



BEDALE HIGH SCHOOL

Courage

Commitment

Compassion

Read on for more info on the new Teams app for Homework

Friday 22nd September 2023

Your child's Form Tutor:

Pastoral Support Team:

Miss Bradbury (Head of KS3):

Mrs Clayden (Head of KS4):

SEND & Inclusion Queries (Mrs Knight):

General Queries:

Subject Teacher:

surname + 1st initial @bedalehighschool.org.uk

woodl@bedalehighnyorkssch.onmicrosoft.com

bradburys@bedalehighschool.org.uk

clayden@bedalehighschool.org.uk

knighta@bedalehighschool.org.uk

admin@bedalehighschool.org.uk or call 01677 422419

surname + 1st initial @bedalehighschool.org.uk

Open Evening Next Wednesday



OPEN EVENING FOR YEARS 5 AND 6

Wednesday 27th September 2023

1800 - 2000

We would like to invite all Year 5 and 6 students with their parents/carers to our Open Evening which commences at 1800 with a brief presentation followed by tours of the school led by our Student Ambassador Team.

If you are considering options for secondary education, this is a perfect opportunity for you and your family to look at the school and see what is on offer.



Telephone: 01677 422419

Email: admin@bedalehighschool.org.uk

Website: www.bedalehighschool.org.uk

COURAGE

COMMITMENT

COMPASSION

Parents and Carers will be aware that our numbers are growing again, with our current Year 7 and Year 8 almost 40% bigger than the other three year groups.

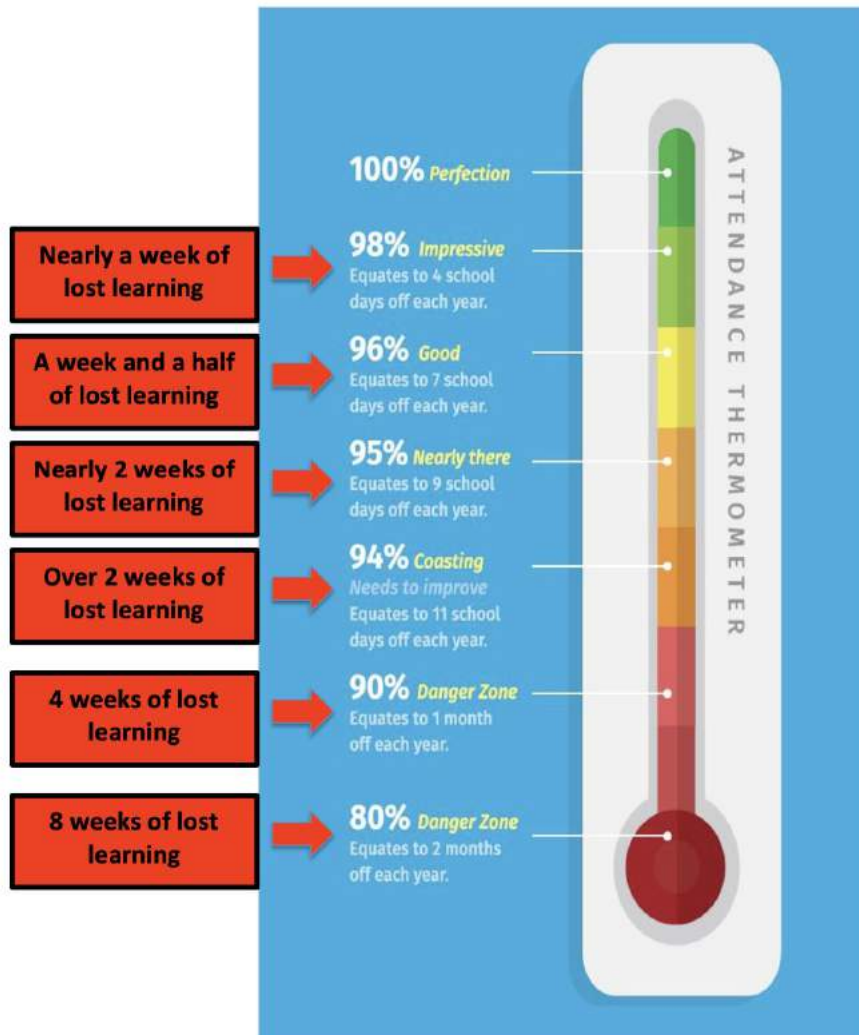
This is a testament to the work that you and your children have supported in recent years, helping us secure a reputation as a good school and the automatic choice for our local families.

