

# BEDALE HIGH SCHOOL

Courage

Commitment

Compassion

**Yr 11 PPEs start next week...please double check your child's exam timetable (attached) and help them to be organised!**

**Friday 10th November 2023**

**Your child's Form Tutor:**

**Pastoral Support Team:**

**Miss Bradbury (Head of KS3):**

**Mrs Clayden (Head of KS4):**

**SEND & Inclusion Queries (Mrs Knight):**

**General Queries:**

**Subject Teacher:**

**surname + 1<sup>st</sup> initial @bedalehighschool.org.uk**

**woodl@bedalehighschool.org.uk**

**bradburys@bedalehighschool.org.uk**

**claydenv@bedalehighschool.org.uk**

**knighta@bedalehighschool.org.uk**

**admin@bedalehighschool.org.uk or call 01677 422419**

**surname + 1<sup>st</sup> initial @bedalehighschool.org.uk**

## Year 8 Geography Trip To Malham

**Mr Childe writes:** In the final week of the half-term, all of our Year 8 students participated in a Geography fieldtrip to Malham in the Yorkshire Dales National Park. This trip enriched the work that they had been doing during the first half-term for the 'From Rock to Soil' topic. The visits stretched over three days, and whilst the weather was significantly more 'challenging' on Day 3, it was really encouraging to see the level of courage and commitment to brave the elements and complete the 8km circular walk that began with a climb up to see the limestone pavement on top of Malham Cove: a landform that was formed by a waterfall carrying meltwater from glaciers at the end of the last Ice Age more than 12,000 years ago. After lunch, we then went (via the ice cream van) to witness the spectacular landform of Gordale Scar, which contains two waterfalls and has overhanging limestone cliffs over 100 metres high. We then finished our day at the beautiful and atmospheric Janet's Foss waterfall. The students agreed that it was much more engaging and informative seeing a landscape first-hand, and they found the visit to be a very rewarding opportunity to learn outside the classroom.



# New Routines

Some of our parents and families may not be aware that the school has grown significantly over the past year or so. In fact, we now have almost 100 additional students than we did in the summer of 2022. This is a testament to all of the hard work that has been undertaken by students, staff and the families within our school community, and to the actions that have been taken to ensure that BHS is the automatic secondary school of choice for families within our area.




Now that we have had a few weeks to look at the impact of having more bodies in the building, we have, at the start of this week, delivered assemblies to every year group to clarify some new routines that will affect all of us in school on a daily basis. The two key areas that are affected are movement around school and the start/end of lessons. We have scrapped the one-way system that was formerly in place (mainly from Covid), and instead changed to a single file movement system. Any of you who have visited school will understand how narrow our corridors are, and the impact of more and more students coming to us means that we have to manage the regular movement of hundreds of people in a really safe and effective way. I shared with students the rationale behind these decisions, and it is already clear that they are having a positive impact on the school in terms of how it feels during those busy transition times.

We have also tweaked how we aim to start and end lessons to ensure that staff are 'owning their spaces' around the classroom to encourage and promote the calm arrival and departure of students.



I would like to thank our students and staff for the positive response they have given to these changes. It does require more patience at times to allow small queues of students to calmly access stairways and corridors, but these move quickly and more safely than was possible with the previous system. We will continue to review it as it becomes embedded and keep you up to date with any further changes. I have attached some of the key slides from our assemblies here.

BE COURAGEOUS BE COMMITTED BE COMPASSIONATE

- Over the last year or so we have 'grown' by almost 100 additional students
- This adds a lot of extra bodies and noise to our narrow corridors, and changes how the school feels
- We have a growing number of students who struggle to cope with very noisy, busy, crowded environments
- We are about to enter exam season – we want the school to be as calm and as quiet as possible during this time to support students in exams
- We have more and more visitors coming into school: Year 5/6 students; prospective parents; governors; interview candidates; other school staff
- We want school to feel calm at all times
- We have taken feedback from students and staff from last half term and we want to act on this
- Transition time sometimes taking too long at the moment




