

Friday 1st December 2023



# BEDALE HIGH SCHOOL

Courage

Commitment

Compassion

Please note that students are back in school as normal on Monday (some students seemed to think that there is another training day but this is not the case)

Your child's Form Tutor:

Pastoral Support Team:

Miss Bradbury (Head of KS3):

Mrs Clayden (Head of KS4):

SEND & Inclusion Queries (Mrs Knight):

General Queries:

Subject Teacher:

surname + 1<sup>st</sup> initial @bedalehighschool.org.uk

[woodl@bedalehighschool.org.uk](mailto:woodl@bedalehighschool.org.uk)

[bradburys@bedalehighschool.org.uk](mailto:bradburys@bedalehighschool.org.uk)

[claydenv@bedalehighschool.org.uk](mailto:claydenv@bedalehighschool.org.uk)

[knighta@bedalehighschool.org.uk](mailto:knighta@bedalehighschool.org.uk)

[admin@bedalehighschool.org.uk](mailto:admin@bedalehighschool.org.uk) or call 01677 422419

surname + 1<sup>st</sup> initial @bedalehighschool.org.uk

## Free School Meals Allowance Project

On Wednesday this week, all of our young researchers who took part in the Free School Meal Allowance Project went to London to launch their report.

During the event, the Young Researchers presented what they had found out in their research, met with MPs and civil servants, and got together with other students to celebrate their work. For some of them, this was their first trip to the capital. They managed to squeeze in a whistle-stop tour of some of the main sites in between reporting duties: Big Ben, Nelson's Column, Covent Garden, Downing Street and the Horse Guards Parade.

This event was organised by The Food Foundation and the 'Fix Our Food' project team from The University of York and the work from this group of students has now been published in 'A Better Deal For Free School Meals' (shown here).

Thanks goes to Imogen, Violette, Isobel, Lara and Tegan for all of their hard work with this project, and also to Mr Childe for organising it, and Mrs Clayden and Mrs Barry for taking charge of the London trip.

Interested in becoming one of our Midday Supervisors?  
Email [admin@bedalehighschool.org.uk](mailto:admin@bedalehighschool.org.uk) and join our friendly team of paid lunchtime duty staff



# A better deal for FREE SCHOOL MEALS

## Authors

Dr Annie Connolly, Professor Maria Bryant, Dr Hannah Brinsden, Tilda Ferree, Dr Sundus Mahdi, Zoe McIntyre  
This report has been written in collaboration with the students who undertook the research.

## Research undertaken by

One In A Million Free School,  
Bradford  
Saira Siddiqua  
Zeshan Ahmed  
Ahsan Ali  
Kashif Khan  
Linda Lukandwa  
Furaha Mapendo

Bedale High School, North Yorkshire  
Imogen Addison  
Violette Bourdais  
Isobel Allinson  
Lara Kelly  
Tegan Selby

Sir Thomas Wharton School,  
Rotherham  
Summer Rose Whittemore  
James Heeley  
Gracie Derbyshire  
Emie Lea Woodroffe  
Alice Slyde  
Millie Falcus

Academy, Halifax  
Lily Wake  
Olivia Crowther  
Zara Ahmed  
Ali Ahmed  
Keira Green

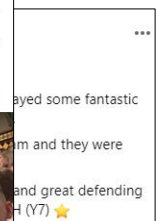
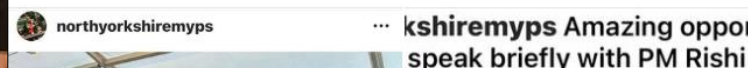
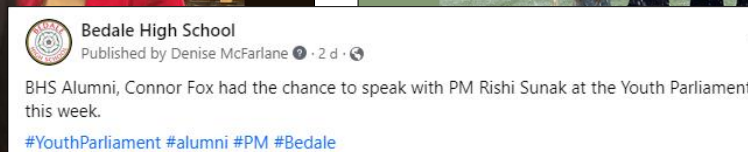
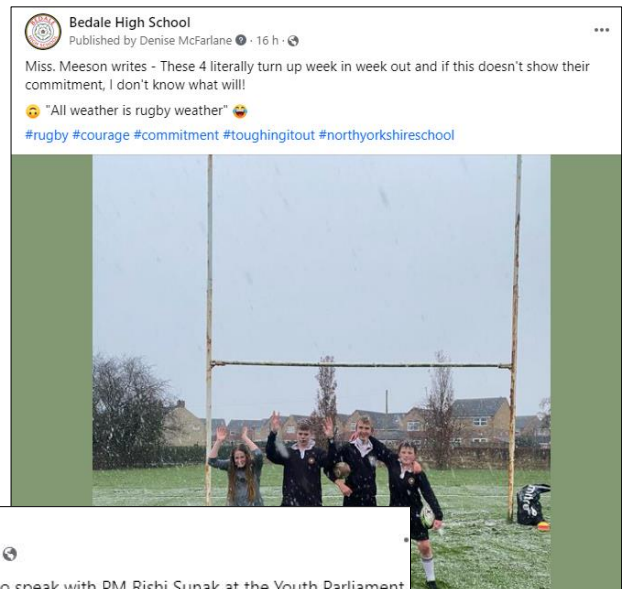
And students from:  
Dixons Allerton Academy, Bradford  
Lawnswood School, Leeds





