

# Health & Social Care

## Curriculum & Rubric Map Overview

2025-2026

Year 10



The table below details the skills and knowledge students will be covering each half term in Health & Social Care

Time frames for when students will complete their Interim and Masters Assessments have also been given. Both assessments will aim to assess the knowledge and skills a student has covered up to that point in their education, this also includes the curriculum covered in the previous year/s.

	Half Term 1	Half Term 2	Half Term 3	Half Term 4	Half Term 5	Half Term 6
<b>Knowledge and skills that will be covered during this half term.</b>	<b>Unit R034 – Creative and therapeutic activities</b>  <b>Topic Area 1</b> – Therapies and their benefits <i>(coursework)</i> <ul style="list-style-type: none"> <li>- Types of therapies used in HSC</li> <li>- Benefits of therapies</li> </ul> <b>Topic Area 2</b> – Creative activities and their benefits <i>(coursework)</i> <ul style="list-style-type: none"> <li>- Types of creative activities and their benefits</li> </ul>	<b>Unit R034 – Creative and therapeutic activities</b>  <b>Topic Area 3</b> – Plan a creative activity for individuals or groups in a health or social care setting <i>(coursework)</i> <ul style="list-style-type: none"> <li>- Factors that affect the selection of a creative activity</li> <li>- How to plan a creative activity to meet individual abilities</li> </ul> <b>Topic Area 4</b> – Deliver a creative activity and evaluate your own performance <i>(coursework)</i> <ul style="list-style-type: none"> <li>- Skills/personal qualities required to encourage participation</li> <li>- Deliver a creative activity</li> <li>- Evaluation</li> </ul>	<b>Unit R032 – Principles of care in health and social care settings</b>  <b>Topic Area 1</b> – The rights of service users in health and social care settings <i>(exam theory)</i> <ul style="list-style-type: none"> <li>- Types of care settings</li> <li>- The rights of service users</li> <li>- The benefits to service users' when their rights are maintained</li> </ul> <b>Topic Area 2</b> – Person-centred values <i>(exam theory)</i> <ul style="list-style-type: none"> <li>- Person-centred values &amp; how they are applied by service providers</li> </ul>	<b>Unit R032 – Principles of care in health and social care settings</b>  <b>Topic Area 2</b> – Person-centred values <i>(exam theory)</i> <ul style="list-style-type: none"> <li>- Qualities of a service providers</li> <li>- Benefits of applying person-centred values</li> <li>- Effects on service users' if person-centred values are not applied.</li> </ul> <b>Topic Area 3</b> – Effective communication in health and social care settings <i>(exam theory)</i> <ul style="list-style-type: none"> <li>- Verbal communication skills</li> <li>- Non-verbal communication skills</li> </ul>	<b>Unit R032 – Principles of care in health and social care settings</b>  <b>Topic Area 3</b> – Effective communication in health and social care settings <i>(exam theory)</i> <ul style="list-style-type: none"> <li>- Active listening</li> <li>- Special methods of communication</li> <li>- The importance of communication in HSC settings.</li> </ul> <b>Unit R033 – Supporting individuals through life events.</b>  <b>Topic Area 1</b> – Life stages <i>(coursework)</i> <ul style="list-style-type: none"> <li>- Life stages and key milestones of growth and development</li> <li>- PIES development across different life stages</li> </ul>	<b>Unit R033 – Supporting individuals through life events.</b>  <b>Topic Area 1</b> – Life stages <i>(coursework)</i> <ul style="list-style-type: none"> <li>- Life stages and key milestones of growth and development</li> <li>- PIES development across different life stages</li> <li>- Factors affecting growth and development across the life stages.</li> </ul>
<b>Assessments</b>	Students will complete NEA tasks for <b>unit R034</b> .	Students will complete NEA tasks for <b>unit R034</b> .	Students will complete iterative assessments at the end of each topic area in <b>unit R032</b> .	Students will complete iterative assessments at the end of each topic area in <b>unit R032</b> .	Students will complete NEA tasks for <b>unit R033</b> .	Students will complete NEA tasks for <b>unit R033</b> .

NEA from unit **R034** will be submitted to exam board in May.

# Health & Social Care

## Curriculum & Rubric Map Overview

2025-2026

Year 11



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Time frames for when students will complete their Interim and Masters Assessments have also been given. Both assessments will aim to assess the knowledge and skills a student has covered up to that point in their education, this also includes the curriculum covered in the previous year/s.

	Half Term 1	Half Term 2	Half Term 3	Half Term 4	Half Term 5	Half Term 6
Knowledge and skills that will be covered during this half term.	<b>Unit R033 – Supporting individuals through life events.</b>  <b>Topic Area 2</b> – Impacts of life events ( <i>coursework</i> ) <ul style="list-style-type: none"> <li>- Expected and unexpected life events</li> <li>- Impacts that life events have on individuals</li> <li>- Identifying individual needs based on life events.</li> </ul>	<b>Unit R033 – Supporting individuals through life events.</b>  <b>Topic Area 3</b> – Sources of support ( <i>coursework</i> ) <ul style="list-style-type: none"> <li>- Sources of support (formal, informal &amp; charities)</li> <li>- How practitioners meet individual needs</li> <li>- Applying person-centred values</li> </ul>	<b>Unit R032 – Principles of care in health and social care settings</b>  <b>Topic Area 4</b> – Protecting service users and service providers in health and social care settings ( <i>exam theory</i> ) <ul style="list-style-type: none"> <li>- Safeguarding</li> <li>- Infection prevention</li> <li>- Safety procedures and measures</li> <li>- How security measures protect service users &amp; staff</li> </ul>	<b>Unit R032 – Principles of care in health and social care settings</b>  <b>Revision of all topic areas.</b> <b>Topic Area 1</b> – The rights of service users in health and social care settings <b>Topic Area 2</b> – Person-centred values <b>Topic Area 3</b> – Effective communication in health and social care settings <b>Topic Area 4</b> – Protecting service users and service providers in health and social care settings	<b>Unit R032 – Principles of care in health and social care settings</b>  <b>Revision of all topic areas.</b> <b>Topic Area 1</b> – The rights of service users in health and social care settings <b>Topic Area 2</b> – Person-centred values <b>Topic Area 3</b> – Effective communication in health and social care settings <b>Topic Area 4</b> – Protecting service users and service providers in health and social care settings	
Assessments	Students will complete NEA tasks for <b>unit R033</b>	Students will complete NEA tasks for <b>unit R033</b> .	NEA from unit <b>R033</b> will be submitted to the exam board in January.	Students will complete mock exam covering <b>unit R032</b> .		

			Students will complete iterative assessments at the end of each topic area in <b>unit R032.</b>			
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