BE COURAGEOUS BE COMMITTED BE COMPASSIONATE



## So, how does it work?

- SINGLE FILE WALKING AT ALL TIMES (INSIDE) & ON STAIRS**
  - This will ALWAYS be ON THE LEFT
- Bells will now ring for every lesson/transition
- Quiet corridors at all times (single file helps with this too)





BE COURAGEOUS BE COMMITTED BE COMPASSIONATE


### Routines for the Start

- Your teacher will be at the door ('One foot in, One foot out')
- Quick, calm start: books given out and into the Silent Starter

### Routines for the End

- Stand behind desks in silence
- Dismissed row by row/table by table
- Straight into the **single file transition**
- Quickly and Quietly** to your next lesson





# Christmas Fair

Friday 24th November 2023  
(poster attached)

We are looking forward to our Community Christmas Fair which takes place on Friday 24th November from 1700 - 1900 at Bedale High School.

Entry is free and the event is open to both our school and the wider local community.

If you are able to assist us with set up at this event from 1515, please contact [woodwardl@bedalehighschool.org.uk](mailto:woodwardl@bedalehighschool.org.uk)

We have lots of fabulous and varied stalls booked in this year and our school band will also be performing on the night. The event promises to be a wonderful way to inject some festive spirit and kickstart your Christmas Shopping.

# A Christmas Carol

7th and 8th December 2023

Our whole school production this year is the festive classic - 'A Christmas Carol' written by Charles Dickens and adapted by Mark Gatiss.

'Filled with Dickensian atmosphere, prepare to be frightened and delighted in equal measure as you enter the supernatural Victorian world of A Christmas Carol.

Mean-spirited miser Ebenezer Scrooge has an unexpected visit from the spirit of his former business partner Jacob Marley. Bound in chains as punishment for a lifetime of greed, the unearthly figure explains it isn't too late for Scrooge to change his miserly ways in order to escape the same fate, but first he'll have to face three more eerie encounters...'

Tickets will be on sale from Monday 13.11.23 via Eventbrite.

## Year 11 PPEs

The first set of PPE exams for Yr 11 begin next week...which is the perfect opportunity for them to get to know our new Exams Officer - Mrs Terry.

She and Mr Dunne have been hard at work to ensure that all arrangements are in place. At home, we ask for your support as always in helping these students get a healthy balance between taking a really organised and conscientious approach to revision, while also ensuring that they have opportunities for downtime: socialising, sport, hobbies and so on. We know that the students who start early and adopt the 'little but often' approach to revision often end up being the most successful and the least stressed.

I will also take this opportunity to remind you that plenty of help and guidance is available in school for any students who are worried about their exams. This is completely normal and natural - and is part of the motivation and driving force that students can use, with help where needed, to commit to thorough preparation. Exam timetable attached with this newsletter.



**WELLBEING IN MIND TEAM**

**PARENT/ CARER SESSION ON MANAGING EXAM STRESS.**

**ALSO SUITABLE FOR STUDENTS**

THE WELLBEING IN MIND TEAM WORK IN SCHOOLS TO SUPPORT STUDENTS TO IMPROVE THEIR MENTAL HEALTH & WELLBEING

**Wednesday 22nd November 2023**  
6pm until 7pm via MS Teams.

**What is Stress and what does it look like?**  
**What contributes to Stress?**  
**How can we prepare for exams?**  
**How can we cope with exams?**

If you have any questions and to confirm whether you will be attending the online session then please contact Sam Holmes on [teww.wimthamandrich@nhs.net](mailto:teww.wimthamandrich@nhs.net)

 @wellbeinginmind.mhst

The poster features three images: a person studying at a desk, a person talking on a mobile phone, and two people in a discussion. The background is a soft, abstract design with a large blue circle.