# Facebook Update...Check out the latest posts:

<https://www.facebook.com/bedalehighschool>





## A collage, by Ava Gilpin Yr 8



## Year 10 Work Experience

A reminder to Yr 10 parents / carers that the Work Experience email, containing the information to download / log-onto the app has now been sent.

All students are required to download this and log-in as soon as possible. Please be aware that it is the student's responsibility to source their own work experience placement, and the deadline for this is Friday 15th December. Any questions come to Mr Childe

[childea@bedalehighschool.org.uk](mailto:childea@bedalehighschool.org.uk)

## School Lockdown Drill

We have been planning for our first Lockdown practice drill which will take place in the final week of term.

Schools are required to plan for a range of emergency situations and we need to establish this as another routine where students and staff know exactly how to respond if it is ever needed – just like a fire drill. Further information will follow, and students will be having assemblies before the event to explain what it is all about. Parents and carers will also be fully briefed on the operational aspects of how this will work.





## Farewell Mrs Knight

I need to inform parents and carers that Mrs Knight will be leaving us at the end of this term. Most of you will know Mrs Knight who has worked as SENDCO and Designated Safeguarding Lead for over 5 years at BHS. She arrived at the school a few months after I did and has been a fabulous servant to our school community. We owe her a great debt of gratitude for the amazing work she has done in supporting our students with their additional needs over this time – a really challenging role when you work in a setting where resources and staffing are limited. And in recent years, post-covid, this landscape has become even more challenging with the additional burden on external agencies often not having the capacity to meet needs as quickly as we would all like. Alison has led the way in transforming our practice and nurturing strong relationships with our families.

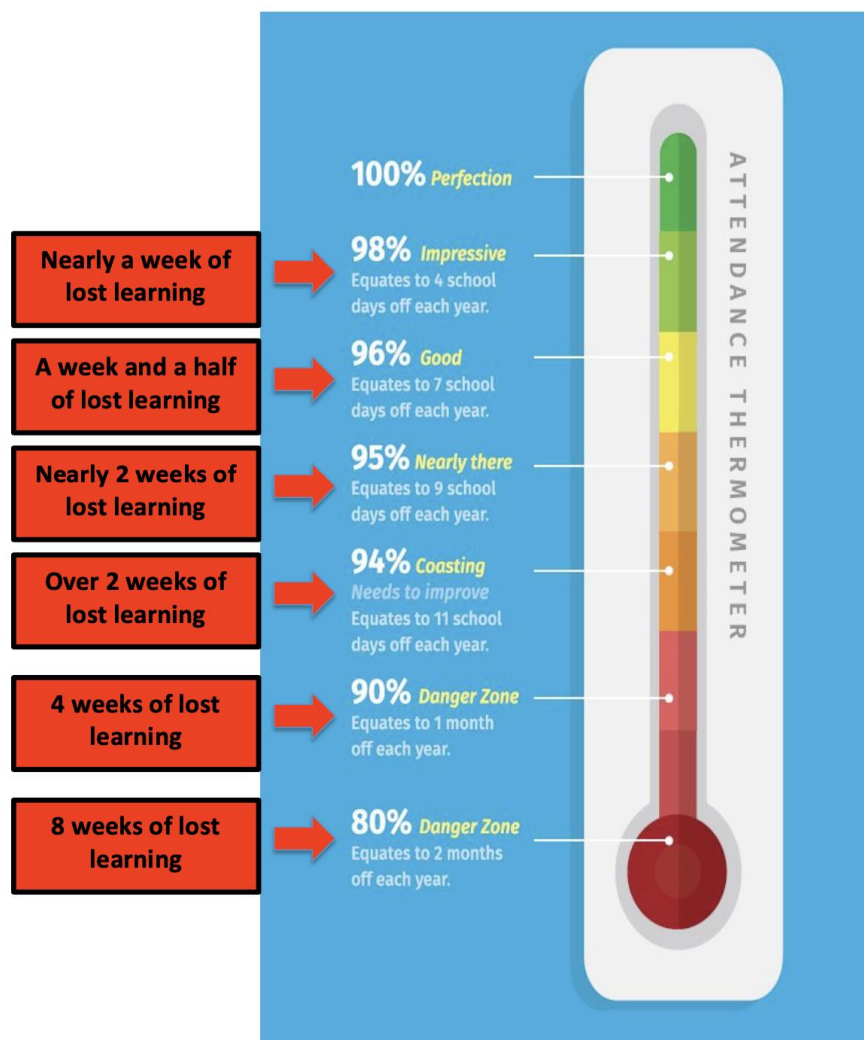
While we are sorry to see her leave, we can also feel some gratification and pride that her experience at BHS has enabled her to secure a role as SENDCO and Assistant Headteacher at another Ofsted Good School: King James School in Knaresborough. I have no doubt that she will be a valuable asset to them.

