

Friday 5th July 2024



BEDALE HIGH SCHOOL

Courage

Commitment

Compassion

Your child's Form Tutor:

Pastoral Support Team:

Miss Bradbury (Head of KS3):

Mrs Clayden (Head of KS4):

SEND & Inclusion Queries (Mrs Clayden):

General Queries:

Subject Teacher:

surname + 1st initial @bedalehighschool.org.uk

woodl@bedalehighschool.org.uk

bradburys@bedalehighschool.org.uk

claydenv@bedalehighschool.org.uk

claydenv@bedalehighschool.org.uk

admin@bedalehighschool.org.uk or call 01677 422419

surname + 1st initial @bedalehighschool.org.uk

BHS Awarded Gold Status!

Mr Childe writes:

I am delighted to report that earlier this week, the school was informed that we have been awarded the North Yorkshire & York Healthy Schools Gold Award!

This is an excellent award that the whole school community have been working towards since we were awarded 'Silver' status two years ago; importantly, it is recognition of the ways that the school has developed and embedded a whole-setting approach to support health and wellbeing of students and staff.

The award is funded by Public Health to enable all North Yorkshire early years settings and schools, including academies, to take part for free.

Previously, we were awarded 'Silver' in recognition of our wider PSHE curriculum and work around the mental health and wellbeing of students and staff.

This latest award also acknowledges our commitment towards Active Lives and Healthy Food. For example, we now have a whole-school Food and Drink policy and, in response to feedback from student surveys and the Student Council, there are plans to launch a Breakfast Club for students in September.

If you are interested in learning more about the Healthy Schools initiative, you can take a look at their website here:

<https://www.healthyschools.org.uk/>



Student Achievements

Mud Runners for IDAS

Well done to Porscha (Yr 7) and Ayrton (Yr 11) for completing the 3k and 6k Total Warriors Great Northern Mud Run last weekend in support of IDAS (Independent Domestic Abuse Services). The family and school are very proud of their effort and the organisers were delighted with them.



Inflatable 5k Race – Harewood House

Miss Hare writes:

An amazing team of 140 people took on the Inflatable 5k at Harewood House on Saturday 29th June. Children, parents and grandparents all came together as one family to support Oscar's Paediatric Brain Tumour charity.

All of the children and adults who took part were amazing.

OSCAR's Paediatric Brain Tumour Charity exists to support and care for children facing brain tumours and their families, to raise awareness of children's brain tumours and to fund new research to drive down diagnosis time, increase survival rate and improve children's quality of life during and after treatment.

Well done to all of our students who were involved, and a special mention to Lois, Esmae and Toby along with many from Crakehall Primary school, who ran in memory of Alfie Hutchinson, who died in March.

So far the 140-strong team have raised £25,347 to support children with brain tumours.



Football Champions

Congratulations to Finn in year 7 who only joined BHS a few weeks ago. Finn plays for NYSA (North Yorkshire Soccer Academy) in the Junior Premier League on a Saturday. He plays left wing and right wing. The team won every game this season apart from one and as a result they won their regional U12's Junior Premier League and were invited to Coventry where they received their trophy. Finn is now looking forward to next season with the team.

Finn also plays in the Teesside league on a Sunday and has just finished another great season with Guisborough Town. On Saturday evening he was awarded Manager's Player of the Year 23/24. Finn has recently moved teams and will now be playing with first division team Kader FC next season.



Congratulations also to Izzy in year 10. A few months ago she trialled with hundreds of other female footballers and has been successful in joining York City Foundation for the 24/25 season. On Monday, Izzy and her family were all invited down to the LNER stadium for an induction evening. They are incredibly proud of her for the hard work and commitment she has shown to earn this opportunity.

Izzy is looking forward to joining the pathway this season, alongside her U16s team at Northallerton, and hopefully she can continue her journey at York City into their ladies team, as her grassroots journey ends.

We look forward to further updates!

Impressive Maths Skills, Alfie!

