



BEDALE HIGH SCHOOL

Courage

Commitment

Compassion

Only 3 weeks until the full PPEs begin for Year 11s...please encourage them to attend revision

Friday 4th November 2022

Get Help Here...

Your child's Form Tutor:
Pastoral Support Team:
Miss Bradbury (Head of KS3):
Miss Temple (Head of KS4):
SEND & Inclusion Queries (Mrs Clayden):
General Queries:
Subject Teacher:

surname + 1st initial @bedalehighschool.org.uk
woodwardl@bedalehighschool.org.uk
bradburys@bedalehighschool.org.uk
templec@bedalehighschool.org.uk
claydenv@bedalehighschool.org.uk
admin@bedalehighschool.org.uk or call 01677 422419
surname + 1st initial @bedalehighschool.org.uk

Thank You Co-op and all of you Co-Op members!

Mrs Hall writes: WE are extremely grateful to the Co-op and their community causes funding. We have been one of their chosen causes for the last year and today our school garden project received a cheque for £5148!

Our dreams of a quiet reflective garden to sit in have just taken a huge step towards becoming real. Over the winter we will now be able to install a patio and water feature as well as finishing off the paths and flower beds. We can't wait for the spring bulbs to come through and bring some colour to our little corner of school.

This money makes a huge difference to us...thank-you so much on behalf of our school community to all of you who signed up to help.

Local Community Fund - Bedale High School Statement

Hi Fran Hall,

We're delighted to confirm that **Bedale High School** has raised a total of **£5,158.27**, thanks to Co-op Members.

Your cause has already received an initial payment from the Local Community Fund back in **April 2022**.

We'll now be processing final payments to all our causes over the next 2 weeks, and you'll receive your final grant by **11 November 2022**.



Weird and Wonderful Science

This week, in science, Year 9 have been studying the structure of DNA and looking at the cell cycle.

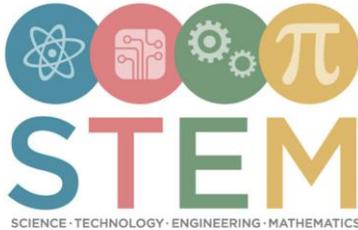
The pupils successfully modelled the double helix and colourfully illustrated the cell cycle including mitosis, using modelling clay.



Yr 7 STEM Club at Bedale High School



Thurs Week B
Lab 7 at 1.30



This week in the Year 7 STEM Club we are doing some chromatography on Autumn leaves to see if we can separate the compounds that cause the different colours.

The photo below shows some chromatograms that Year 7s made this week in science lessons which involved separating out the colours from felt pens.

STEM Club at Bedale High School



Why are the leaves different in Autumn?

Let's do some leaf chromatography.



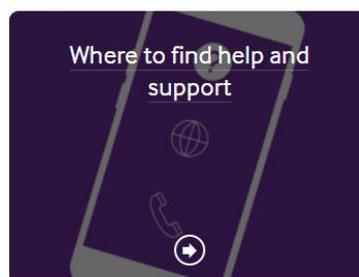
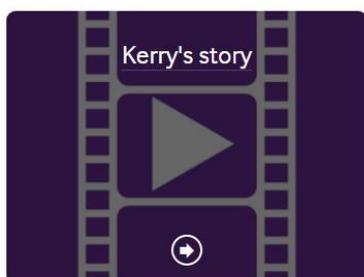
Not My Child Campaign

NotMyChild



Leah from Northallerton was 15 when she lost her life in a car park after taking two 'MDMA bombs' (a powder form of Ecstasy).

Leah's mum Kerry and Commissioner Zoë are working together to encourage parents, guardians and care givers in York and North Yorkshire, to have **early and positive conversations with their children about drugs and other substances** to help prevent them from coming to harm.



This campaign has recently been launched by NY Police, Fire and Crime Commissioner Zoe Metcalfe, together with Kerry Roberts (mother of 15 year-old Leah who died after taking drugs in 2019, in Northallerton).

The campaign aims to encourage parents, guardians and carers to have positive conversations with their teenage children about drugs, alcohol and other substances, before any harm has happened.

It was inspired by the tragic story of Kerry's daughter Leah who died after taking drugs in 2019. Leah was 15 when she lost her life in a car park in Northallerton after taking two 'MDMA bombs' (a powder form of Ecstasy), whilst with a group of friends.