A lot of work, led by Mrs Woodward, has been undertaken in recent years to foster fantastic relationships with our feeder primaries, but as always, our best-selling point is when visitors come into school and see your children thriving in a school that places a lot of emphasis on the value of the local community.

Please help us continue this journey by sharing the details of our Open Evening with any friends and neighbours who have primary school children in the local area...we look forward to welcoming them into school next week!

Good Attendance Makes a Positive Difference To All Aspects of School Life

ATTENDANCE THERMOMETER SHOWING THE IMPACT OF ABSENCE ON LEARNING



If you are concerned that your child is not attending school enough, or worried that they are regularly missing days, please contact us for a friendly chat so that we can help you and them overcome any barriers to being in school. We know how difficult this situation can be for some families and have lots of helpful ideas...it starts with a conversation.

Tel. 01677 422419
(Ask for Pastoral, Mrs Hayes, or Mrs Woodward)

Or email: admin@bedalehighschool.org.uk and just ask for someone to contact you.

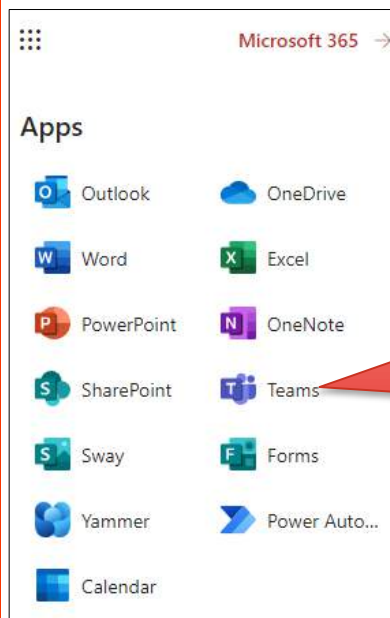
Uniform Issues?

We have a good stock of spare uniform that is clean and ready to wear. Please contact the pastoral team if you are struggling to buy a replacement issue as we can sometimes offer an item through school.

Self-Study – Teams App

All students, including those in year 7, should now be able to access Microsoft Teams. Self-study will now be set via Microsoft Teams. When setting self-study, teachers will firstly inform students in lesson that self-study is being set and Teams will subsequently be used as the platform to record this task.

Students can access Teams by either signing into Teams (<https://www.microsoft.com/en-gb/microsoft-teams/log-in>) or Microsoft 365 (www.office.com) and then selecting Teams from the menus on the left hand side.



The Teams App can be accessed through the Office 365 menu via this grid symbol (usually top left of your page):



They can also download the mobile application to receive push notifications of tasks set.

To sign in, student usernames are their school network username followed by @bedalehighschool.org.uk. Usernames are the year that the student started year 7 followed by the first five letters of surname (or less for shorter surnames) followed by their first initial. For example, a student in year 9 called David Anderson would have the username 21anderd@bedalehighschool.org.uk. Passwords have been set by the students in school and they should know these. If students have issues logging in, they should inform Mr Hughes, Mr Barnes or Mr Dunne.

Once logged into Teams, students can see all their classes from the home page. To access current self-study, they can either click on a class “team” and navigate to the “assignments” page for that class or they can simply click “assignments” on the menus on the left-hand side to see all current assignments.

The method of submission will be explained to students when tasks are set. They will either be completing online quizzes and submitting via Teams, completing work via their device and submitting electronically via Teams or completing written work and teachers will acknowledge receipt of this once handed in. Students can “hand in” work via the blue button found on the bottom right of the page for that particular assignment.

All work set in Teams is visible via the My Child at School app. To view active self-study for your child simply click on the homework page on the app.