Maths staff informed me yesterday that Alfie Millington in Year 7 gave a fantastic demonstration to 7S Ma3. He gave a GCSE level presentation to the rest of the group on interpreting a dual bar chart. He came up to the front and acted like the teacher helping the rest of the class, and then talked them through it with explanations of what the chart showed and how he worked it out. He even managed to answer the questions they threw at him. Alfie really impressed both Mrs Drysdale and Mrs Barry in the lesson, showing that with real commitment you can overcome difficult academic challenges, having the courage to stand in front of others, and the compassion to help them. He has rightly earned the Headteacher Award this week.



Greek Myths – Year 7s

Mrs Furniss writes:

In Year 7 we have been studying Greek Myths this term. As part of this, some students have created their own mythical creature. They have also written their own Greek Myth, and designed a book cover going on to writing a blurb to go with it.



Charity Fun Run

Mr Childe writes:

Earlier this half-term, The KS3 Interact Club planned a Charity 5km Fun Run for Year 7 and Year 8 students. In collaboration with the Northallerton & Mowbray Rotary Club, the Interact Club planned the entire event (marketing, publicity, prizes, marshalling, route etc.). Building on the success of their Bake Sale early in the year, the response to this event was phenomenal, with an amazing £360 being raised by the students!

All proceeds are going to Bombolulu School in Kenya that we are building links with; this school is currently raising funds to build two additional classrooms for the new intake in January 2025 (their school year is January to December, with the summer break half of October and all of November and December as it is very, very hot then).

The article below was written by one of our Year 7 Interact Club members:

“On the 21st of June 2024 in periods one and two, we had the fun run for years seven and eight. It was planned by the Interact Club, and supported by the Rotarians from the Northallerton and Mowbray Rotary Club. The run happened in Lambs Field, where approximately 175 students ran or walked around the track. The entrants had to complete 12½ laps of the track to complete 5k; the laps were tracked by marks given to students on their arm for every lap you completed. There was even an area we set up where entrants could get water from.

Many students achieved 5k (with some getting even more than that!). After the run, the top three costumes got prizes, the costumes were voted by some of the members of the Rotary club and Bethany (President) and Ellis (Treasurer) of the Interact Club. On top of that at the end everybody received a medal when they were walking back to school.

With each student donating £2 to do the run and come in wearing non-school uniform/fancy dress, we raised £360 for Bombolulu School.

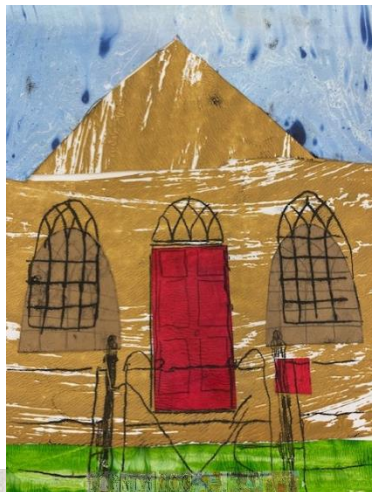
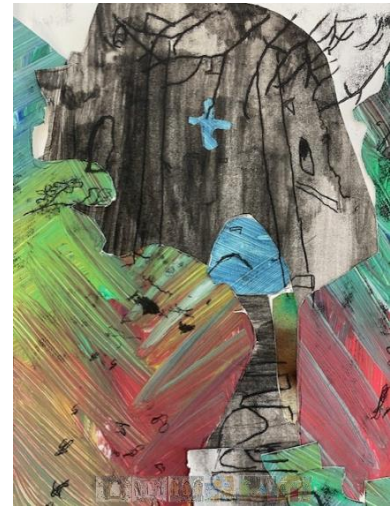
The day altogether was really fun with great weather, amazing costumes and quite a lot of perseverance. I am positively sure that everyone involved had a good time”.



Artwork of the Week

Year 9 have been looking at architecture this term. These are the culmination of artist research and looking at some local landmarks, created using collage and monoprinting:

Daisy Sherwood
Summer Kamara
Hannah Norman
Logan Mace
Olivia Palmer-Smith
Ella Hartley
Polly Spencer
Abi Miles
Kitson Pearson



Staff Training Event

Mrs Bradley writes:

At Bedale High School. It is not just the students who are constantly learning. As teachers, it is important for us to learn about the topics we are teaching to our students. I was lucky to be asked by Fiona Mather of the Yorkshire Agricultural Society if Bedale High School would host a training event for food teachers in the area. The training centred on a pig's journey from farm to fork, looking at traceability, animal welfare and production methods.

