

Friday 1<sup>st</sup> March 2024



# BEDALE HIGH SCHOOL

Courage

Commitment

Compassion

Your child's Form Tutor:	surname + 1 <sup>st</sup> initial @bedalehighschool.org.uk
Pastoral Support Team:	woodl@bedalehighschool.org.uk
Miss Bradbury (Head of KS3):	bradburys@bedalehighschool.org.uk
Mrs Clayden (Head of KS4):	claydenv@bedalehighschool.org.uk
SEND & Inclusion Queries (Mrs Clayden):	claydenv@bedalehighschool.org.uk
General Queries:	admin@bedalehighschool.org.uk or call 01677 422419
Subject Teacher:	surname + 1 <sup>st</sup> initial @bedalehighschool.org.uk

## Student Leadership

This week and next week we are holding assemblies to celebrate and acknowledge the work of student leaders across the school. A couple of years ago, we re-launched this to ensure that all students would have the opportunities to represent school in a position of responsibility, within a range of contexts. We wanted to create something which would hold appeal for students from all backgrounds, whatever interest or passion they may have, regardless of their academic ability. The 'new' system is now thriving. We have almost 230 student leaders in school, and the number continues to rise as others sign up for different initiatives. Here is a reminder of the key roles:

**School Ambassador:** These tend to be the students who like to be involved in general helping roles. You will see them at school shows, taking you to your seats, or at parent evenings signing you in and greeting you, or assisting with refreshments at other events. They do tours and act as our interface with guests and visitors.

**Subject Ambassador:** These students are linked to specific subject areas which they feel passionate about. They support curriculum-based events in these areas, so they might be one of the helpers in Science, for example, at Open Evening, or they may be supporting a curriculum engagement day with a local primary school.

**Student Council:** Every tutor group has two student council representatives. They meet with Mr Childe regularly, and present their priorities to the senior leadership team every term. Have recently discussed things like summer uniform and wellbeing support for students.

**Sports Leaders:** We do a lot of work with primaries supporting their sport provision and running sporting events and competitions at the school. These students help with these events, often leading small groups of students in activities.

**Peer Leaders:** These students will have a key role to play in the transition of new Year 7s as they arrive in school. They may act as linked 'buddies', or support those who are a little more nervous about the move, or link to a specific Year 7 tutor group as another friendly face that they can access.

There are also other opportunities to be involved in projects and events in Music, Art, Drama etc. All of which help to give confidence and promote that feeling of being part of something together. Please encourage your child to ask about opportunities if they are interested.

# National Careers Week

On Tuesday we will be having a careers themed day in school as part of national careers week. This will involve students in Yrs 7-10 who will have lessons throughout the day linking their curriculum to future career pathways.

Students will also

have access to a Virtual Careers Fair - the link for this is here:

<https://ncw2024.co.uk/> . We hope to hold this as another face to face event next year.

Parents and carers may also want to take a look at the Careers section of our school website which outlines the provision available to students as we support them through school in exploring potential future pathways: [Careers > Bedale High School](#) .

## National Careers Week 2024

### VIRTUAL Careers Fair.

4th - 9th March 2024

- ✿ Getting Started
- 🖥 Information for Educators
- 👤 Information for Sponsors
- 🎓 Information for Students
- 📧 Subscribe for Updates

## MILITARY STUDENTS EASTER BAKING SESSION

MONDAY 11TH  
MARCH 2024

1510 -1615



ALL INGREDIENTS  
PROVIDED.  
TAKES PLACE IN THE  
FOOD TECH ROOM.

STUDENTS WILL NEED  
TO BRING A  
TUPPERWARE BOX  
WITH THEM TO TAKE  
THEIR BAKES HOME IN

**OPEN TO ALL MILITARY STUDENTS  
IN YEARS 9,10 AND 11**  
SIGN UP WITH MRS WOODWARD IN THE DRAMA  
STUDIO BEFORE WEDNESDAY 6.3.24

The logo for the Service Children's Community Choir is a circular emblem with a blue border. Inside, it says 'SERVICE CHILDREN'S COMMUNITY CHOIR' around a central image of children singing. Below the logo are several circular photographs of choir members, including a woman labeled 'Beki' and a girl labeled 'Angela'.

Service Children's Community Choir  
Open to all children age 6-16 years old  
£1.50 per session  
Rehearsals held at Le Cateau School Hall  
every Tuesday evening 6-7.30pm  
Join us for a free taster session or  
visit our website  
[servicechildrenscommunitychoir.co.uk](https://servicechildrenscommunitychoir.co.uk)  
for further information and to join our choir!