We are very aware that this is a new system and we are aware that there will be inevitable teething issues over the next few weeks. If students are unable to access particular self-study tasks, please encourage them to explain this to members of staff and we will solve the issues and find solutions where students have legitimately missed self-study due to access issues. We are also aware of an issue where classwork from Computing lessons is currently appearing as self-study in Bromcom (please ignore this until we find a fix!).

BHS Great European Day of Languages Bake-Off

(Repeated Notice) Miss Jackson writes:

Are you a wonderful baker? Would you like to enter a competition to help celebrate the European Day of Languages on Tuesday September 26th?

If that's a "oui", a "ja" or a "si" read on....

On Tuesday September 26th, we will be celebrating the European Day of Languages. If you would like to bake a cake, simply choose a European recipe or a theme from a European country and bake your cake.

Bring your cake into school on Tuesday 26th to be entered into the competition. The winner and runners up will be chosen by the School Leadership team and prizes given out.

The cakes will then be sold off at a break time bake sale on the Wednesday to raise money for a charity of the winner's choice.

If you need help with a recipe, or you have any questions, pop and see us in Room 10 and 12.

Miss Jackson and Mrs Wilson



2021 – European Day of Languages' 20th anniversary



Great Bake-Off recipe book
20 of the finest!



BHS READING NEWS

Welcome back!

September 2023



LIBRARY SHAKE-UP!



This summer, we gave the library at Bedale High School a bit of a makeover! As well as organising the books into different genres to make it easier for you to find your next exciting read, we have added more books, ordered comfy cushions (reading nest, anyone?) and blackboard paint, offering another way for you to share your recommendations with other students.

It has been wonderful to see so many of our students already making use of the space and enjoying a peaceful read at break and lunchtimes.

Be sure to come along any break or lunchtime to browse the books!



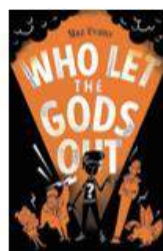
There are lots of exciting events and competitions coming up this year to celebrate reading, writing and speaking and listening. Which ones will you get involved in?

Rotary YOUNG WRITER COMPETITION

September sees the launch of the annual Rotary Young Writer Competition, open to young people aged 7-17. This year, you are invited to produce a story in prose or poetry on the theme of 'Rebuilding'. Deadline: 14th February 2024. Look out for posters around school and see your English teacher or Mrs Cann for more information.



On 27th September, some of our Y7s will take part in a virtual author visit with Maz Evans, famed for her 'Who Let The Gods Out' series. We can't wait to find out more about her new book about Mayan mythology!



READING GOALS!

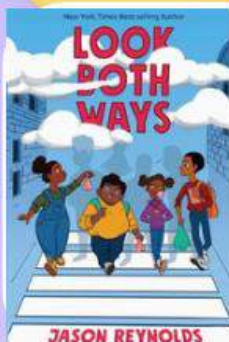
As well as aiming to read for at least 15 minutes every day, why not also try:

- Reading to someone else?
- A new genre?
- Writing your own poem or story? (Check out the Rotary Young Writer Competition for inspo!)

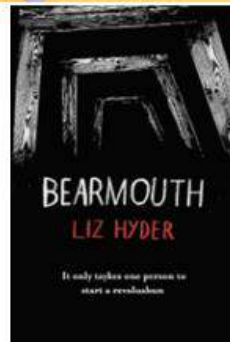
WE WANT TO HEAR FROM YOU!



What are your favourite books? Who are your favourite authors? We want to feature your ideas and recommendations in this newsletter, around school and in our library. Drop an email to Mrs Cann at canns@bedalehighschool.org.uk, pop into the library, or have a chat with your English teacher.



Like short stories?
Try 'Look Both Ways' by New York Times bestselling author, Jason Reynolds. This anthology of 10 stories features a range of characters and adventures, told by friends on their way home from school.



Mrs Cann recommends:
'Bearmouth' immerses you in a dystopian underground world where days are filled with hard labour and memories of the world above ground fade quickly. Will a mysterious newcomer bring hope or danger?