The day started at Waterfall Farm at Ellingstring near Masham where we met farmer Rowan Simms who specialises in rare breed pigs and their products. Rowan's knowledge is immense and it was so interesting to hear about the rearing and breeding of the pigs. Rowan was able to answer questions that sometimes, as teachers, we are asked in the classroom. One thing that surprised us was the fact that even if food packaging displays a British flag this may only mean that the food has been processed in the UK and may not have been sourced here.

We were then treated to a hands-on experience mincing the pork and then making the meat into sausages.

Rowan has also given us the opportunity to bring some year 10 students to the farm so watch out for this in the Autumn term!

In the afternoon, we all headed back to school to trial recipes using the sausages we had made in the morning.

It was such a valuable experience for all of us and will definitely benefit our teaching of farming methods and primary and secondary processing which is a topic taught to students both in KS3 and 4. Thanks go to Rowan and the Yorkshire Agricultural Society for enabling this experience.



Visit by Professor Paul Glover

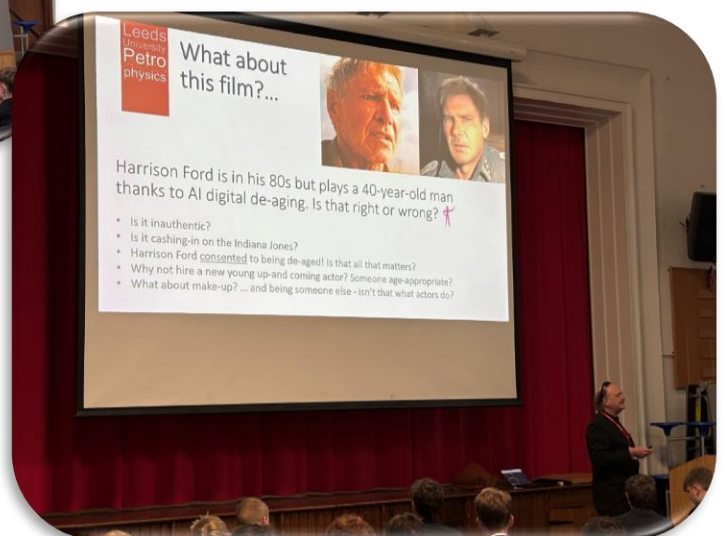
Mr Childe writes:

Last Thursday, as part of the broader PSHE / Careers curriculum, we welcomed Professor Paul Glover into school, where he delivered a fascinating session to all of our Year 10 students. Paul holds the position of 'Chair of the Working Group on AI Technology in Research' and 'Deputy Chair of the BESS+ Faculty Research Ethics Committee of the University of Leeds' and is Professor and Chair of Rock Physics at the University of Leeds.

The first part of the session involved Paul provided an overview of 'who he was' from school, university, early career, travel and research projects; one of the key messages to the students was to 'pursue your own passion' (whatever it is) - and to ask lots of questions on the way! The second part of Paul's presentation focussed on Artificial Intelligence (AI) and the ethics around it. As AI is undoubtedly going to feature in every future career, it was really useful for students to have the opportunity to think and discuss the pros and cons of using AI, and when it's application might be ethically correct or incorrect.

The final part of the session allowed students the chance to create their own music using AI - an activity which created huge excitement! My personal favourite was "Toast to the Top", although I doubt it will be available to download on Spotify anytime soon!

After the event, Paul commented, "I very much enjoyed being at Bedale High School. My brief visit showed me that you have a lovely school with a really open and questioning atmosphere, and that is made even more perfect by being beautifully situated. It is the sort of school to which I would have been really happy to send my child. I am glad the students were abuzz. This is the atmosphere that one needs to engender for optimising the learning."



Important Reminders

Year 9 'Your Sustainable Future' site visit to Swinton Park Estate (Tuesday 9th July)

Please can parents/carers of students attending this trip, ensure that they have given consent for this trip by ticking the box on Parent Pay. School uniform is not required on the day of the visit, but a waterproof coat, sturdy shoes/trainers, and a packed lunch are needed.

