



BEDALE HIGH SCHOOL

Courage

Commitment

Compassion

Please see attached the timetable for the Yr 11
Pre-Public Exams (PPEs).

Friday 21st October 2022

Get Help Here...

Your child's Form Tutor:
Pastoral Support Team:
Miss Bradbury (Head of KS3):
Miss Temple (Head of KS4):
SEND & Inclusion Queries (Mrs Clayden):
General Queries:
Subject Teacher:

surname + 1st initial @bedalehighschool.org.uk
woodwardl@bedalehighschool.org.uk
bradburys@bedalehighschool.org.uk
templec@bedalehighschool.org.uk
claydenv@bedalehighschool.org.uk
admin@bedalehighschool.org.uk or call 01677 422419
surname + 1st initial @bedalehighschool.org.uk

Half Term One...Done and Dusted!

This half-term has absolutely flown by! Although the weather has changed and the leaves are turning...in some ways it still feels like we have only just returned from the summer holidays. I thought it would be nice to share some visual reminders of some of the activities and highlights that have featured into a jam-packed 7 weeks of school...while also reminding you that Facebook is the best way to keep up to date with such things!





Restart a Heart
16 October 2022

AUDITIONS
TODAY!

SEE YOU ALL LATER!

SCHOOL HALF TERM
PUMPKIN CARVING
CHALLENGE 2022



Upload your pumpkin and share a photo
on bedalehighschool.org.uk
The best 100 carved pumpkins will



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CHRISTMAS
FAYRE

FRIDAY 18TH NOVEMBER 2022
1700 - 1900
FREE ENTRY

COME ALONG FOR AN EVENING OF
CHRISTMAS SHOPPING, GREAT FOOD,
FESTIVE MUSIC!



IF YOU WOULD LIKE A ST...



Young Carer Hub

Bedale High School

What is a Young Carer?

Do you like to talk to someone
about your caring role?

You will meet a friendly Young
Carer from Carers Plus
who will help you to find out more about the
support we can offer you with your
caring role. There will also be the
opportunity to meet and talk to...



OPEN EVENING

WEDNESDAY 21ST SEPTEMBER 2022
1800 - 2000

We would like to invite all Year 5 and 6 students
with their parents/carers to our Open Evening
which commences at 1800 with a brief
presentation followed by tours of the school led
by our Student Ambassador Team.

If you are considering options for secondary
education, this is a perfect opportunity for you
and your family to look at the school and see
what is on offer.



COMING SOON
AUDITIONS!

LITTLE SHOP
OF
HORRORS

WEDNESDAY 12TH OCTOBER
THURSDAY 13TH OCTOBER

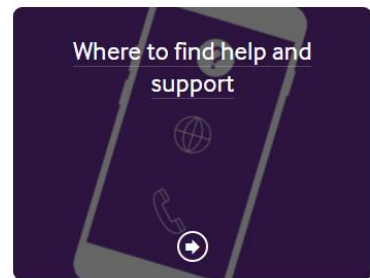
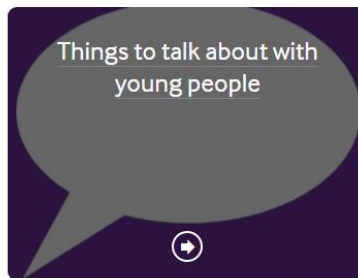
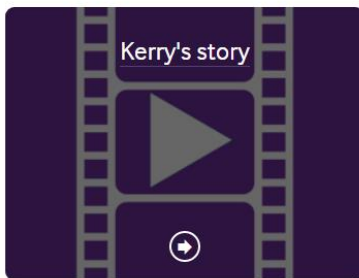
Not My Child Campaign

NotMyChild



Leah from Northallerton was 15 when she lost her life in a car park after taking two 'MDMA bombs' (a powder form of Ecstasy).

Leah's mum Kerry and Commissioner Zoë are working together to encourage parents, guardians and care givers in York and North Yorkshire, to have **early and positive conversations with their children about drugs and other substances** to help prevent them from coming to harm.



This campaign has recently been launched by NY Police, Fire and Crime Commissioner Zoe Metcalfe, together with Kerry Roberts (mother of 15 year-old Leah who died after taking drugs in 2019, in Northallerton).