Kerry wanted to help other parents to have proactive and positive conversations with their children about drugs and alcohol and so has teamed up with Commissioner Zoe to create the "NotMyChild" campaign. Full details are available at www.notmychild.info

Mental Health Signposting

We have now been awarded the NY Healthy Schools Silver Award!

Childline - free, confidential, anonymous 24/7 service for anyone under 19 in the UK with any issue including emotional and mental health.

YoungMinds Textline - free, 24/7 text support for young people across the UK experiencing a mental health crisis, with texts answered by trained volunteers supported by experienced clinical supervisors

Buzz Us Text Messaging Service - confidential advice, support and signposting from a wellbeing worker within one working day via text for young people aged 11-18 across North Yorkshire and York.

There is further information - including health professionals' referral forms - on NHS North Yorks CCG Website .

In our area, there are a range of national and locally-funded support forums for children and young people which are now embedded, including:

<https://thegoto.org.uk/> The Go-To Website - the home of wellbeing and mental health in North Yorkshire. The website helps young people find the right help and support to stay well, whatever is happening in their life.



Wellbeing Support from Bedale High School

There are lots of places you can access help and support...



www.thegoto.org.uk

This is a website developed by the NHS North Yorkshire Clinical Commissioning Group. It is a single point of information that promotes different mental health support services (like a signpost). The website is designed primarily for young people but there is information for parents and carers too.

Contact details:

Mr T Kelly
kellyt@bedalehighschool.org.uk

Mrs V Clayden
claydenv@bedalehighschool.org.uk



Please don't hesitate in contacting Mr Kelly or Mrs Clayden if you have any concerns during the break or if you need support with something.



Text 07520 631168 to start a supportive text conversation with friendly professional support

Another useful resource:

Bedalehighschool.org.uk

↓
Safeguarding

↓
Where to go to for help

History Extra-Curricular club

This club is returning with Miss Tallentire following its popularity from last year. Please encourage your child to come along and discover a new interest, or to just enjoy one they are already passionate about!



**Do you have an interest in History?
JOIN HISTORY CLUB!
Room 1 Tuesdays 3:15-4pm**

JUST 'B' Parent Workshops – Mental Wellbeing

WORRIED ABOUT YOUR CHILD OR TEEN'S MENTAL HEALTH?

FREE WORKSHOPS FOR ANYONE WHO LIVES WITH YOUNG PEOPLE AND WANTS TO HELP THEM IMPROVE THEIR MENTAL WELLBEING.

Empowering parents, guardians and carers in North Yorkshire to feel more confident and skilled in supporting mental health concerns. Workshops - held in Harrogate and Thirsk - will include:

- Suicide prevention awareness.
- Strategies for supporting individual needs.
- Information on accessing and navigating mental health systems.

All workshops will be tailored around needs of parents, guardians or carers. Plus wellbeing support group for young people.

Accessing the workshops:

Parents, guardians and carers can refer themselves. via Just 'B'.

T: (01423) 856 790

E: justbCYP@justb.org.uk

Referrals can also be made via CAMHS, Crisis CAMHS, Early Help Workers and other relevant professional bodies.

Delivered in partnership by:



Funded by:



Humber and North Yorkshire

Health and Care Partnership

BHS Christmas Fayre

Following the huge success of last year's Christmas Fayre at Bedale High School, we are delighted to announce that this year's event will take place on **Friday 18th November 2022 from 1700 to 1900 in the main hall at BHS.**

If you would like to run a stall at this event, please email loughlink@bedalehighschool.org.uk . A table top stall costs just £10 and we kindly request that you also donate a prize to our raffle which will be drawn on the night.

This event is completely free to attend and suitable for the whole family. Why not treat yourself to a festive evening of tasty treats, catching up with friends and getting ahead of the Christmas shopping game?