Festive Christmas Fair

**FRIDAY 24TH NOVEMBER
2023**

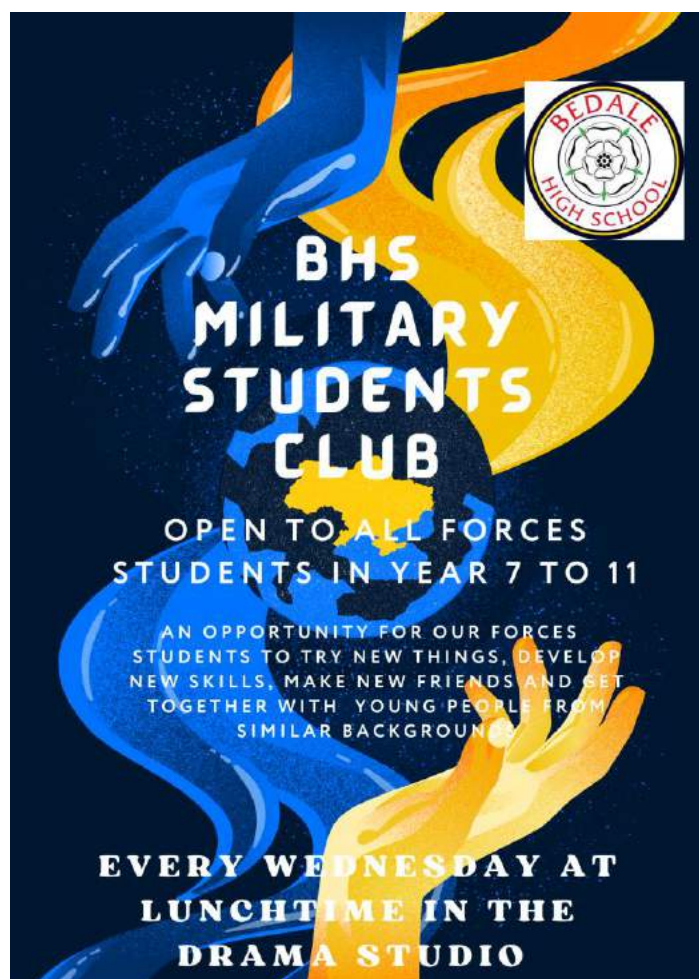
1700 - 1900

**AT
BEDALE HIGH SCHOOL**

ALL WELCOME

FREE ENTRY

If you would like to run a table top
stall at this event please email
pta@bedalehighschool.org.uk




**BHS
MILITARY
STUDENTS
CLUB**

**OPEN TO ALL FORCES
STUDENTS IN YEAR 7 TO 11**

AN OPPORTUNITY FOR OUR FORCES
STUDENTS TO TRY NEW THINGS, DEVELOP
NEW SKILLS, MAKE NEW FRIENDS AND GET
TOGETHER WITH YOUNG PEOPLE FROM
SIMILAR BACKGROUNDS

**EVERY WEDNESDAY AT
LUNCHTIME IN THE
DRAMA STUDIO**




**PAID EXTRA
CURRICULAR
DRAMA
LESSONS**

With Mrs Kate Vaughan

Open to all students in Years 7 to 11

An exciting opportunity to develop skills
in speech and diction, acting and devised
drama through the New Era Academy

Weekly Solo 30 minute lessons - £22.00
Weekly Duo 30 minute lessons - £15.65

TO REQUEST A PLACE FOR YOUR
CHILD, PLEASE EMAIL
WOODL@BEDALEHIGHSCHOOL.ORG.UK




**JOIN OUR
PTFA**

We are looking for
parents and friends to
join our PTFA and
volunteer their time
at various school and
community events
throughout the year

Can you offer your
time, support,
resources, muscle
or good humour?

To find out more about what's
coming up, email
woodl@bedalehighschool.org.uk to
express your interest

It's not all about
serving tea and
coffee!