Year 10 Work Experience Week (15th - 19th July)

All students participating in work experience will be receiving a 'pre-placement letter' and a 'risk assessment' via their school email next week. Please ensure that they have read and understood all of the information, and get back to me if you have any questions at:

childea@bedalehighschool.org.uk

Tupperware Collection?

We have a lot of Tupperware items that have been left in Food Tech over the course of this year. Please can you remind your child to collect any of your items before we donate them to charity at the end of this term.

Schoolshop Saturday Opening (for school uniform)

Please see details on the next page for order-placing and other advice.

Early Finish on final day of term

A reminder that on Friday 19th July, school finishes at 12.30pm. School buses will be arriving early to match this finish time, and students with Free School Meals will be able to pick up a grab bag before they leave.

If any parents/carers are concerned about safe supervision of their child between 12.30 - 3pm we can supervise them in school until 3pm (though please be aware that there will be no school buses coming at this time). Please email admin@bedalehighschool.org.uk if this is something you would like to request.

School Day Timings 2024-25 – Consultation process

Please see the attached letter with regard to how you can feedback your thoughts and observations around potential changes to the timings of the school day for next year. There is a link to a very brief survey, but the letter also explains why we need to go through this process.

School Carpark

Please can all parents and carers be aware that it is not permitted to drop-off or collect your children in the school carpark at the start and end of the school day. The reason for this is to limit the potential for accidents, to avoid the congestion that happens when staff are trying to park and to allow the several taxis which drop students off to be able to do so without obstruction. If there is a genuine reason (e.g. medical) why you need to drop-off/collect from the carpark, please email admin@bedalehighschool.org.uk so that we are aware. Thank you.



Back to School

Back to School is here and by the end of July we'll have all our finished stock in the warehouse.

Orders can be placed as soon as you wish and if you needed to exchange any item before school starts in September, just send the item(s) back to us and we'll send the replacements straight away.

Orders can be placed online, or from 8th July you can book to come to our shop in Elvington.

The best way to ensure a prompt service if you come to our shop is to make an appointment and you'll be seen promptly. You can still just call to our shop but you may have a wait if we have people with appointments waiting.

Need Advice or help?

Quite often parents have a number of questions, particularly if your child is just starting school or starting a new school for example moving up to Year 7.

If you need any advice or have questions relating to uniform for your school, then please get in touch.

The best way to contact us is by e-mail and we aim to respond within 24 hours.

Send your questions to:

sales@school-shop.co.uk

Saturday Opening

We will start our Saturday opening as soon as schools break for Summer.

Our first Saturday will be 20th July and our last Saturday will be 31st August.

Our Saturday opening times will be 8am to 3pm, again we recommend making an appointment, just visit our website from 8th July to book.



The cut-off date for ordering uniform online before school starts in September is:

29th July

Uniform can be ordered any time throughout the summer, but to guarantee you have your uniform in time for school starting in September please ensure we have your order by 29th July.