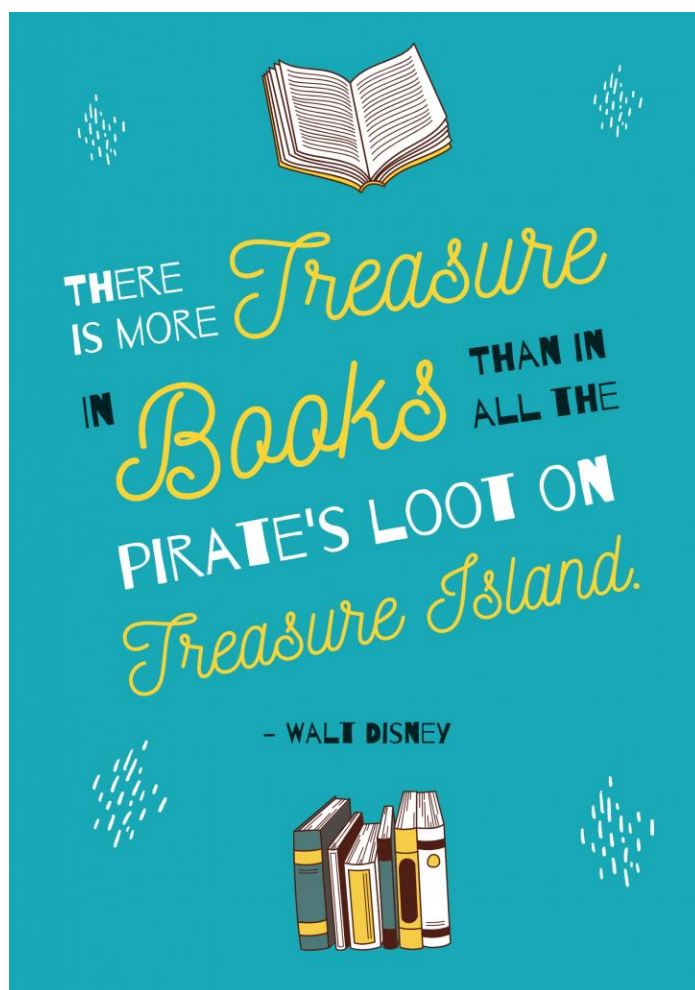
# Join Our Quest to Promote Reading!

Mrs Cann is on a mission - a mission to establish Bedale High School as a place where reading is loved and valued by all of our students. Many of our students already love to read - but it is fair to say that others could read more and enjoy the associated benefits that come from this; from feeling more confident when it comes to tests and exams, to just simply enjoying the wonder of being transported to another world through an amazing story - reading is something that offers us all a huge reward. Mrs Cann has now set up a Scholastic book order so any parents who are considering buying books for their children, can now order through Scholastic, have them delivered for free to school AND help earn free books for the school.

The link is here:

[Bedale High School - Scholastic Shop](#)

The order closes on 30<sup>th</sup> November 2023. Books are meant to be delivered 3 or 4 working days after the order closes, so we should have plenty of time to get them to parents, especially if they are buying books as Christmas presents.

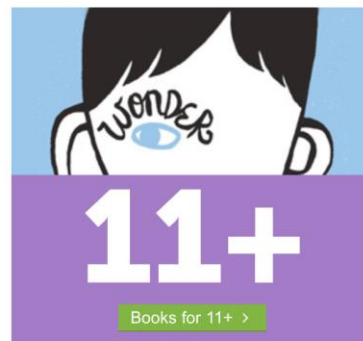


## Bedale High School

Fitzalan Road, Bedale, North Yorkshire, DL8 2EQ ([Not your school?](#))

### BookClubs

Great news - we've got a Book Club order running until **November 30th, 2023!** Get **FREE P+P** to school and help us earn more free books by shopping now.



#### Why shop with Scholastic Book Clubs?

- ✓ Earn free books for your school.
- ✓ Enjoy free delivery to your school.
- ✓ Discover great new books from only £1.99.

# Art <sup>work</sup> week

of the



Ella Dawson  
Year 9

BEDALE HIGH SCHOOL PERFORMING ARTS IS PROUD TO PRESENT

## A CHRISTMAS CAROL

BY CHARLES DICKENS, ADAPTED BY MARK GATISS

**THURSDAY 7TH,  
FRIDAY 8TH DECEMBER 2023**

**1900**

**IN THE MAIN HALL**

TICKETS AVAILABLE VIA EVENTBRITE THIS OCTOBER

'AN AMATEUR PRODUCTION BY ARRANGEMENT WITH NICK HERN BOOKS'



Interested in becoming one of our Midday Supervisors? Email [admin@bedalehighschool.org.uk](mailto:admin@bedalehighschool.org.uk) and join our friendly team of paid lunchtime duty staff

Interested in joining our site team? Check out our caretaker vacancy here:

<https://bedalehighschool.org.uk/staff/recruitment/current-vacancies/>

**JOIN OUR PTFA**

We are looking for parents and friends to join our PTFA and volunteer their time at various school and community events throughout the year

Can you offer your time, support, resources, muscle or good humour?