PE Extra-Curricular Clubs

Monday
Lunchtime - KS4 badminton in the sports hall - Miss Temple
Afterschool - Y7 Football on the MUGA - Mr Bielby
Afterschool - Trampolining for all ages in the GYM - Mrs Clayden

Tuesday
Lunchtime - Basketball in the sports hall - Mr Bielby
After school - Girl Football (week B only) - Miss Goddard (not starting until Tuesday 26th)

Wednesday
Lunchtime - Netball in the sports hall (Y7/8 week A and Y9/10/11 week B) - Miss Temple

Thursday
Lunchtime - Basketball in the sports hall - Mr Bielby

For all lunchtime clubs, students do not need to get changed but must bring trainers. For all after school clubs, students should bring PE kit to change into.

What's Coming Up?

Keep an eye on the changes and updates to events as this table will be updated weekly. I hope that it gives parents and carers an idea of the fantastic range of opportunities and events that are available to BHS students. We firmly believe that the happiest students are the busiest students – the ones who take advantage of the experiences we can offer them...please encourage your child to get involved!

DATE	EVENT	AUDIENCE
25 th Sept	PSHE trip to Bradford (1)	Yr 7 students
27 th Sept	BHS Open Evening	Yr 5 and Yr 6 Parents
28 th Sept	PSHE trip to Bradford (2)	Yr 7 students
4 th Oct	Primary Enrichment Day - Art	Art Subject Ambassadors and local primary students
5 th Oct	PSHE trip to Bradford (3)	Yr 7 students
6 th Oct	Hovercraft Challenge at QE	Some Yr 9 and Yr 10 students
10 th Oct	Assembly with Richmond Sixth Form College	Yr 11 Students
16 th Oct	Visit to DRAX (1) Restart A Heart Day (1)	Yr 10 Science students Yr 7 Students
20 th Oct	Visit to DRAX (2) Restart A Heart Day (2)	Yr 10 Science students Yr 7 Students
23 rd Oct	Primary Enrichment Day History	History Subject Ambassadors and primary students
24 th Oct	Geography Trip to Malham (1)	Year 8 Geog students
25 th Oct	Geography Trip to Malham (2)	Year 8 Geog students
26 th Oct	Geography Trip to Malham (3) Yr 11 Information Evening	Year 8 Geog students Yr 11 Parents and Students

Please do not drive cars into the school carpark at the start and end of school days to drop off or collect students. We do not have the space for this congestion and it presents an additional risk to pedestrians, visitors and students as they arrive and leave school. Thank You.

THEATRE TRIP OPPORTUNITY FOR ALL STUDENTS IN YEARS 9 - 11



The performance is a matinee, beginning at 1430 on Wednesday 15th November 2023. We will travel to Leeds Grand Theatre by coach and the cost of a ticket is £35.00 which will be payable via Parent Pay.

This trip is open to all students across years 9 to 11 and as tickets are limited, they will be allocated by a draw.

If you would like your child to be considered for a place on this trip, please email woodl@bedalehighschool.org.uk by Monday 2nd October 2023

The Wellbeing in Mind Team

Wellbeing in Mind Team



Who we are...

The Wellbeing in Mind Team (WiMT) is a Mental Health Support Team (MHST) which is an NHS service that has been introduced as part of the national plans to expand mental health services for children, young people, and their families within the education setting.

What we do...

We aim to positively impact the mental health and wellbeing of young people by:

- Using low-intensity evidence-based CBT informed interventions for low mood and anxiety.
- Working closely with each school's identified Mental Health Lead (a senior member of the school staff who has received specific training to support this role) to support individual referrals through consultations.
- Supporting schools in developing and maintaining a 'whole school approach' (WSA) which includes delivering assemblies, classroom-based sessions, staff training and workshops covering a range of topics.

Why we do it...

Difficulties you experience in your child and teenage years can affect things like your work, friendships and home life. Having the right support available when and where you need it can help to lessen the impact difficulties like stress or anxiety have on you; both now and in the future.

This team are in school every Tuesday and Friday. They will also be delivering sessions to every Year 7 tutor group this half term.

Wellbeing in Mind Team

Trained mental Health professionals - in school twice a week to support young people with a range of issues.

The iTHRIVE model...