On a personal note, I thank Alison for her friendship, kindness and patience. She is such a humble person who always thinks of others before herself. I will miss her gentle humour, her sound advice and her compassion. On behalf of all of us – we thank you for all of your hard work and wish you the best of luck with your next position.

We will confirm the arrangements for Alison's replacement very soon. This will be an interim appointment while we recruit for a permanent replacement to begin after Easter. Please rest assured that we will continue to prioritise appropriate support for our most vulnerable learners.

# Attendance Makes a Positive Difference To All Aspects of School Life

## ATTENDANCE THERMOMETER SHOWING THE IMPACT OF ABSENCE ON LEARNING



If you are concerned that your child is not attending school enough, or worried that they are regularly missing days, please contact us for a friendly chat so that we can help you and them overcome any barriers to being in school. We know how difficult this situation can be for some families and have lots of helpful ideas...it starts with a conversation.

Tel. 01677 422419  
(Ask for Pastoral, Mrs Hayes, or Mrs Woodward)

Or email: [admin@bedalehighschool.org.uk](mailto:admin@bedalehighschool.org.uk) and just ask for someone to contact you.

## Uniform Issues?

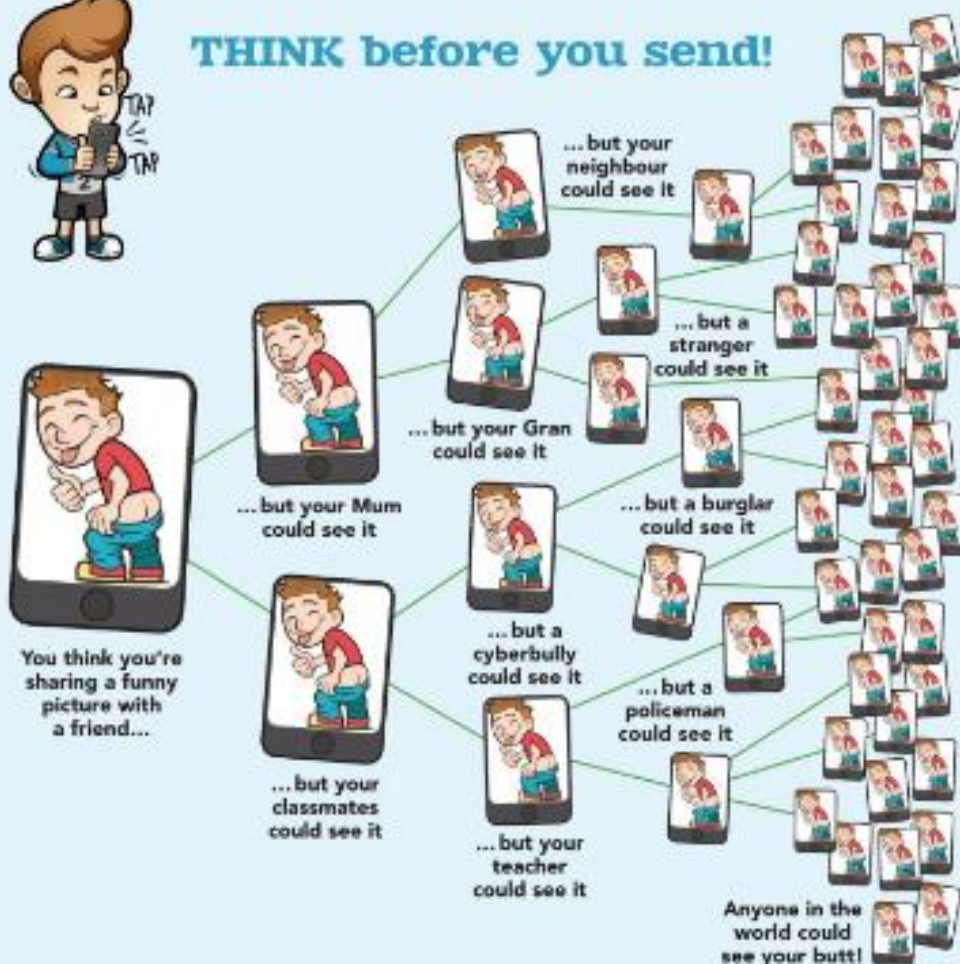
We have a good stock of spare uniform that is clean and ready to wear. Please contact the pastoral team if you are struggling to buy a replacement issue as we can sometimes offer an item through school.