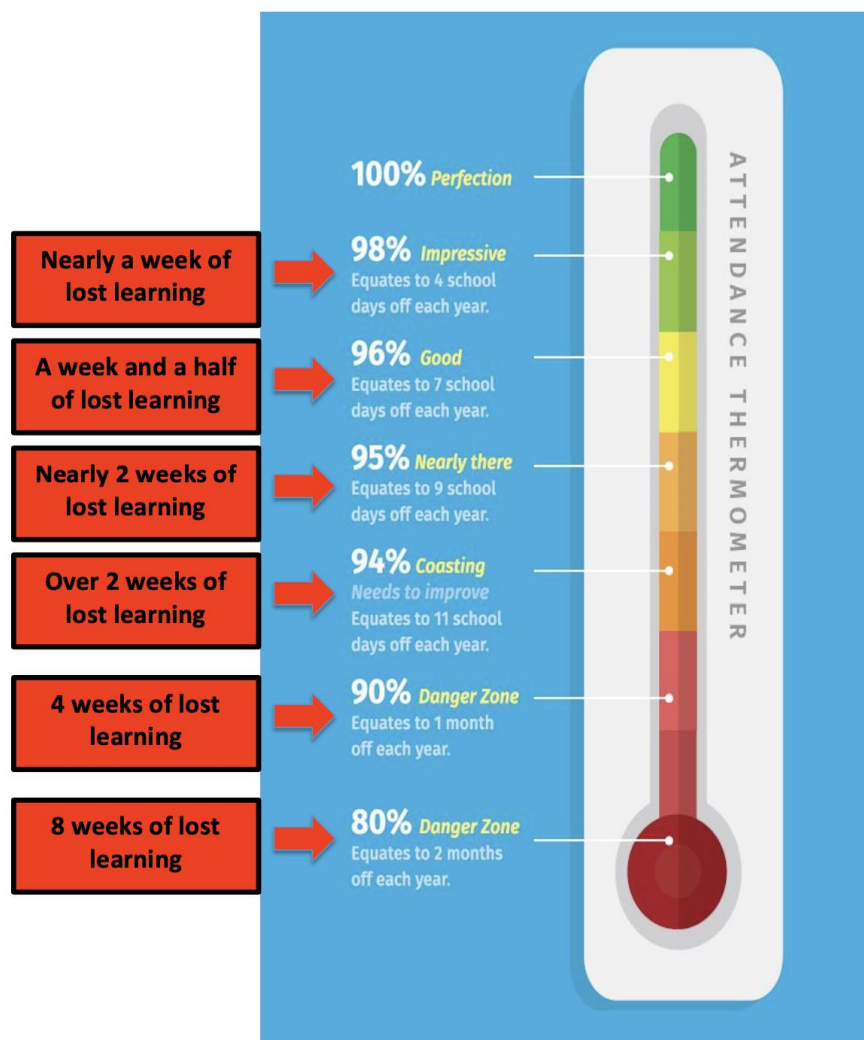
To find out more about what's coming up, email [woodl@bedalehighschool.org.uk](mailto:woodl@bedalehighschool.org.uk) to express your interest

It's not all about serving tea and coffee!



# Attendance Makes a Positive Difference To All Aspects of School Life

## ATTENDANCE THERMOMETER SHOWING THE IMPACT OF ABSENCE ON LEARNING



If you are concerned that your child is not attending school enough, or worried that they are regularly missing days, please contact us for a friendly chat so that we can help you and them overcome any barriers to being in school. We know how difficult this situation can be for some families and have lots of helpful ideas...it starts with a conversation.

