

Friday 26th April 2024



# BEDALE HIGH SCHOOL

Courage

Commitment

Compassion

Your child's Form Tutor:

Pastoral Support Team:

Miss Bradbury (Head of KS3):

Mrs Clayden (Head of KS4):

SEND & Inclusion Queries (Mrs Clayden):

General Queries:

Subject Teacher:

surname + 1<sup>st</sup> initial @bedalehighschool.org.uk

[woodl@bedalehighschool.org.uk](mailto:woodl@bedalehighschool.org.uk)

[bradburys@bedalehighschool.org.uk](mailto:bradburys@bedalehighschool.org.uk)

[claydenv@bedalehighschool.org.uk](mailto:claydenv@bedalehighschool.org.uk)

[claydenv@bedalehighschool.org.uk](mailto:claydenv@bedalehighschool.org.uk)

[admin@bedalehighschool.org.uk](mailto:admin@bedalehighschool.org.uk) or call 01677 422419

surname + 1<sup>st</sup> initial @bedalehighschool.org.uk

## Service Children's Awards

2024 marks the inaugural Service Children Awards, shining a spotlight on the extraordinary achievements and contributions of Service Children and their dedicated supporters in North Yorkshire.

There are a range of categories with some specifically for children, and others for adults or organisations.

Our amazing school band were invited to perform at the event on Thursday this week - it took place at Tennants in Leyburn.

They performed with true courage and demonstrated amazing resilience, complete professionalism and a real zest for live performance!

The event was amazing and everyone agreed it was the best school day ever.



Well done to the band! You were awesome!

Congratulations to Luke in Year 10 who was presented with the Creativity Award. Luke won this award for his absolute dedication to our school stage crew over the past few years. Congratulations Luke - we are extremely proud of you! Thank you to Mrs Woodward for organising, and Mr Laughton and Mr Douglas-Howse for their supporting work.





# Peer Assembly

Mrs Woodward writes:

I am grateful to the four students from Year 10 who have given up a considerable amount of their free time in recent weeks in order to plan, organise and deliver an assembly to all of our Year 7 girls on Thursday morning this week. The assembly was aimed at sharing some advice and words of wisdom about school and how our Year 7 girls could become the best versions of themselves.



They touched on the importance of having high personal standards in key aspects of school life such as uniform, attendance and engagement with lessons.

The girls will continue to be involved in some follow-up work, and potentially some one-to-one mentoring (with appropriate training and staff guidance).

Well done to Evelyn, Sophia, Nicole and Faith for the work they have put into this.

## Year 10 Exams

Mr Dunne will be sending a letter later today which includes the key information for parents and students regarding the forthcoming exams for Year 10. This year, we are interspersing them across the Year 11 GCSEs to make the most efficient use of external invigilators, and to reduce disruption to the normal curriculum. All core subjects will have exams in the exam hall, whereas non-core subjects will arrange for students to complete assessments in class.

The key purpose of these exams is to give students an early experience of what they will face in a year's time, so that the fear element of walking into the exam hall for their GCSEs is far less of an issue. It establishes the crucial routines and procedures around behaviour expectations in exams, revision methods, the importance of coming fully equipped and so on. But they also represent a key milestone and benchmark in their GCSE journey. We will use the results from these exams and assessments to inform interventions and support at the halfway point of their GCSE courses. Please see the timetable below.

# Year 10 Exam Timetable

## (PPEs – Pre-Public Exams)

Year 10 Summer Examinations Timetable					
Subject - Morning - Start	Duration	Date	Subject - Afternoon - Start 13:00	Duration	
		<b>Tuesday 14th May</b>			
			PPE - Statistics Paper 1 (F&H)	1hr 30m	
		<b>Thursday 16th May</b>			
			PPE - Statistics Paper 2 (F&H)	1hr 30m	
		<b>Monday 3rd June</b>			
			PPE - Biology - Higher	1hr 45m	
			PPE - Combined Science (H&F) Paper 1 (Content)	1hr 30m	
		<b>Wednesday 5th June</b>			
			GCSE - Start 13:15		
			1STO 1F Statistics Paper 1 Foundation	<b>1hr 30m</b>	
			1STO 1F Statistics Paper 1 Higher	<b>1hr 30m</b>	
		<b>Thursday 6th June</b>			
			PPE - Chemistry - Higher	1hr 45m	
			PPE - Combined Science (H&F) Paper 2 (Scientific literacy and required practicals)	1hr 30m	
		<b>Friday 7th June</b>			
PPE - English Language	1hr 45m				
		<b>Monday 10th June</b>			
			PPE - Physics - Higher	1hr 45m	
		<b>Monday 17th June</b>			
			GCSE - Start 13:15		
			1STO 2F Statistics Paper 2 Foundation	<b>1hr 30m</b>	
			1STO 2H Statistics Paper 2 Higher	<b>1hr 30m</b>	
		<b>Tuesday 18th June</b>			
			PPE - English Literature	1hr 45m	