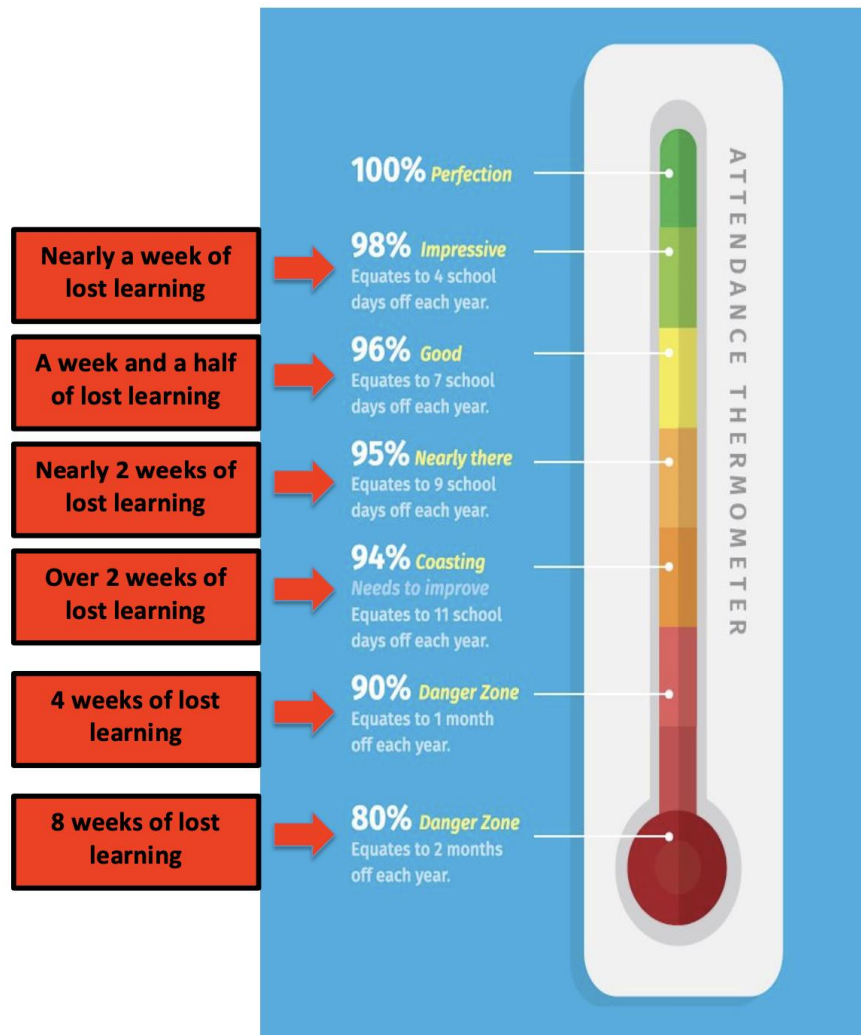
Due to the volume of orders received it can take up to 2-3 weeks to process orders which are placed during Back to School.

If you require an update on an order, please allow 2 weeks from placing the order before you contact us for an update and the best way to contact us is by e-mail.

IF YOU DON'T RECEIVE AN E-MAIL CONFIRMATION OF YOUR ORDER FROM US, PLEASE CONTACT US STRAIGHT AWAY AS THAT MAY MEAN THERE HAS BEEN A PROBLEM WITH THE PROCESSING OF YOUR ORDER.

Attendance Makes a Positive Difference to All Aspects of School Life

ATTENDANCE THERMOMETER SHOWING THE IMPACT OF ABSENCE ON LEARNING



If you are concerned that your child is not attending school enough, or worried that they are regularly missing days, please contact us for a friendly chat so that we can help you and them overcome any barriers to being in school. We know how difficult this situation can be for some families and have lots of helpful ideas...it starts with a conversation.

Tel. 01677 422419
(Ask for Pastoral, Mrs Hayes, or Mrs Woodward)

Or email: admin@bedalehighschool.org.uk and just ask for someone to contact you.

Looking for some support with parenting teens?

- <https://thegoto.org.uk/im-a-parent-or-carer/parenting-teenagers/>
- <https://thegoto.org.uk/im-a-parent-or-carer/>

What's Coming Up at BHS?

Keep an eye on the changes and updates to events as this table will be updated weekly. I hope that it gives parents and carers an idea of the fantastic range of opportunities and events that are available to BHS students. We firmly believe that the happiest students are the busiest students – the ones who take advantage of the experiences we can offer them...please encourage your child to get involved!

DATE	EVENT	AUDIENCE
8 th - 9 th July	Year 6 Transition Days	Ambassadors and Sports Leaders
8 th & 9 th July	Your Sustainable Future Day	30 x Y9 students
9 th July	Road Safety Assembly	Whole School
10 th July	Girls in Construction and Careers Event	Selected Yr 10 students
11 th July	Geography trip to Arkengarthdale	Y10 Geographers
12 th July	End of term rewards assembly	Y10 Students
15 th -19 th July	Work Experience Week	Y10 students
19 th July	School closes early: 12.30 finish	

If you would like to share any of your child's achievements with us in the newsletter, please email pics and a brief summary to admin@bedalehighschool.org.uk . We love to celebrate and share these with them and the wider community.

We have now been awarded the NY Healthy Schools Silver Award!
Please visit our updated Mental Health and Wellbeing section on the school website: [Mental Health and Wellbeing at BHS](#)

Wellbeing Support from Bedale High School

There are lots of places you can access help and support...



www.thegoto.org.uk

This is a website developed by the NHS North Yorkshire Clinical Commissioning Group. It is a single point of information that promotes different mental health support services (like a signpost). The website is designed primarily for young people but there is information for parents and carers too.