Tel. 01677 422419  
(Ask for Pastoral, Mrs Hayes, or Mrs Woodward)

Or email: [admin@bedalehighschool.org.uk](mailto:admin@bedalehighschool.org.uk) and just ask for someone to contact you.

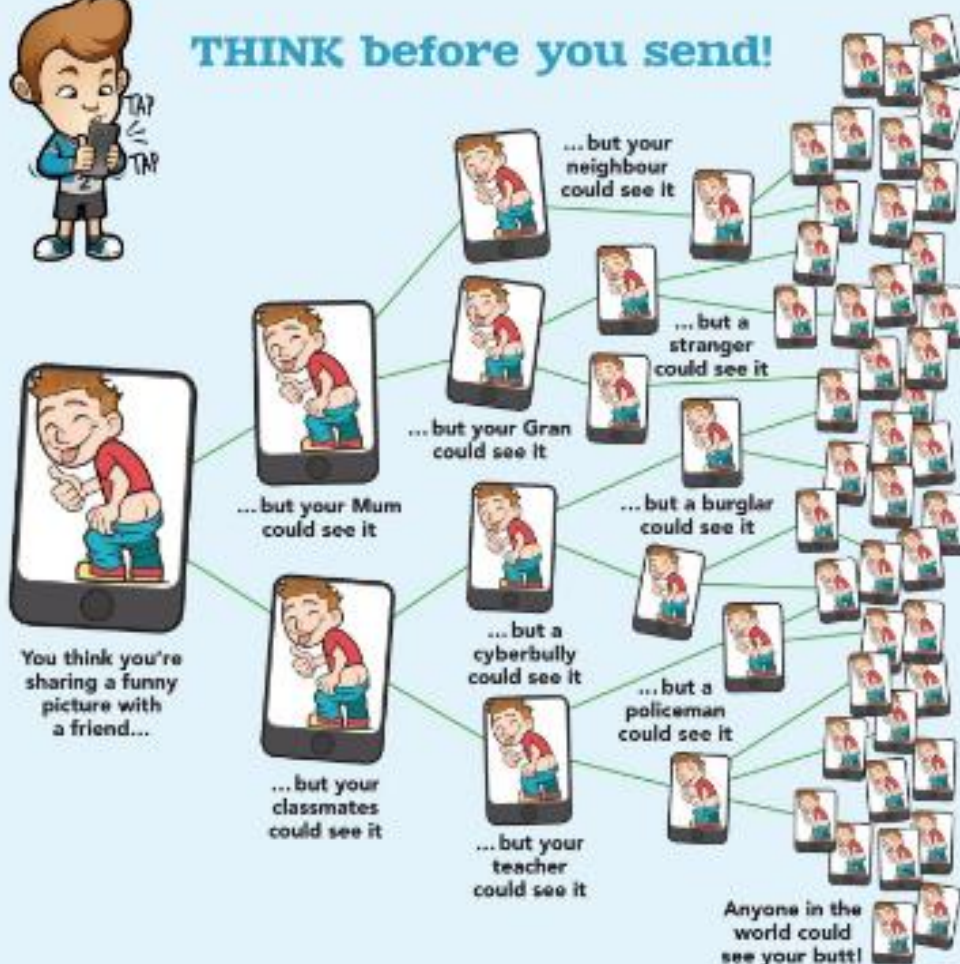
## Uniform Issues?

We have a good stock of spare uniform that is clean and ready to wear. Please contact the pastoral team if you are struggling to buy a replacement issue as we can sometimes offer an item through school.

### Parent Guides to Online Safety



**THINK before you send!**



scan the QR code with your phone's camera for Parent Guides on how to help keep your children safe online



### If you share it, you are involved

**If you have, or forward an indecent image of someone under 18, it is a criminal offence. It can affect your future.**

**Online safety is when young people know who they can tell if they feel upset by something that has happened online.**

**Parents** please contact your school to enquire attending their next e-safety workshop or have any concerns.

Working with Home Office 'PREVENT', The Police and Crime Commissioner and Children's Safeguarding Partnerships to help keep children safe online.