The campaign aims to encourage parents, guardians and carers to have positive conversations with their teenage children about drugs, alcohol and other substances, before any harm has happened.

The month-long campaign was inspired by the tragic story of Kerry's daughter Leah who died after taking drugs in 2019.

Leah was 15 when she lost her life in a car park in Northallerton after taking two 'MDMA bombs' (a powder form of Ecstasy), whilst with a group of friends.

Kerry wanted to help other parents to have proactive and positive conversations with their children about drugs and alcohol and so has teamed up with Commissioner Zoe to create the "NotMyChild" campaign. Full details are available at www.notmychild.info

Mental Health Signposting

We have now been awarded the NY Healthy Schools Silver Award!

Childline - free, confidential, anonymous 24/7 service for anyone under 19 in the UK with any issue including emotional and mental health.

YoungMinds Textline - free, 24/7 text support for young people across the UK experiencing a mental health crisis, with texts answered by trained volunteers supported by experienced clinical supervisors

Buzz Us Text Messaging Service - confidential advice, support and signposting from a wellbeing worker within one working day via text for young people aged 11-18 across North Yorkshire and York.

There is further information - including health professionals' referral forms - on NHS North Yorks CCG Website .

In our area, there are a range of national and locally-funded support forums for children and young people which are now embedded, including:

<https://thegoto.org.uk/> The Go-To Website - the home of wellbeing and mental health in North Yorkshire. The website helps young people find the right help and support to stay well, whatever is happening in their life.



Wellbeing Support from Bedale High School

There are lots of places you can access help and support...



www.thegogo.org.uk

This is a website developed by the NHS North Yorkshire Clinical Commissioning Group. It is a single point of information that promotes different mental health support services (like a signpost). The website is designed primarily for young people but there is information for parents and carers too.

Contact details:

Mr T Kelly

kellyt@bedalehighschool.org.uk

Mrs V Clayden

claydenv@bedalehighschool.org.uk



Please don't hesitate in contacting Mr Kelly or Mrs Clayden if you have any concerns during the break or if you need support with something.



Text 07520 631168 to start a supportive text conversation with friendly professional support

Another useful resource:

Bedalehighschool.org.uk

↓
Safeguarding

↓
Where to go to for help

Science Update

Mrs Faint writes: Year 7 have been attempting to filter some extremely muddy water but with their choice of materials limited to three out of eight on offer. Judging by the colour of the filtrate some have been more successful than others! Meanwhile, Year 10 have been investigating the effect of pH on the activity rate of the amylase enzyme on starch digestion. We will also be launching a 4 week lunchtime STEM club for Year 7s after Half Term and I'm pleased to say we have had a huge interest from Year 7s wanting to be Science Ambassadors this year too.



JUST 'B' Parent Workshops – Mental Wellbeing

WORRIED ABOUT YOUR CHILD OR TEEN'S MENTAL HEALTH?

FREE WORKSHOPS FOR ANYONE WHO LIVES WITH YOUNG PEOPLE AND WANTS TO HELP THEM IMPROVE THEIR MENTAL WELLBEING.

Empowering parents, guardians and carers in North Yorkshire to feel more confident and skilled in supporting mental health concerns. Workshops - held in Harrogate and Thirsk - will include:

- Suicide prevention awareness.
- Strategies for supporting individual needs.
- Information on accessing and navigating mental health systems.

All workshops will be tailored around needs of parents, guardians or carers. Plus wellbeing support group for young people.

Accessing the workshops:

Parents, guardians and carers can refer themselves. via just 'B'.

T: (01423) 856 790

E: justbCYP@justb.org.uk

Referrals can also be made via CAMHS, Crisis CAMHS, Early Help Workers and other relevant professional bodies.

Delivered in partnership by:



Funded by:



Humber and North Yorkshire

Health and Care Partnership

BHS Christmas Fayre

Following the huge success of last year's Christmas Fayre at Bedale High School, we are delighted to announce that this year's event will take place on **Friday 18th November 2022 from 1700 to 1900 in the main hall at BHS.**

If you would like to run a stall at this event, please email loughlink@bedalehighschool.org.uk. A table top stall costs just £10 and we kindly request that you also donate a prize to our raffle which will be drawn on the night.

This event is completely free to attend and suitable for the whole family. Why not treat yourself to a festive evening of tasty treats, catching up with friends and getting ahead of the Christmas shopping game?



