

Health & Social Care

Curriculum & Rubric Map Overview

2025-2026

Year 10



The table below details the skills and knowledge students will be covering each half term in Health & Social Care

Time frames for when students will complete their Interim and Masters Assessments have also been given. Both assessments will aim to assess the knowledge and skills a student has covered up to that point in their education, this also includes the curriculum covered in the previous year/s.

	Half Term 1	Half Term 2	Half Term 3	Half Term 4	Half Term 5	Half Term 6
Knowledge and skills that will be covered during this half term.	<p>Unit R034 – Creative and therapeutic activities</p> <p>Topic Area 1 – Therapies and their benefits (<i>coursework</i>)</p> <ul style="list-style-type: none"> - Types of therapies used in HSC - Benefits of therapies <p>Topic Area 2 – Creative activities and their benefits (<i>coursework</i>)</p> <ul style="list-style-type: none"> - Types of creative activities and their benefits 	<p>Unit R034 – Creative and therapeutic activities</p> <p>Topic Area 3 – Plan a creative activity for individuals or groups in a health or social care setting (<i>coursework</i>)</p> <ul style="list-style-type: none"> - Factors that affect the selection of a creative activity - How to plan a creative activity to meet individual abilities <p>Topic Area 4 – Deliver a creative activity and evaluate your own performance (<i>coursework</i>)</p> <ul style="list-style-type: none"> - Skills/personal qualities required to encourage participation - Deliver a creative activity - Evaluation 	<p>Unit R032 – Principles of care in health and social care settings</p> <p>Topic Area 1 – The rights of service users in health and social care settings (<i>exam theory</i>)</p> <ul style="list-style-type: none"> - Types of care settings - The rights of service users - The benefits to service users’ when their rights are maintained <p>Topic Area 2 – Person-centred values (<i>exam theory</i>)</p> <ul style="list-style-type: none"> - Person-centred values & how they are applied by service providers 	<p>Unit R032 – Principles of care in health and social care settings</p> <p>Topic Area 2 – Person-centred values (<i>exam theory</i>)</p> <ul style="list-style-type: none"> - Qualities of a service providers - Benefits of applying person-centred values - Effects on service users’ if person-centred values are not applied. <p>Topic Area 3 – Effective communication in health and social care settings (<i>exam theory</i>)</p> <ul style="list-style-type: none"> - Verbal communication skills - Non-verbal communication skills 	<p>Unit R032 – Principles of care in health and social care settings</p> <p>Topic Area 3 – Effective communication in health and social care settings (<i>exam theory</i>)</p> <ul style="list-style-type: none"> - Active listening - Special methods of communication - The importance of communication in HSC settings. <p>Unit R033 – Supporting individuals through life events.</p> <p>Topic Area 1 – Life stages (<i>coursework</i>)</p> <ul style="list-style-type: none"> - Life stages and key milestones of growth and development - PIES development across different life stages 	<p>Unit R033 – Supporting individuals through life events.</p> <p>Topic Area 1 – Life stages (<i>coursework</i>)</p> <ul style="list-style-type: none"> - Life stages and key milestones of growth and development - PIES development across different life stages - Factors affecting growth and development across the life stages.
Assessments	Students will complete NEA tasks for unit R034 .	Students will complete NEA tasks for unit R034 .	Students will complete iterative assessments at the end of each topic area in unit R032 .	Students will complete iterative assessments at the end of each topic area in unit R032 .	Students will complete NEA tasks for unit R033 . NEA from unit R034 will be submitted to exam board in May.	Students will complete NEA tasks for unit R033 .

Health & Social Care

Curriculum & Rubric Map Overview

2025-2026

Year 11



The table below details the skills and knowledge students will be covering each half term in Health & Social Care

Time frames for when students will complete their Interim and Masters Assessments have also been given. Both assessments will aim to assess the knowledge and skills a student has covered up to that point in their education, this also includes the curriculum covered in the previous year/s.

	Half Term 1	Half Term 2	Half Term 3	Half Term 4	Half Term 5	Half Term 6
Knowledge and skills that will be covered during this half term.	<p>Unit R033 – Supporting individuals through life events.</p> <p>Topic Area 2 – Impacts of life events (<i>coursework</i>)</p> <ul style="list-style-type: none"> - Expected and unexpected life events - Impacts that life events have on individuals - Identifying individual needs based on life events. 	<p>Unit R033 – Supporting individuals through life events.</p> <p>Topic Area 3 – Sources of support (<i>coursework</i>)</p> <ul style="list-style-type: none"> - Sources of support (formal, informal & charities) - How practitioners meet individual needs - Applying person-centred values 	<p>Unit R032 – Principles of care in health and social care settings</p> <p>Topic Area 4 – Protecting service users and service providers in health and social care settings (<i>exam theory</i>)</p> <ul style="list-style-type: none"> - Safeguarding - Infection prevention - Safety procedures and measures - How security measures protect service users & staff 	<p>Unit R032 – Principles of care in health and social care settings</p> <p>Revision of all topic areas.</p> <p>Topic Area 1 – The rights of service users in health and social care settings</p> <p>Topic Area 2 – Person-centred values</p> <p>Topic Area 3 – Effective communication in health and social care settings</p> <p>Topic Area 4 – Protecting service users and service providers in health and social care settings</p>	<p>Unit R032 – Principles of care in health and social care settings</p> <p>Revision of all topic areas.</p> <p>Topic Area 1 – The rights of service users in health and social care settings</p> <p>Topic Area 2 – Person-centred values</p> <p>Topic Area 3 – Effective communication in health and social care settings</p> <p>Topic Area 4 – Protecting service users and service providers in health and social care settings</p>	
Assessments	Students will complete NEA tasks for unit R033	Students will complete NEA tasks for unit R033.	NEA from unit R033 will be submitted to the exam board in January. Students will complete iterative assessments at the end of each topic area in unit R032.	Students will complete mock exam covering unit R032.		