**Skips Educational** Email: [info@skipssed.com](mailto:info@skipssed.com) Tel: +44 121 227 1941

Developed in partnership with



# What's Coming Up at BHS?

Keep an eye on the changes and updates to events as this table will be updated weekly. I hope that it gives parents and carers an idea of the fantastic range of opportunities and events that are available to BHS students. We firmly believe that the happiest students are the busiest students – the ones who take advantage of the experiences we can offer them...please encourage your child to get involved!

DATE	EVENT	AUDIENCE
10 <sup>th</sup> November	Festival of Remembrance - Ripon Cathedral	Service Family Students
13 <sup>th</sup> November	Yr 11 Pre-Public Exams PPEs (1)	Year 11 Students
15 <sup>th</sup> November	Theatre Trip - Everybody's Talking About Jamie	TBC
16 <sup>th</sup> November	BHS Presentation Evening	Award winners and families
17 <sup>th</sup> November	Employability Skills Workshop	Year 9 Students
23 <sup>rd</sup> November	Parent Evening	Year 8 Parents and Students
24 <sup>th</sup> November	Christmas Fair	All welcome!
29 <sup>th</sup> - 30 <sup>th</sup> November	Follow-up Careers Interviews	Year 11 students
30 <sup>th</sup> November	Year 9 reports sent home	Year 9 parents and students

Checkout our school Facebook page for more great achievements and latest news:

<https://www.facebook.com/bedalehighschool>



OPEN TO ALL  
FROM Y7 - Y11!

# DRAMA CLUB



THURSDAY LUNCHTIMES  
AT  
13:30 - 14:00PM  
IN THE DRAMA STUDIO

Are you interested in any aspects of Drama? Would you like a fun, safe space to get involved in more Drama? Luckily for you, Mr. Maddocks is holding a Drama Club for all on Thursday lunchtimes in the Drama Studio! Come along and find out what's happening and how you can get involved! All pupils from Y7 - Y11 are welcome!

**JUST 'B'**

Anxiety, grief, low mood, isolation. . .

**If you want to talk  
we're Hear to Help**

**Call (01423) 856 799**

8am - 8pm, seven days a week

Available seven days a week to all across North Yorkshire.

Calls are charged at local rates. Visit  
<https://bit.ly/localcallcharges>.

Free, confidential support line for adults, young people and children.

We can also offer support for you - or your family and friends - around plans for end of life, including matters relating to bereavement and funerals.

**JUST 'B'**

## OASIS

**COUNSELLING AND EMOTIONAL  
SUPPORT FOR FAMILIES AND  
FRIENDS OF PEOPLE  
WHO GAMBLE.**

If someone close to you gambles, we can give you the emotional support you need.  
Free, confidential service available across North Yorkshire.

### HELPLINE

**0300 303 4434\***

SEVEN DAYS A WEEK, 8AM-8PM

For information on our support, visit [justb.org.uk](https://justb.org.uk)

\*Calls are charged at local rates. Go to [ofcom.org.uk](https://ofcom.org.uk) for call charge guides and check with your mobile provider.



*This service is funded by*  
**GambleAware's Community  
Resilience Fund**

**GambleAware**



# **Festive Christmas Fair**

**FRIDAY 24TH NOVEMBER  
2023**

**1700 - 1900**

**AT  
BEDALE HIGH SCHOOL**

**ALL WELCOME**

**FREE ENTRY**

If you would like to run a table top  
stall at this event please email  
[pta@bedalehighschool.org.uk](mailto:pta@bedalehighschool.org.uk)



# Mental Health Signposting

*We have now been awarded the NY Healthy Schools Silver Award!*

*Please visit our updated Mental Health and Wellbeing section on the school website: [Mental Health and Wellbeing at BHS](#)*

## Wellbeing Support from Bedale High School

There are lots of places you can access help and support...



[www.thegoto.org.uk](http://www.thegoto.org.uk)

This is a website developed by the NHS North Yorkshire Clinical Commissioning Group. It is a single point of information that promotes different mental health support services (like a signpost). The website is designed primarily for young people but there is information for parents and carers too.