Contact [servicechildrenscommunitychoir@gmail.com](mailto:servicechildrenscommunitychoir@gmail.com)



**UPCOMING AUDITIONS**

**A MIDSUMMER  
NIGHT'S DREAM**

**Monday 11th March  
2024**

**1505 - 1630 in the Main Hall**  
**Open to all students in Years 7 to 10**





# Sport Updates

On Monday, Bedale Y7s faced Stokesley School in the semi-final of the Hambleton and Richmondshire Area cup, a school 3 times the size of Bedale with a Y7 intake of almost 200. Drawing from a catchment area including large parts of Teesside, matches against the visitors are always difficult.

Winning the toss, the visitors showed their class going into a convincing 2-0 lead and the inevitable seemed likely. However, the boys dug in and following a strong shot on goal from Freddie which the goalkeeper could only parry, Lewis tapped in from close range. Stokesley went into a 3-1 half time lead and the discussion at half time between the home team players was very sensible and encouraging. The boys came out with their tail between their legs and reduced the deficit with a long-range effort from Harry. Freddie almost scored from close range and a speculative long range shot from Leo N nearly created the equaliser. Whilst pushing to reduce the arrears, Stokesley broke away to make it 4-2 only for Leo N to score direct from a corner to make it 3-4. By now, this was a ding-dong, end to end game which either team could have won. Unfortunately, Stokesley went on to make it 5-3 and it was assumed that was game over but, Bedale came back to make it 4-5 with a close range shot from Freddie. Pushing for the equaliser, Stokesley broke away in the last minute to make it 6-4 to book their place in the final against Richmond School. For a Y7 team to keep going behind, heads could have dropped and arguments start but this wasn't the case in this game. The boys all worked hard for each other and showed great sportsmanship especially when shaking hands with their opponents at the end and wishing them luck in the final.

The Y8s match was played in great spirit and it was a very competitive game throughout. Stokesley started brighter and they put BHS under a lot of pressure, however, a combination of frantic defending and some excellent saves from keeper Tyler kept the match at 1v0. BHS were incredibly unlucky not to score towards the end of the half through Jacob. His 20-yard shot was impressively tipped around the post by the Stokesley keeper. Early in the 2nd half there was controversy as the referee awarded a goal for Stokesely with BHS keeper claiming the whole ball hadn't gone over the line. BHS always looked threatening going forwards with the lively pair of Jacob and Will R, who were both unlucky not to score during our best phase of the game. Sadly, the game got away from us and we conceded two late goals. Riley's unbelievable 40-yard effort hit the crossbar late on but BHS did score a deserved consolation goal from Ollie who lobbed the keeper with his weaker foot from 25-yards out. Although we lost 4v1, there was so many positives to take away. The player of the match could have gone to several players, however, Jacob was outstanding throughout the match, always looking lively and threatening up front. Well done.

Photos are the players of the match from each team: Leo and Jacob. Well played.



**RUGBY:** On Thursday 29 February, 35 boys from Y7-10 competed in the area rugby 7s festival which was kindly hosted by Wensleydale RUFC. All the BHS teams had a mixture of experienced club players to players who have little to no playing experience apart from playing in their Games lessons. All the boys thoroughly enjoyed the afternoon of fast flowing rugby and a special mention must go to the Y7 and Y10 teams who both came runners up in their respective leagues, which was an unbelievable effort. Sadly, we had a few injuries so wish them a speedy recovery.