Contact details:

Mr T Kelly
kellyt@bedalehighschool.org.uk

Mrs V Clayden
claydenv@bedalehighschool.org.uk



Please don't hesitate in contacting Mr Kelly or Mrs Clayden if you have any concerns during the break or if you need support with something.



Text 07520 631168 to start a supportive text conversation with friendly professional support

Another useful resource:

Bedalehighschool.org.uk
↓
Safeguarding
↓
Where to go to for help

Further Information

In our area, there are a range of national and locally-funded support forums for children and young people which are now embedded, including:

<https://thegoto.org.uk/> The Go-To Website - the home of wellbeing and mental health in North Yorkshire. The website helps young people find the right help and support to stay well, whatever is happening in their life.



Childline - free, confidential, anonymous 24/7 service for anyone under 19 in the UK with any issue including emotional and mental health.

YoungMinds Textline - free, 24/7 text support for young people across the UK experiencing a mental health crisis, with texts answered by trained volunteers supported by experienced clinical supervisors

Buzz Us Text Messaging Service - confidential advice, support and signposting from a wellbeing worker within one working day via text for young people aged 11-18 across North Yorkshire and York.

Self Harm help: Here you can see a link to the YoungMinds website and a guide aimed at supporting parents who have children who may be self-harming. It is a useful and user-

friendly guide which include further ideas for help:

<https://www.youngminds.org.uk/parent/parents-a-z-mental-health-guide/self-harm/>

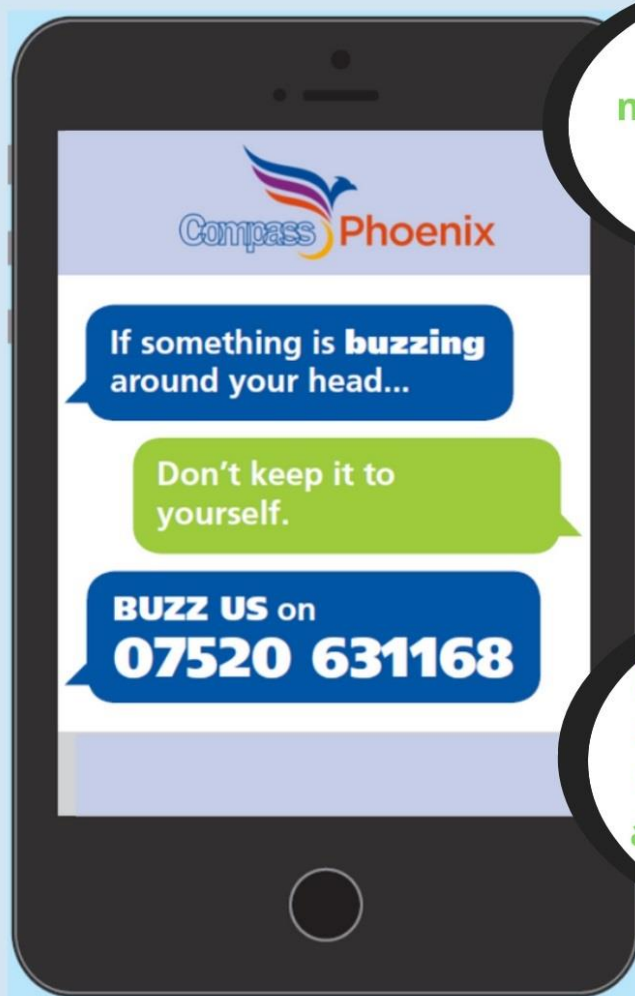
There is further information - including health professionals' referral forms - on NHS North Yorks CCG Website .

Compass Buzz Us Service for 11-18s

BUZZ US



BUZZ US is an anonymous and confidential text-messaging service for young people aged 11-18 in North Yorkshire where you can speak to a worker of Compass Phoenix to receive advice, support and signposting for any mental health and wellbeing issues you may have.



BUZZ US

Thank you for messaging in, how can I help you today?

I've been feeling really low in mood for the past few months

I'm sorry to hear this, shall we work through this together and look at some strategies that may help.