### Parent Guides to Online Safety



**THINK before you send!**



scan the QR code with your phone's camera for Parent Guides on how to help keep your children safe online



### If you share it, you are involved

**If you have, or forward an indecent image of someone under 18, it is a criminal offence. It can affect your future.**

**Online safety is when young people know who they can tell if they feel upset by something that has happened online.**

**Parents** please contact your school to enquire attending their next e-safety workshop or have any concerns.

Working with Home Office 'PREVENT', The Police and Crime Commissioner and Children's Safeguarding Partnerships to help keep children safe online.

**Skips Educational** Email: [info@skipssed.com](mailto:info@skipssed.com) Tel: +44 121 227 1941

Developed in partnership with



# What's Coming Up at BHS?

Keep an eye on the changes and updates to events as this table will be updated weekly. I hope that it gives parents and carers an idea of the fantastic range of opportunities and events that are available to BHS students. We firmly believe that the happiest students are the busiest students – the ones who take advantage of the experiences we can offer them...please encourage your child to get involved!

DATE	EVENT	AUDIENCE
30 <sup>th</sup> November	Year 9 reports sent home	Year 9 parents and students
1 <sup>st</sup> December	Staff Training Day	School Closed to all students
3 <sup>rd</sup> December (Sunday)	Technical Rehearsal for School Production 09.30-15.30	Students in Production
4 <sup>th</sup> December	Technical Rehearsal 2 14.05 - 17.30	Students in Production
5 <sup>th</sup> December	Dress Rehearsal 14.05 - 17.00	Students in Production
6 <sup>th</sup> December	Matinee Performance	Primary School Audience
7 <sup>th</sup> & 8 <sup>th</sup> December	Production Performances 19.00	Public Audience
14 <sup>th</sup> December	Geography Trip to Leeds	Yr 11 Geography Students (see attached letter)
20 <sup>th</sup> December	Reports home to parents	For Year 11 students
22 <sup>nd</sup> December	End of Term Rewards Assemblies	All Students



Checkout our school Facebook page for more great achievements and latest news:

<https://www.facebook.com/bedalehighschool>

CLUB



THURSDAY LUNCHTIMES  
AT  
13:30 - 14:00PM  
IN THE DRAMA STUDIO

involved in more Drama?  
Luckily for you, Mr. Maddocks is holding a Drama Club for all on Thursday lunchtimes in the Drama Studio! Come along and find out what's happening and how you can get involved! All pupils from Y7 - Y11 are welcome!

JUST 'B'

Anxiety, grief, low mood, isolation. . .

**If you want to talk  
we're Hear to Help**

Call (01423) 856 799

8am - 8pm, seven days a week

Available seven days a week to all across North Yorkshire.

Calls are charged at local rates. Visit  
<https://bit.ly/localcallcharges>.

Free, confidential support line for adults, young people and children.

We can also offer support for you - or your family and friends - around plans for end of life, including matters relating to bereavement and funerals.

JUST 'B'

OASIS

COUNSELLING AND EMOTIONAL  
SUPPORT FOR FAMILIES AND  
FRIENDS OF PEOPLE  
WHO GAMBLE.

If someone close to you gambles, we can give you the emotional support you need.  
Free, confidential service available across North Yorkshire.

HELPLINE

0300 303 4434\*

SEVEN DAYS A WEEK, 8AM-8PM

For information on our support, visit [justb.org.uk](https://justb.org.uk)

\*Calls are charged at local rates. Go to [ofcom.org.uk](https://ofcom.org.uk) for call charge guides and check with your mobile provider.



This service is funded by  
**GambleAware's Community  
Resilience Fund**

**GambleAware**

# Mental Health Signposting

*We have now been awarded the NY Healthy Schools Silver Award!*

*Please visit our updated Mental Health and Wellbeing section on the school website: [Mental Health and Wellbeing at BHS](#)*

## Wellbeing Support from Bedale High School

There are lots of places you can access help and support...