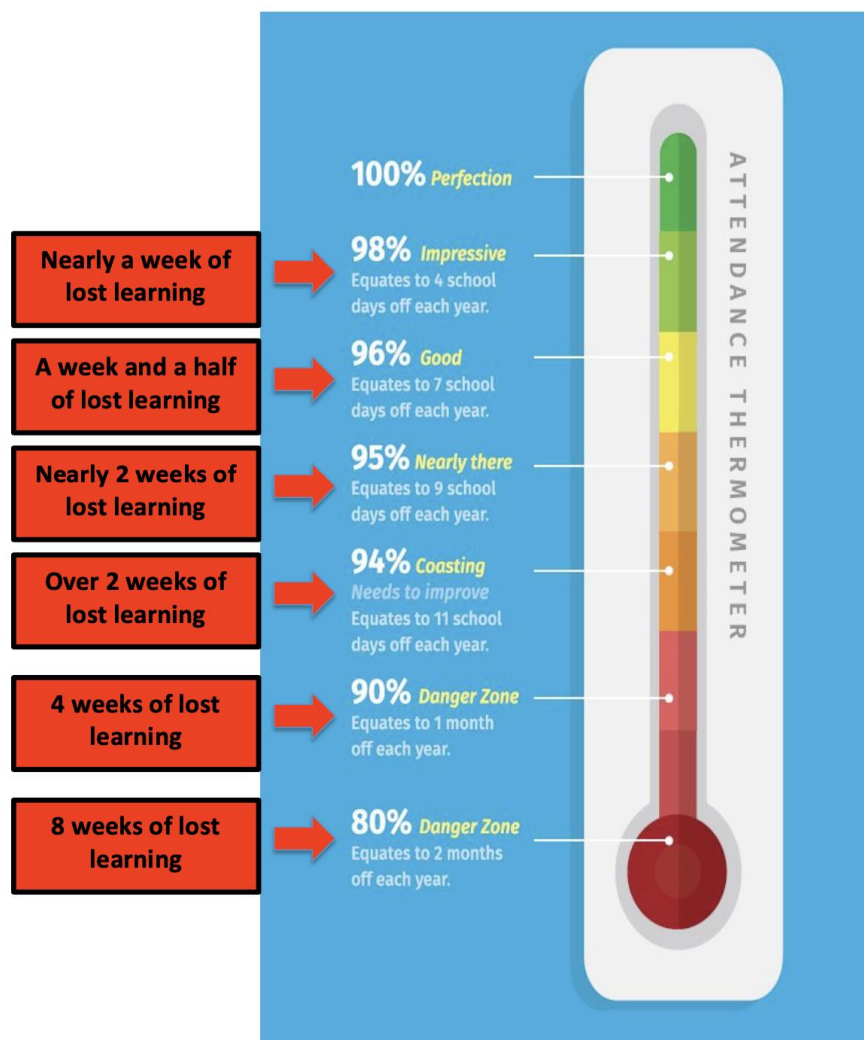






# Attendance Makes a Positive Difference To All Aspects of School Life

## ATTENDANCE THERMOMETER SHOWING THE IMPACT OF ABSENCE ON LEARNING



If you are concerned that your child is not attending school enough, or worried that they are regularly missing days, please contact us for a friendly chat so that we can help you and them overcome any barriers to being in school. We know how difficult this situation can be for some families and have lots of helpful ideas...it starts with a conversation.

Tel. 01677 422419

(Ask for Pastoral, Mrs Hayes, or Mrs Woodward)

Or email:

[admin@bedalehighschool.org.uk](mailto:admin@bedalehighschool.org.uk) and just ask for someone to contact you.

## Looking for some support with parenting teens?

- <https://thegoto.org.uk/im-a-parent-or-carer/parenting-teenagers/>
- <https://thegoto.org.uk/im-a-parent-or-carer/>



# Missing SCHOOL

=

# Missing OUT



**#ATTENDANCEMATTERS**



# **New Session** on offer to support



**WELLBEING  
IN MIND TEAM**

**PARENT/CARER SUPPORT  
SESSION ON ATTENTION  
DEFICIT AND HYPERACTIVITY  
DISORDER (ADHD) - 12TH  
MARCH 2024 AT 17.30PM -  
18.30PM ACCESS VIA MS  
TEAMS.**



## **Topics Covered:**

Common characteristics of ADHD  
What can parents do?  
ADHD & sleep  
ADHD & girls  
Accessing assessment and  
diagnosis  
What support is available locally.

**To book a place please email;  
[tewv.wimthamandrich@nhs.net](mailto:tewv.wimthamandrich@nhs.net)**



# What's Coming Up at BHS?

Keep an eye on the changes and updates to events as this table will be updated weekly. I hope that it gives parents and carers an idea of the fantastic range of opportunities and events that are available to BHS students. We firmly believe that the happiest students are the busiest students – the ones who take advantage of the experiences we can offer them...please encourage your child to get involved!

DATE	EVENT	AUDIENCE
5 <sup>th</sup> March	Careers Day	All year groups
11 <sup>th</sup> - 13 <sup>th</sup> March	Geography Trip to Flamborough	Year 7s (see attached letter)
11 <sup>th</sup> March	Auditions for A Midsummer's Night Dream	All interested students
15 <sup>th</sup> March	Red Nose Day	All students (more info to follow)
20 <sup>th</sup> March	Reports to Parents	Yr 11s
20 <sup>th</sup> - 24 <sup>th</sup> March	Iceland Trip	Yr 10 and Yr 11s

If you would like to share any of your child's achievements with us in the newsletter, please email pics and a brief summary to [admin@bedalehighschool.org.uk](mailto:admin@bedalehighschool.org.uk).

We love to celebrate and share these with them and the wider community



Please visit our updated *Mental Health and Wellbeing* section on the school website: [\*Mental Health and Wellbeing at BHS\*](#)

## Wellbeing Support from Bedale High School

There are lots of places you can access help and support...