**BEDALE
HIGH
SCHOOL**

**CHRISTMAS
FAYRE**

**FRIDAY 18TH NOVEMBER 2022
1700 - 1900
FREE ENTRY**

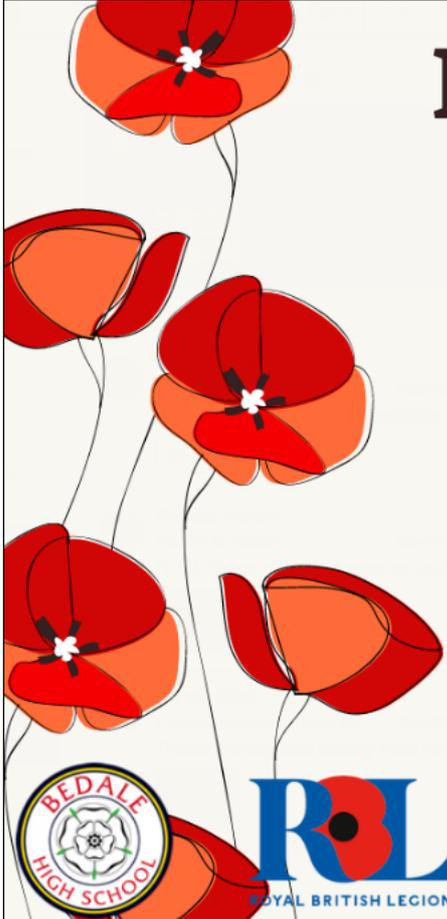
**COME ALONG FOR AN EVENING OF
CHRISTMAS SHOPPING, GREAT FOOD,
FESTIVE MUSIC!**

**IF YOU WOULD LIKE A STALL
AT THIS EVENT, PLEASE
EMAIL
LOUGHLINK@BEDALEHIGHSC
HOOL.ORG.UK**

What's Coming Up?

DATE	EVENT	AUDIENCE
4 th November	Remembrance Service at Ripon Cathedral	Services children who are attending
9 th November	Geog trip to Leeds	Year 11 Geography students
8 th November	WW2 History Primary Enrichment Day	Primary School Visitors
9 th November	Geography Trip to Leeds	Year 11 Geography students
10 th November	Presentation Evening	Award nominees and families
15 th November	Science and DT Primary Enrichment Day	Primary School Visitors
18 th November	Christmas Fayre	All Welcome!
23 rd November	Year 8 Virtual Parent Evening 4-7pm	Year 8 students and parents (more info to follow)
24 th November	Year 11 PPEs begin with Art exam	Year 11 students
25 th November	Teacher Training Day	School closed to all students

Poppy Sales in School



Poppy Appeal

Alongside our Remembrance Day assemblies, we are raising money for the **Royal British Legion**. Poppies will be available for a small donation.

Students will be visiting form groups every morning next week selling poppies - please remember to bring some **cash** if you would like to support the Poppy Appeal.

We remember heroes and what they gave for our tomorrow.




Sporting Update

Miss Temple writes: On the Monday before half-term we hosted the Y5/6 Girls Cluster Primary Football Tournament. We had a brilliant morning with students from 6 primary schools taking part. Our Sports Leaders did a fantastic job (as always) of refereeing the games, scoring and organising results. Well done to Bedale Primary who were the winners of the tournament and Pickhill who were runners up.



Tuesday 18th October:

Netball Success 🏐 A number of players from Y8/9 and 10/11 played in a netball friendly vs Northallerton. Both teams got off to a flying start scoring lots of goals. The courage and commitment from all players was fantastic and there was some excellent netball on display. The y8/9 team won 30-3, whilst the Y10/11 games were very tight (23-21). Well done to Daisy W (Y9) and Aimee B/Niamh H (Y11) who were players of the match for their team. We look forward to playing them again in a couple of weeks.



Wednesday 19th October saw our U16 BHS Yr10 & Yr11 student Rugby team play in a festival against Risedale (Hosts), SFX, Richmond and Wensleydale. It was a great night of rugby enjoyed by all our boys. The BHS boys did their school proud delivering our school's core values in spades which was a fitting tribute to Aaron Bell who designed the Rugby top #commitment #courage #compassion

BHS Art Exhibition

Miss Ackers writes:

Our first ever exhibition at Moorlands Gallery will take place on Tuesday 15th November from 17:00 - 18:30. All of the work has been submitted from our students as part of an Art & Poetry competition. Work will be on display in the gallery until Friday 18th November.

Everyone is welcome to come along to the private view on Tuesday to celebrate our students work and enjoy some refreshments. We hope to see you all there!

9 Market Place, Bedale DL8 1ED