The thrive framework is a national needs-based model that aims to support and improve services for children and young people's mental health

The model conceptualises need in five categories; Thriving, Getting Advice and Signposting, Getting Help, Getting More Help and Getting Risk Support.

The Thrive approach places emphasis on prevention and early intervention, through supporting young people, their families and professionals to be resilient, to be informed about support available, and to understand what they can do to help themselves.



Typically, the pupils the Wellbeing in Mind Team work with fall within the 'Getting Advice' and 'Getting Help' quadrant.

We can support pupils in 'Getting Advice' through supporting them in accessing information and accessing self-help resources. We are also able to support pupils who fall within the 'Getting Help' quadrant, through the delivery of evidence-based intervention sessions.

Compass Buzz Us Service for 11-18s

BUZZ US



BUZZ US is an anonymous and confidential text-messaging service for young people aged 11-18 in North Yorkshire where you can speak to a worker of Compass Phoenix to receive advice, support and signposting for any mental health and wellbeing issues you may have.



BUZZ US

Thank you for messaging in, how can I help you today?

I've been feeling really low in mood for the past few months

I'm sorry to hear this, shall we work through this together and look at some strategies that may help.





**WELLBEING
IN MIND TEAM**

PARENT SESSION ON 3RD OCTOBER 2023 AT 17.30

**The WiMT will present an
hour long MS Teams
session to parents on
Autism Spectrum Disorder
(ASD)**



A supportive and informative session

Topics Covered:

Common characteristics of ASD
What can parents do?
ASD & siblings
ASD & anxiety
ASD, transitions & school
ASD & Girls
Accessing assessment and diagnosis
What support is available in
Hambleton and Richmond

**To book a place please email:
tewv.wimthamandrich@nhs.net**



Leading First
OUTWOOD
ACADEMY EPPINGWOLD



Areté
Learning Trust



THE WENSLEYDALE SCHOOL
& SIXTH FORM
LEYSBURN



St Francis Xavier

Mental Health Signposting

We have now been awarded the NY Healthy Schools Silver Award!

Please visit our updated Mental Health and Wellbeing section on the school website: [Mental Health and Wellbeing at BHS](#)

Wellbeing Support from Bedale High School

There are lots of places you can access help and support...



www.thegoto.org.uk

This is a website developed by the NHS North Yorkshire Clinical Commissioning Group. It is a single point of information that promotes different mental health support services (like a signpost). The website is designed primarily for young people but there is information for parents and carers too.

Contact details:

Mr T Kelly

kellyt@bedalehighschool.org.uk

Mrs V Clayden

claydenv@bedalehighschool.org.uk



Please don't hesitate in contacting Mr Kelly or Mrs Clayden if you have any concerns during the break or if you need support with something.



Text 07520 681368 to start a supportive text conversation with friendly professional support

Another useful resource:

bedalehighschool.org.uk

Signposting

Where to go to for help

Further Information

In our area, there are a range of national and locally-funded support forums for children and young people which are now embedded, including:

<https://thegoto.org.uk/> The Go-To Website - the home of wellbeing and mental health in North Yorkshire. The website helps young people find the right help and support to stay well, whatever is happening in their life.



Healthy Schools
North Yorkshire

Childline - free, confidential, anonymous 24/7 service for anyone under 19 in the UK with any issue including emotional and mental health.

YoungMinds Textline - free, 24/7 text support for young people across the UK experiencing a mental health crisis, with texts answered by trained volunteers supported by experienced clinical supervisors

Buzz Us Text Messaging Service - confidential advice, support and signposting from a wellbeing worker within one working day via text for young people aged 11-18 across North Yorkshire and York.

Self Harm help: Here you can see a link to the [YoungMinds website](#) and a guide aimed at supporting parents who have children who may be self-harming. It is a useful and user-friendly guide which include further ideas for help:

[https://www.youngminds.org.uk/parent/parents-a-z-mental-health-](https://www.youngminds.org.uk/parent/parents-a-z-mental-health-guide/self-harm/)

[guide/self-harm/](#)

There is further information - including health professionals' referral forms - on [NHS North Yorks CCG Website](#).