# Art Update

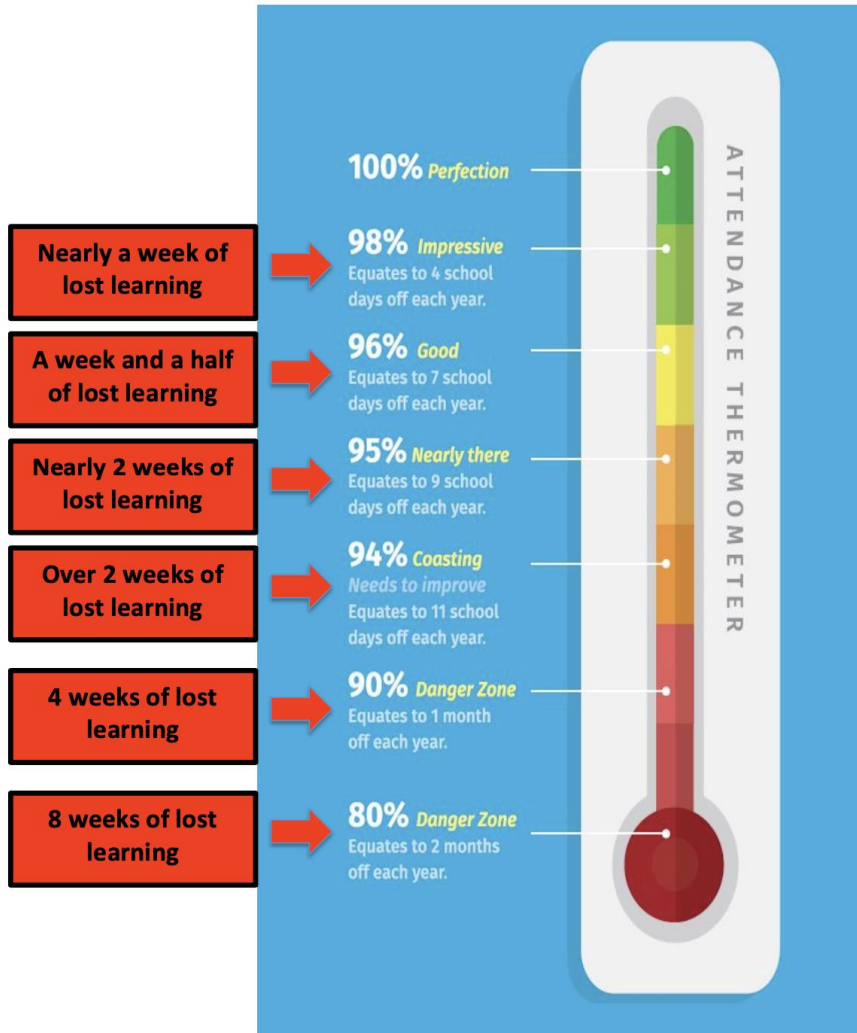
**Mrs Dixon writes:** Year 8 portraits...

8S3 have been amazing, showing commitment and courage in the completion of these fantastic 1/2 face portraits. We learnt how important Maths is in Art as well as tricks in how to make our eyes and brain coordinate better.



# Attendance Makes a Positive Difference to All Aspects of School Life

## ATTENDANCE THERMOMETER SHOWING THE IMPACT OF ABSENCE ON LEARNING



If you are concerned that your child is not attending school enough, or worried that they are regularly missing days, please contact us for a friendly chat so that we can help you and them overcome any barriers to being in school. We know how difficult this situation can be for some families and have lots of helpful ideas...it starts with a conversation.

Tel. 01677 422419  
(Ask for Pastoral, Mrs Hayes, or Mrs Woodward)

Or email: [admin@bedalehighschool.org.uk](mailto:admin@bedalehighschool.org.uk) and just ask for someone to contact you.

## Looking for some support with parenting teens?

- <https://thegoto.org.uk/im-a-parent-or-carer/parenting-teenagers/>
- <https://thegoto.org.uk/im-a-parent-or-carer/>

## What's Coming Up at BHS?

Keep an eye on the changes and updates to events as this table will be updated weekly. I hope that it gives parents and carers an idea of the fantastic range of opportunities and events that are available to BHS students. We firmly believe that the happiest students are the busiest students – the ones who take advantage of the experiences we can offer them...please encourage your child to get involved!

DATE	EVENT	AUDIENCE
24 <sup>th</sup> April	Reports to parents	Year 10 students
6 <sup>th</sup> May	Bank Holiday Monday - School closed	Staff, Students, Parents/Carers
7 <sup>th</sup> May	Vaccinations (more info to follow)	Year 8
10 <sup>th</sup> May	Full GCSE exams begin	Year 11 students
15 <sup>th</sup> - 16 <sup>th</sup> May	Duke of Edinburgh Training Expedition	Year 10 D of E students
21 <sup>st</sup> May	Post-16 Workshop Day	
22 <sup>nd</sup> May	Parent Evening	Year 10 students and parents/carers
27 <sup>th</sup> May - 2 <sup>nd</sup> June	Half Term	School closed to students

If you would like to share any of your child's achievements with us in the newsletter, please email pics and a brief summary to [admin@bedalehighschool.org.uk](mailto:admin@bedalehighschool.org.uk) . We love to celebrate and share these with them and the wider community.