[www.thegoto.org.uk](http://www.thegoto.org.uk)

This is a website developed by the NHS North Yorkshire Clinical Commissioning Group. It is a single point of information that promotes different mental health support services (like a signpost). The website is designed primarily for young people but there is information for parents and carers too.

### Contact details:

Mr T Kelly

[kellyt@bedalehighschool.org.uk](mailto:kellyt@bedalehighschool.org.uk)

Mrs V Clayden

[claydenv@bedalehighschool.org.uk](mailto:claydenv@bedalehighschool.org.uk)



Please don't hesitate in contacting Mr Kelly or Mrs Clayden if you have any concerns during the break or if you need support with something.



Text 07520 631168 to start a supportive text conversation with friendly professional support

### Another useful resource:

[Bedalehighschool.org.uk](http://Bedalehighschool.org.uk)

↓  
Safeguarding

↓  
Where to go to for help

## Further Information

In our area, there are a range of national and locally-funded support forums for children and young people which are now embedded, including:

<https://thegoto.org.uk/> The Go-To Website - the home of wellbeing and mental health in North Yorkshire. The website helps young people find the right help and support to stay well, whatever is happening in their life.



Childline - free, confidential, anonymous 24/7 service for anyone under 19 in the UK with any issue including emotional and mental health.

YoungMinds Textline - free, 24/7 text support for young people across the UK experiencing a mental health crisis, with texts answered by trained volunteers supported by experienced clinical supervisors

Buzz Us Text Messaging Service - confidential advice, support and signposting from a wellbeing worker within one working day via text for young people aged 11-18 across North Yorkshire and York.

Self Harm help: Here you can see a link to the YoungMinds website and a guide aimed at supporting parents who have children who may be self-harming. It is a useful and user-

friendly guide which include further ideas for help:

<https://www.youngminds.org.uk/parent/parents-a-z-mental-health-guide/self-harm/>

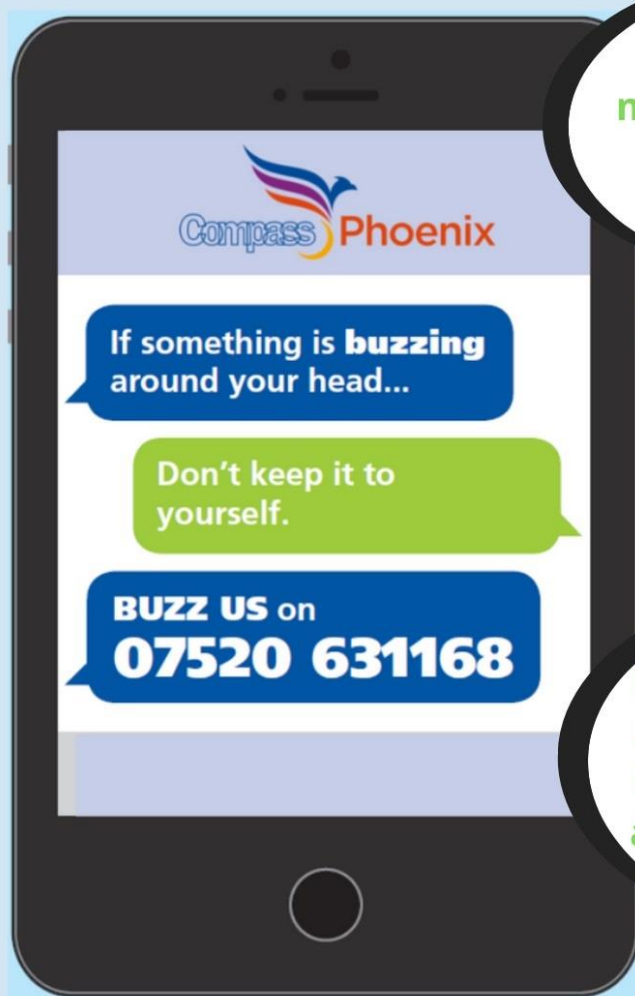
There is further information - including health professionals' referral forms - on NHS North Yorks CCG Website .

# Compass Buzz Us Service for 11-18s

## ***BUZZ US***



BUZZ US is an anonymous and confidential text-messaging service for young people aged 11-18 in North Yorkshire where you can speak to a worker of Compass Phoenix to receive advice, support and signposting for any mental health and wellbeing issues you may have.



**BUZZ US**

Thank you for messaging in, how can I help you today?

I've been feeling really low in mood for the past few months

I'm sorry to hear this, shall we work through this together and look at some strategies that may help.

