 9 schools from the area attend the event).

Our Y9/10 team played some fantastic football throughout the day and remained undefeated, meaning they were crowned area champions! This is a fantastic achievement (you may have seen them walking round school P5 proudly wearing their medals). Rebecca Moran was voted player of the tournament by her teammates.

The Y7/8 team also had a great day and went from strength to strength as the tournament progressed. They finished in 5th place out of 9 schools which is amazing considering that a lot of those girls have only recently started playing football since joining us in September.

The courage, commitment and compassion from all the girls involved today was incredible. I've included a list of the players involved here:

Y7/8 - Izzy Nibblett (captain), Imogen Pattison, Faith Harnett, Althea Prava, Leanne Bickerton, Isobel Scott, Isabelle Laws-Williams, Charlotte Jackson Bowers, Kyra Jones and Niamh McGuinness.

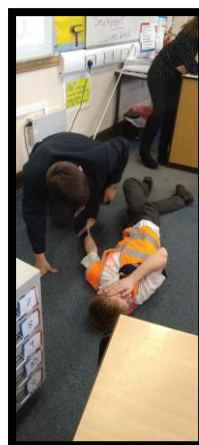
Y9/10 - Rebecca Moran (captain), Gabby Heslop, Alex Pryce, Pia Arnold, Evie Walker, Natasha Chapman, Amber McLaren, Charlotte Lewis, Daisy Kitching, Millie Kitching and Rachael Whitaker.





Duke of Edinburgh First Aid Training

Mrs Drysdale writes: We began our first aid training for the expedition section with our D of E students this week. After some key information about primary surveys, we had some hands-on practice of the recovery position. We are looking forward to breaking the bandages and slings out for next week!



Year 11s – Holiday Revision Support Evening

On Thursday next week Mr Gill will be hosting another virtual revision support evening for parents of Year 11 students (and the students themselves!). This is part of our ongoing efforts to engage these students with the last few weeks of vital revision work before their exams begin. The Easter hols are a perfect time to really step up the revision programme, but it's important to do that in a way that is well-balanced and effective, leaving plenty of time for them to socialise and exercise etc. Please join us using the link below:

Topic: Year 11 Revision

Time: Apr 7, 2022 06:00 PM London

Join Zoom Meeting

<https://us02web.zoom.us/j/86923343105?pwd=SnhWQ1JheS9KZ2gyMVBqQUU2cFlrUT09>

Meeting ID: 869 2334 3105

Passcode: MQ454i

Well done Alfie!

We are really proud of Alfie Nicklas Whyte in Year 11 who is doing an amazing job on his work experience at a local farm.

In the last few days he has worked hard to stay on top of his school work at night, while delivering lambs during the day! Thanks for the fab pics!





POSCH welcomes parents, carers and grandparents of children with any additional needs with or without diagnosis. We believe in collective empowerment & partnerships to support, improve and inspire better outcomes for children and their families.

Spring/summer 2022 Events

All groups/events can be found on our Facebook page and website.
All support groups start at 10am and finish at 12 noon, unless stated otherwise

MAY

- Friday 06th - Community Works, 14a MarketPlace, Thirsk, YO7 1LB
- Thursday 12th - Mencap Centre, Goosecroft Lane, Northallerton, DL6 1EG
- Wednesday 18th - Bedale Hall, North End, Bedale, DL8 1AA
- Monday 23rd - The Station, Richmond, DL10 4DL

JUNE

- Friday 10th - Community Works, 14a MarketPlace, Thirsk, YO7 1LB
- Wednesday 15th - Bedale Hall, North End, Bedale, DL8 1AA
- Thursday 23rd - Mencap Centre, Goosecroft Lane, Northallerton, DL6 1EG
- Monday 27th - The Station, Richmond, DL10 4DL

JULY

- Friday 1st - Community Works, 14a MarketPlace, Thirsk, YO7 1LB
- Wednesday 06th - Bedale Hall, North End, Bedale, DL8 1AA
- Thursday 14th - Mencap Centre, Goosecroft Lane, Northallerton, DL6 1EG
- Monday 18th - The Station, Richmond, DL10 4DL

"Good opportunity to think about areas of life that's starting to improve, and how to move forward."

"It is a wonderful group, I'm very pleased to have found it."

 @poschsupport

poschinfo@gmail.com

www.posch.org.uk