# Short Break Funding

The Short Break Grants for this year opens 1<sup>st</sup> May 2024. The deadline for submitting applications is 5pm on the 31<sup>st</sup> May 2024. Parents and Carers with children who have a disability, but are not open to DCS, can apply for up to £350 to enable:

- Their child to take part in an enjoyable play or leisure opportunity
- Parents/Carers to have a short break from their caring responsibilities
- Have an opportunity for children and young people to meet with their friends, or a chance for their child to learn or develop a skill.

## ONLINE SESSIONS For Parents/ Carers UNDERSTANDING YOUR CHILD'S NEEDS

For parents/carers of neurodiverse children  
(with a diagnosis or awaiting assessment)

Presented by  
NYC Children and  
Families Service:  
Early Help



**WEDNESDAY 1<sup>ST</sup> MAY, 18:00 – 19:00**  
**Supporting you to support your child through  
shutdown, meltdown and crisis**

[Click here to join the session](#)

**WEDNESDAY 5<sup>TH</sup> JUNE, 18:00 – 19:00**  
**Supporting you and your child with their  
emotional and sensory regulation**

[Click here to join the session](#)

**WEDNESDAY 3<sup>RD</sup> JULY, 18:00 – 19:00**  
**Supporting you and your child with sleep**

[Click here to join the session](#)

For more information contact  
[candfhubhambleton@northyorks.gov.uk](mailto:candfhubhambleton@northyorks.gov.uk) or  
[candfhubrichmond@northyorks.gov.uk](mailto:candfhubrichmond@northyorks.gov.uk)

We have been asked to promote to our families that and to signpost you to have a look at the link below for the further information about Short Breaks Application process and eligibility criteria.

[Short breaks for disabled children and young people | North Yorkshire Council](#)

Please contact:

**Catherine Preston**  
Early Help Consultant  
Thirsk Children's Centre  
Hambleton Place  
Thirsk  
YO7 1DS

Telephone:  
01609-536292 / 0777944202

Email:  
[Catherine.preston@northyorks.gov.uk](mailto:Catherine.preston@northyorks.gov.uk)

Thank you to  
parents and carers  
of Year 9 students  
for the excellent  
attendance at  
Parent Evening on  
Wednesday  
evening.

# Mental Health Signposting

*We have now been awarded the NY Healthy Schools Silver Award!*

*Please visit our updated Mental Health and Wellbeing section on the school website: [Mental Health and Wellbeing at BHS](#)*

## Wellbeing Support from Bedale High School

There are lots of places you can access help and support...



[www.thegoto.org.uk](http://www.thegoto.org.uk)

This is a website developed by the NHS North Yorkshire Clinical Commissioning Group. It is a single point of information that promotes different mental health support services (like a signpost). The website is designed primarily for young people but there is information for parents and carers too.

### Contact details:

Mr T Kelly  
[kellyt@bedalehighschool.org.uk](mailto:kellyt@bedalehighschool.org.uk)

Mrs V Clayden  
[claydenv@bedalehighschool.org.uk](mailto:claydenv@bedalehighschool.org.uk)



Please don't hesitate in contacting Mr Kelly or Mrs Clayden if you have any concerns during the break or if you need support with something.



Text 07520 631168 to start a supportive text conversation with friendly professional support

### Another useful resource:

[Bedalehighschool.org.uk](http://Bedalehighschool.org.uk)  
↓  
Safeguarding  
↓  
Where to go to for help

## Further Information

In our area, there are a range of national and locally-funded support forums for children and young people which are now embedded, including:

<https://thegoto.org.uk/> The Go-To Website - the home of wellbeing and mental health in North Yorkshire. The website helps young people find the right help and support to stay well, whatever is happening in their life.



Childline - free, confidential, anonymous 24/7 service for anyone under 19 in the UK with any issue including emotional and mental health.

YoungMinds Textline - free, 24/7 text support for young people across the UK experiencing a mental health crisis, with texts answered by trained volunteers supported by experienced clinical supervisors

Buzz Us Text Messaging Service - confidential advice, support and signposting from a wellbeing worker within one working day via text for young people aged 11-18 across North Yorkshire and York.  
Self Harm help: Here you can see a link to the YoungMinds website and a guide aimed at supporting parents who have children who may be self-harming. It is a useful and user-friendly guide which include further ideas for help:

<https://www.youngminds.org.uk/parent/parents-a-z-mental-health-guide/self-harm/>

There is further information - including health professionals' referral forms - on NHS North Yorks CCG Website .

# Compass Buzz Us Service for 11-18s

## **BUZZ US**



**BUZZ US is an anonymous and confidential text-messaging service for young people aged 11-18 in North Yorkshire where you can speak to a worker of Compass Phoenix to receive advice, support and signposting for any mental health and wellbeing issues you may have.**



**BUZZ US**

Thank you for messaging in, how can I help you today?

I've been feeling really low in mood for the past few months

I'm sorry to hear this, shall we work through this together and look at some strategies that may help.