The poster is a vertical rectangular design with a gold background. On the left, there is a stylized illustration of a red and black toy soldier with a white star above its head. In the center, a dark blue rectangle contains the text 'BEDALE HIGH SCHOOL' in white. To the right of this, there is a red bow with two white circular ornaments hanging from it. Below these elements, a large red rectangle contains the text 'CHRISTMAS FAYRE' in dark blue. Underneath the red rectangle, the text 'FRIDAY 18TH NOVEMBER 2022' and '1700 - 1900' are written in dark blue, followed by 'FREE ENTRY' in black. Below this, the text 'COME ALONG FOR AN EVENING OF CHRISTMAS SHOPPING, GREAT FOOD, FESTIVE MUSIC!' is written in black, flanked by two white stars and two red starburst shapes. At the bottom left, there is a circular logo for Bedale High School featuring a white rose on a gold background. At the bottom right, a red rectangle contains the text 'IF YOU WOULD LIKE A STALL AT THIS EVENT, PLEASE EMAIL LOUGHLINK@BEDALEHIGHSC HOOL.ORG.UK' in white.

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HOOL.ORG.UK**

What's Coming Up?

DATE	EVENT	AUDIENCE
24 th - 28 th October	Half Term Holiday	All students
31 st October	Little Shop of Horrors - rehearsals start	Cast and Crew
4 th November	Remembrance Service at Ripon Cathedral	Services children who are attending
9 th November	Geog trip to Leeds	Year 11 Geography students
10 th November	Presentation Evening	Award nominees and families

PLEASE REMEMBER THAT THE FIRST WEEK BACK AFTER HALF TERM IS WEEK B!

Thorp Perrow Events



Halloween Trail

Spooky season is nearly upon us in the Arboretum marking the start of our Halloween Trail which opens 8th October and runs daily until 1st November.

Book your tickets today at www.thorpperrow.com

Thorp Perrow follow us on  



Santa's Grotto

Santa and his elves are coming to Thorp Perrow again this winter. Find him waiting in his cosy sitting room for a chat and a photo, and he has a gift for every child!

Book your tickets today at www.thorpperrow.com

Thorp Perrow follow us on  

Restart A Heart Day

Last Friday, Bedale High School joined 149 schools from across Yorkshire in holding the annual Restart A Heart Day - with every Year 7 student taking part in the event. The students showed a lot of commitment as they were trained in what to do when they come across someone who has had a cardiac arrest - and how to deliver CPR which could potentially save their life. There have been several high-profile instances in the media over the past year or so where CPR has indeed saved someone's life - and hopefully the training given last week will provide our students with the confidence and courage to deliver CPR to someone if they needed to; this also included a demonstration about how to operate a defibrillator should any of the students were ever in a position that required them to do so. It was a great day, and we were fortunate to have the expertise of 5 volunteers from external

organisations, including the Fire Service, Community First Responders and a Paramedic to support the delivery of this important lifesaving training. Students were also given an opportunity to speak to volunteers about their own training and experiences which links in with our whole-school Careers Programme. David Emison and his team of volunteers provided some really positive feedback at the end of the day, commenting on how engaged and enthusiastic our students were - well done Year 7!



Year 8 Malham Cover Trip

Earlier this week, all of our Year 8 students participated in a Geography fieldtrip to Malham in the Yorkshire Dales National Park. This trip coincided with the work that the Year 8's had been doing during the first half-term as part of the 'From Rock to Soil' topic. The visits stretched over two days, and whilst the weather was significantly more 'challenging' on Day 2, it was really encouraging to see the level of courage and commitment to brave the elements and complete the 8km circular walk that included the limestone pavement of Malham Cove, across fields to Gordale Scar and the fantastic Janet's Foss waterfall. The students commented about how much more impressive and memorable it was seeing this landscape first-hand (rather than just on a photograph in the classroom), and despite the weather at times, found this to be a very rewarding opportunity to learn outside the classroom.





BEDALE HIGH SCHOOL HALF TERM PUMPKIN CARVING CHALLENGE 2022



Carve your pumpkin and share a photo via
woodl@bedalehighschool.org.uk

The top three carved pumpkins will
recieve a spooky chocolate prize!

COURAGE

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