[www.thegoto.org.uk](http://www.thegoto.org.uk)

This is a website developed by the NHS North Yorkshire Clinical Commissioning Group. It is a single point of information that promotes different mental health support services (like a signpost). The website is designed primarily for young people but there is information for parents and carers too.

### Contact details:

Mr T Kelly

[kellyt@bedalehighschool.org.uk](mailto:kellyt@bedalehighschool.org.uk)

Mrs V Clayden

[claydenv@bedalehighschool.org.uk](mailto:claydenv@bedalehighschool.org.uk)



Please don't hesitate in contacting Mr Kelly or Mrs Clayden if you have any concerns during the break or if you need support with something.



Text 07520 631168 to start a supportive text conversation with friendly professional support

### Another useful resource:

[Bedalehighschool.org.uk](http://Bedalehighschool.org.uk)  
↓  
Safeguarding  
↓  
Where to go to for help

## Further Information

In our area, there are a range of national and locally-funded support forums for children and young people which are now embedded, including:

<https://thegoto.org.uk/> The Go-To Website - the home of wellbeing and mental health in North Yorkshire. The website helps young people find the right help and support to stay well, whatever is happening in their life.



**Healthy Schools**  
North Yorkshire

Childline - free, confidential, anonymous 24/7 service for anyone under 19 in the UK with any issue including emotional and mental health.

YoungMinds Textline - free, 24/7 text support for young people across the UK experiencing a mental health crisis, with texts answered by trained volunteers supported by experienced clinical supervisors

Buzz Us Text Messaging Service - confidential advice, support and signposting from a wellbeing worker within one working day via text for young people aged 11-18 across North Yorkshire and York.

Self Harm help: Here you can see a link to the YoungMinds website and a guide aimed at supporting parents who have children who may be self-harming. It is a useful and user-

friendly guide which include further ideas for help:

<https://www.youngminds.org.uk/parent/parents-a-z-mental-health-guide/self-harm/>

There is further information - including health professionals' referral forms - on NHS North Yorks CCG Website .

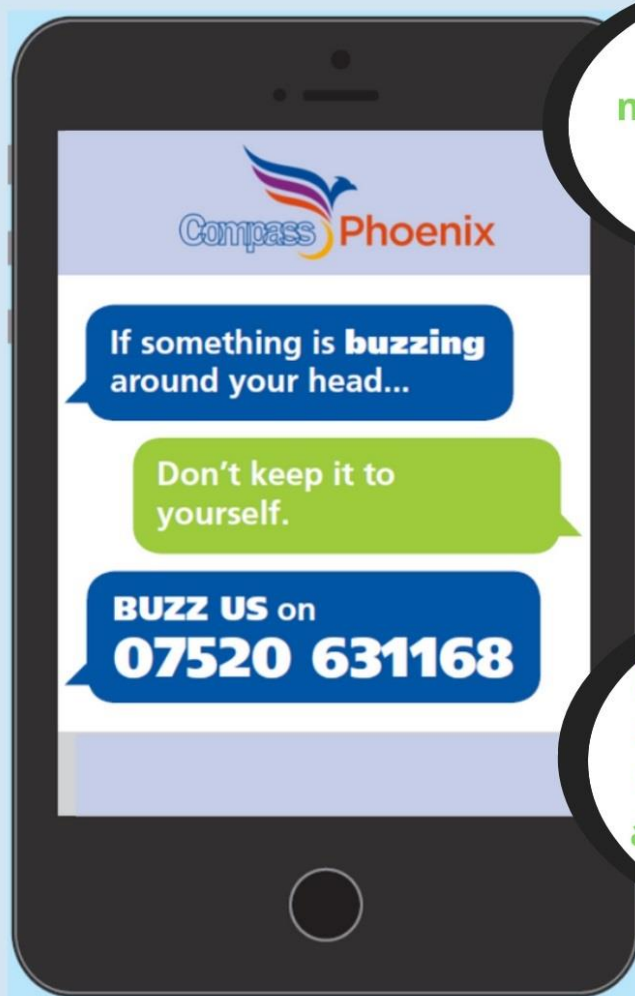


# Compass Buzz Us Service for 11-18s

## ***BUZZ US***



BUZZ US is an anonymous and confidential text-messaging service for young people aged 11-18 in North Yorkshire where you can speak to a worker of Compass Phoenix to receive advice, support and signposting for any mental health and wellbeing issues you may have.



**BUZZ US**

Thank you for messaging in, how can I help you today?

I've been feeling really low in mood for the past few months

I'm sorry to hear this, shall we work through this together and look at some strategies that may help.