### Contact details:

Mr T Kelly

[kellyt@bedalehighschool.org.uk](mailto:kellyt@bedalehighschool.org.uk)

Mrs V Clayden

[claydenv@bedalehighschool.org.uk](mailto:claydenv@bedalehighschool.org.uk)



Please don't hesitate in contacting Mr Kelly or Mrs Clayden if you have any concerns during the break or if you need support with something.



Text 07520 631168 to start a supportive text conversation with friendly professional support

### Another useful resource:

[Bedalehighschool.org.uk](http://Bedalehighschool.org.uk)  
↓  
Safeguarding  
↓  
Where to go to for help

## Further Information

In our area, there are a range of national and locally-funded support forums for children and young people which are now embedded, including:

<https://thegoto.org.uk/> The Go-To Website - the home of wellbeing and mental health in North Yorkshire. The website helps young people find the right help and support to stay well, whatever is happening in their life.



Childline - free, confidential, anonymous 24/7 service for anyone under 19 in the UK with any issue including emotional and mental health.

YoungMinds Textline - free, 24/7 text support for young people across the UK experiencing a mental health crisis, with texts answered by trained volunteers supported by experienced clinical supervisors

Buzz Us Text Messaging Service - confidential advice, support and signposting from a wellbeing worker within one working day via text for young people aged 11-18 across North Yorkshire and York.

Self Harm help: Here you can see a link to the YoungMinds website and a guide aimed at supporting parents who have children who may be self-harming. It is a useful and user-

friendly guide which include further ideas for help:

<https://www.youngminds.org.uk/parent/parents-a-z-mental-health-guide/self-harm/>

There is further information - including health professionals' referral forms - on NHS North Yorks CCG Website .

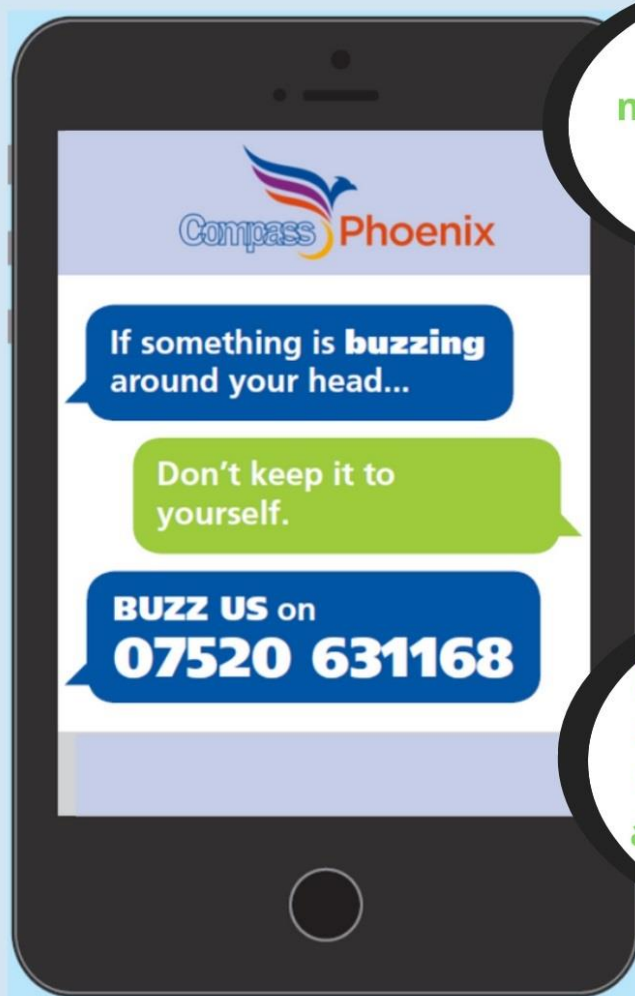


# Compass Buzz Us Service for 11-18s

## ***BUZZ US***



**BUZZ US is an anonymous and confidential text-messaging service for young people aged 11-18 in North Yorkshire where you can speak to a worker of Compass Phoenix to receive advice, support and signposting for any mental health and wellbeing issues you may have.**



**BUZZ US**

Thank you for  
messaging in, how  
can I help you  
today?

I've been feeling  
really low in mood  
for the past few  
months

I'm sorry to hear this,  
shall we work through  
this together and look  
at some strategies that  
may help.

